

**GET THE TOOLS  
YOU NEED FOR  
A SUCCESSFUL  
SEASON!**



**PSIA-AASI  
Eastern Division**

**2019 Children's Academy  
December 2-4, 2019  
Killington, VT**

## Dear Children's Managers and Trainers

This season, the Snowsports School Management Seminar and Children's Academy are being run concurrently. I encourage you to create a custom track for each member of your team to get the most value out of this event for YOUR resort. Some sessions are open to only Children's Academy participants and others are open to both Management Seminar attendees as well as Children's Academy attendees. This is a great opportunity for you to travel with your supervisors, trainers and other support staff to participate in our indoor presentations, our outdoor training sessions, or a combination of both.

The variety of sessions being offered will accommodate most your Kids Instructors needs to get them started off with the knowledge and tools they need for a successful season. On behalf of the entire Children's Committee and ACE Team, we look forward to seeing you and your team at the 2019 Children's Academy.

Tina Buckley - Committee Chair

## Children's Committee Members:

Tina Buckley	Committee Chair
Stephen McGrath	Region 1
Alison Cummings	Region 2
Briana Grenier	Region 3
Jim McHale	Region 4
Mary Claire Vivian	Region 5
Lisa Gouwens	Region 6
Pierce Byrd	Region 7
Mac Jackson	At Large

## Lodging Info

Special lodging rates are available for seminar attendees and sponsors at the Killington Grand Summit Hotel and Conference Center. Attendees should call 1-800-282-9955 and refer to the PSIA Children's Academy Group to make reservations. Additional properties are also offering discounted lodging for PSIA members. Please see our website at [www.psia-e.org](http://www.psia-e.org) for more information.

## Banquet

All Children's Academy participants will enjoy a buffet dinner in the Oscar Wilde Ballroom at Killington Grand Summit Hotel and Conference Center on Tuesday evening. This is a great opportunity for Children's Instructors to network and share experiences while having a little fun at the same time!

## Monday, December 2, 2019, 8:00am

The three-day Children's Academy begins on Monday, December 2nd. Registration will be held in the Snowshed Lodge beginning at 8:00am. Participants should select their preferred indoor or outdoor sessions when registering for event. Outdoor sessions will begin at 9:00am at Snowshed Lodge. Indoor sessions will be held in Killington Grand Resort Hotel and Conference center beginning at 12:30pm.

## Monday, December 2, 2019, 7:00pm

### Keynote Presentation

#### "Knowing When to Learn, When to Perform"

Mermer Blakeslee, Former PSIA National Demonstration Team

*Learning and performance* demand different mindsets which are often counterproductive to each other. Sometimes our best instructors are so familiar with learning mode that they inhibit their success at exams or tryouts. We'll discuss how to train for performance, including strategies for dealing with performance anxiety. Conversely, when teachers train for an exam, they can sometimes lose touch with what helps people learn and inundate their students with too much information, giving Snowsports Schools a bad name. We'll also explore the nature of learning, and how to cultivate the supportive and dynamic environment it demands.

## Tuesday, December 3, 2019, 3:30pm

### The Power of Play

Discover how everyday sports movements connect directly to snowsports. Through a creative, interactive program we will explore good skill development and movement mechanics referencing the Video Power Play.

## General Agenda

### Monday, December 2, 2019

8:00am – 8:45am	3 Day Children's Academy Registration in Snowshed Lodge
9:00am – 11:30am	Children's Academy Outdoor Session
11:30am – 12:30pm	Lunch
12:30pm – 3:00pm	Children's Academy Outdoor or Indoor Sessions
5:00pm – 7:00pm	Early Registration for 2 Day Children's Academy in Killington Grand Summit Children's Academy Raffle Open
7:00pm	Keynote Speaker in Killington Grand Summit
Following Keynote	Area Rep Meeting

### Tuesday, December 3, 2019

8:00am – 8:30am	Registration Bookstore Open in Snowshed Lodge
8:30am – 8:55am	Children's Academy Opening Remarks in Snowshed Lodge
9:00am – 11:30am	Indoor or Outdoor Session
11:30am – 12:30pm	Lunch; Sponsor Showcase; Bookstore
12:30pm – 3:00pm	Indoor or Outdoor Session
3:30pm – 5:00pm	The Power of Play
4:00pm – 6:30pm	Children's Academy Raffle Open, Killington Grand Summit
5:30pm – 6:30pm	Sponsor Showcase, Cocktail Hour
6:30pm	Children's Academy Banquet

### Wednesday, December 4, 2019

8:00am – 9:00am	Bookstore Open in Snowshed Lodge Last chance to purchase educational materials
9:00am – 11:30am	Indoor or Outdoor Session
11:30am – 12:30pm	Lunch
12:30pm – 3:00pm	Indoor or Outdoor Session

# Indoor Sessions

## **Inclusion in Ski School...Lessons for All!!**

Working with multiple ages and stages within the same group is often the standard operating procedure in the children's snowsports program due to staffing and a myriad of other issues on any given day. An understanding of the differentiated instruction construct will help our instructors create lessons that adapt and meet all their student's needs. Although we speak of adaptive lessons as being mutually exclusive parts of our snowsports school, aren't we all in fact adapting to the needs of our student's in every lesson?

## **Children's Specialist Prep**

How can you get yourself and your staff prepared for the Children's Specialist courses?

## **Children's Roundtable**

Led by members of the ACE Team-This is an open forum to discuss issues revolving around teaching children. From training your first year staff to prepping for Children's Specialist events, these pros are ready to share their proven ideas with you.

## **New Hire Training for the Children's Learning Center**

Get ideas and suggestions on how to prepare your new hires for their first year as an instructor early season when you may not yet have snow for outdoor skiing and riding activities and training.

# Outdoor Sessions

## **Children's Specialist Prep**

Participants will have the chance to run through a modified version of the on snow portion of Children's Specialist.

## **Progression on Kid's Level**

Explore how basic exercises or drills can be modified to fit the target age group. Focus will be on developing age appropriate progressions from general skill development ideas.

## **Let's Have Some FUN!**

Explore the four types of fun – people fun, easy fun, hard fun, and serious fun. Recognizing what's enjoyable for the student influences the content and focus of the lesson, your style of communication, and your teaching methodology.

## **The Power of Freestyle – FUN-damental Freestyle**

This session will demystify "Freestyle" through developing fundamental freestyle skills on teaching terrain and exploring applications all over the mountain in a fun and non-intimidating way.

## **Play at Work!**

Create an environment that allows learning to happen as a result of exploring terrain, going on adventures, trying different pathways of learning and developing.

## **Teaching Children on Any Equipment**

Working with children regardless of their equipment – how do they learn? How do you keep them engaged? How should you perform demos for this demographic? We'll explore these topics as well as how children can learn from you as their instructor, as well as learn from their peers. We will also review how to properly fit children in their equipment.

## **You Got to Move it – Move it!**

Explore what to look for while kids are "playing" (whether in games or riding/skiing) through the lens of movement analysis, so we can create more play/adventure based experiences that will build the skills they need.

## **Ski and Ride with the ACE Team**

Get all your "Children's Instruction Questions" answered while skiing and riding with the ACE Team.

## **Starting on the Right Foot**

Back on snow after a long summer? Revive your children's instructor's body and mind through mileage, movement analysis and mindful exercises.

**NOTE:** Sessions in red are open to both Management Seminar attendees as well as Children's Academy attendees





# PSIA-AASI Eastern Division 2019 Children's Academy

Killington, VT • December 2-4, 2019

One application per person.

Please complete the application information as well as your session choices.

Application and payment must be received by event deadline: **November 13, 2019**



## Step 1 – Application Information

Name: \_\_\_\_\_

PSIA-AASI Membership # (If applicable) \_\_\_\_\_

Daytime Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Your Snowsports School \_\_\_\_\_

Mail or fax application with payment to:  
PSIA-AASI • 1A Lincoln Avenue • Albany, NY 12205  
518-452-6095 • 518-452-6099 Fax

### All Applicants must sign release form:

Recognizing that snowsports can be hazardous, I hereby release PSIA-AASI Eastern Division or PSIA-AASI Eastern Education Foundation, the host area, and agents and employees of each from liability for any and all injuries of whatever nature arising during, or in connection with the conduction of the event for which this application is made.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I will be attending: Choose one

\_\_\_\_\_ Event 700 – 3-Day Children's Academy  
Members \$295 / Non-member \$320

\_\_\_\_\_ Event 701 – 2-Day Children's Academy  
Members \$250 / Non-members \$275

Please select your preferred sessions for morning and afternoon each day. Guest banquet tickets are available. Please note – registration fee includes one banquet ticket.

Cost is \$50 per dinner ticket: \_\_\_\_\_ x \$50.00 = Total: \_\_\_\_\_

Payment: Please make all checks payable to PSIA-AASI or  
Please enter credit card number and expiration date below:

Expiration Date: \_\_\_\_\_ Amount to be charged: \$ \_\_\_\_\_

Signature: \_\_\_\_\_

## Step 2 – Choose your sessions – Please choose one session per timeframe

**NOTE:** Sessions in **red** are open to both Management Seminar attendees as well as Children's Academy attendees

### 2019 Children's Academy

#### Monday, December 2, 2019

9:00 – 11:30am

##### Outdoor

\_\_\_\_\_ Starting on the Right Foot

11:30am – 12:30pm Lunch

12:30 – 3:00pm

##### Indoor

\_\_\_\_\_ Children's Specialist Prep

##### Outdoor

\_\_\_\_\_ Play at Work

#### Tuesday, December 3, 2019

9:00 – 11:30am

##### Indoor

\_\_\_\_\_ Inclusion in Ski School...Lessons for All!!

##### Outdoor

\_\_\_\_\_ Starting on the Right Foot

\_\_\_\_\_ Children's Specialist Prep

\_\_\_\_\_ Teaching Children on any Equipment

\_\_\_\_\_ Progression on Kid's Level

11:30am – 12:30pm Lunch

12:30 – 3:00pm

##### Indoor

\_\_\_\_\_ Children's Specialist Prep

\_\_\_\_\_ New Hire Training for the Children's Learning Center

##### Outdoor

\_\_\_\_\_ You Got to Move It – Move It

\_\_\_\_\_ Play at Work

\_\_\_\_\_ Teaching Children on any Equipment

#### Wednesday, December 4, 2019

9:00 – 11:30am

##### Indoor

\_\_\_\_\_ Children's Roundtable

##### Outdoor

\_\_\_\_\_ You got to Move It – Move It

\_\_\_\_\_ Let's Have Some FUN!

\_\_\_\_\_ The Power of Freestyle

\_\_\_\_\_ Progression on Kid's Level

11:30am – 12:30pm Lunch

12:30 – 3:00pm

##### Outdoor

\_\_\_\_\_ Ski and Ride with the ACE Team

\_\_\_\_\_ Children's Specialist Prep