

## Call for Board Candidates in Regions 3, 4 & 7 – Page 46

### president's message

**ROSS BOISVERT,  
EASTERN DIVISION PRESIDENT**

### Eastern Division Update: A Summer of Review & Change



**H**ello Eastern members, I hope you enjoyed the summer and early fall and are now looking forward to a great winter season just around the corner!

Your Eastern Division professional staff, the team of Elevate Eastern Task Force volunteers and Eastern Board of Directors had a very busy and productive summer that resulted in some important new changes and dynamic new programs. I encourage you to check out the summary below.

#### Elevate Eastern Task Force

Back in July, I appointed a new “Elevate Eastern Task Force” (EETF) immediately following our June Board meeting. At that meeting, it had become clear that the downward trends that Eastern has experienced the past ten years were not going to disappear or reverse without a comprehensive and candid review of everything we do and how we deliver it to our members.

The Elevate Eastern Task Force (EETF) worked with the professional staff over the course of 5 conference calls, 9 hours of group discussions and weeks of extensive research and analysis from July 9 to September 6. The group conducted the first comprehensive review of our events in many years, including the costs of providing the events, the types of experiences offered to members, the locations and timing, the pricing as well as the training of our education staff and how that impacts the quality of the event experience for members as well as the operational bottom line.

The members engaged throughout and provided tremendous thought, insight, input and questions as we moved through the discussion items. Below I have provided a summary of the EETF primary discussions and recommendations, all of which were subsequently endorsed and approved by the Eastern Board of Directors.

1. **Discussed and endorsed the concept of a new model for Eastern events** that concentrates our scheduled programs in 18

different “training hub areas” throughout the seven regions, each of which feature 2-3 resorts. This will reduce our event schedule by approximately 20% and provide additional cost efficiencies for the organization. In-house and “customize your own” events will be promoted to those locations not on the event schedule.

2. **Conducted a thorough analysis of all direct and indirect (overhead) costs** related to the provision of events of all types and in all disciplines. This includes the office staff dedicated to educational efforts, education staff training and worker’s comp premiums.
3. **Revised Alpine event pricing** to reflect across-discipline overhead cost of \$76 per attendee plus all direct costs (ed staff pay, mileage, lodging, food).
4. **Calculated and sent revised cost analysis sheets to all discipline coordinators** for Snowboard, Adaptive and Nordic.
5. **Held individual conference calls with each discipline coordinator** to review and discuss the cost analysis and target pricing for discipline events.
6. **Reduced overall education staff training budget by 20%.** This was done to bring Eastern more in line with the training investments of all other PSIA-AASI divisions while maximizing the training-to-event revenue margins.
7. **Developed and endorsed the proposal for the new First Chair: Introduction to PSIA-AASI event** (See Executive Tracks on Page 3 for more details).
8. **Discussed and endorsed a new National-Eastern Consolidated School Membership proposal** program. (Please see: Announcing an exciting new partnership opportunity... on Page 2 for more details.)

*continued on page 4* ➤➤

### Who’s got next?! NextCore does!

*By Michael J. Mendrick,  
Executive Director*



**I**n September, I proposed to the Eastern Board that we create an advisory group of young (teens, 20’s and 30’s) members and call it **NextCore**. That is, this group represents our “next core of members” and their input and involvement is crucial to our vitality and relevance in the next 5 – 10 years.

We do not currently have an avenue for our younger members to participate in program development unless they become active in an existing committee, become an Area Rep or run for the Board. We need to hear from and listen to members of our future leadership core.

I am happy to report that the Eastern Board enthusiastically approved the creation of NextCore. As such, we are now in a position to give both a voice and a means to take action on ideas for a group we need to engage and currently do not. It will provide us with a conduit to our future core membership and provide them with an avenue to promote the change and develop the programs and benefits THEY

*continued on page 3* ➤➤

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# Announcing an exciting new partnership opportunity from PSIA-AASI: The National-Eastern PSIA-AASI Member School Program

**Editor Note:** The following message was sent by PSIA-AASI National CEO Nick Herrin and Eastern Division Executive Director Michael Mendrick in early October to more than 270 snowsports schools in all seven regions and representing all snowsports disciplines.



## Greetings Eastern Snowsports School Directors!

PSIA-AASI and PSIA-AASI Eastern Division is excited to be rolling out a new concept and era on partnership with you, our valued snowsports schools: **The National-Eastern PSIA-AASI Member School Program**. The Eastern Division has worked with the national office the past year to strengthen the resources available to you. PSIA-AASI's goal in doing this is to continue to support key partners, the resorts and schools throughout the Eastern Division.

When you join or renew your partnership investment this year, you'll gain access to more education and training tools than ever before – all geared to help you recruit, retain, and train snowsports instructors who will be able to deliver that great guest experience to the folks who visit your area.

For starters, **we're excited to roll out three new benefits as a way to support you** to be able to send your staff to additional training through a new Member School "Education Dollars" reward program. The following programs enable you to earn points this season for redemption in 2019-20 to subsidize your staff's attendance at Level II prep clinics, CS1 assessments and Level II exams next season:

- **NEW! "50 for 50" Education Dollars Reward Program for Hosting Events:** For every 50 lift tickets we use from your school and resort for Eastern events, we will reward you with \$50 in "education bucks" that you can redeem in the following season for distribution to members of your school staff. This will help in subsidizing their Snowsports education development via attendance at Level II preps, pre-reqs and exams.
- **NEW! "5 for 50" Education Dollars Reward Program for supporting First Chair:** **An Intro to PSIA-AASI:** If your school does not host a scheduled event, you can still earn rewards. For every 5 Snowsports staff members you send to the two-day *First Chair: An Introduction to PSIA-AASI* event you will receive \$50 in education bucks for redemption the following season for Level II preps, pre-reqs and exams. This carries over from season to season as well.
- **NEW! Digital Subscription Access to All Educational Materials for the School Director** You may view content and video from our collection of nine manuals and guides pertaining to all disciplines. A \$300-plus value alone!

In addition, **your connection with the PSIA-AASI national office provides access to bulk purchases and a 30% discount for PSIA-AASI's brand-new *Teaching Snowsports Manual***, which represents a core training resource to help your instructor team enhance the service your school provides to guests.

Your school can also **post unlimited job postings at no charge on PSIA-AASI's Job Board**; which is a great way to recruit the best instructors for your season.

**A diverse (and ever-expanding) slate of e-learning courses are among PSIA-AASI's newest educational offerings**, some of which are designed specifically to help your new hires and first-year instructors get an edge on how to succeed on snow.

All of the above plus access to individual professional support from the dedicated staffs of PSIA-AASI National and Eastern are yours **for the annual partnership investment of just \$100.00**.

Click on the link below to get more details on all National and Eastern Division member school benefits, complete the school application online and make your partnership investment now!

[www.psia-e.org/member-school-program](http://www.psia-e.org/member-school-program)

Thanks for your tremendous commitment and dedication to quality snowsports education. We look forward to seeing many of you this December 3-5 at the Eastern Snowsports School Management Seminar at Mount Snow, VT – the largest program of its kind in the country – and to working with you this season and for many seasons to come to create lifelong adventures through education! ⚡



**NICK HERRIN**  
CEO  
PSIA-AASI



**MICHAEL MENDRICK**  
EXECUTIVE DIRECTOR  
EASTERN DIVISION

**SNOW**

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Michael J. Mendrick, Editor

Karen Haringa, Assistant Editor

The official publication of the Professional  
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1-A Lincoln Avenue

Albany, NY 12205-4907

Phone 518-452-6095

Fax 518-452-6099

[www.psia-e.org](http://www.psia-e.org)

## General Information

Submission of articles, photos or other items for publication is invited. Articles are not to exceed about 1000 words. Receipt of submissions will be confirmed to the writer. Upcoming deadlines are published in each issue of *SnowPro*. Material should be sent to "SnowPro Editor" at: [psia-e@psia-e.org](mailto:psia-e@psia-e.org) as an MS Word document attachment.

All submitted material is subject to editing. Its use, whether solicited or not, is at the discretion of the editorial staff. All published material becomes the property of PSIA-E/EF. Articles are accepted on the condition that they may be released for publication in all National and Divisional publications.

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## executive tracks

**MICHAEL J. MENDRICK,  
EXECUTIVE DIRECTOR**

### New Programs, New Staff, New Energy for a Great Season!

First Chair is our First Chance to Inspire New Instructors & Members



Do you know of a new instructor at your area who wants to find out more about PSIA-AASI and snowsports teaching without the pressure of any assessments or exams? Turn them onto **First Chair: Introduction to PSIA-AASI**.

A brand-new event that is open to both members and non-members, so bring a friend! With classes for skiers or snowboarders, this course is designed as an introduction to either AASI or PSIA. Whether you ride a snowboard or skis, you'll spend two days ripping around a resort with an Ed Staff member and a group of like-minded snowsports instructors. You'll explore new terrain, tactics, and techniques that will make you a better personal rider and will help you break down movements that are efficient and useful to become more accomplished all over the mountain.

This is not a Level 1 Exam Prep event, but an

opportunity to ride with new people and explore everything you think you know, and everything that you might not know about how to get better at riding down snow-covered mountains. Come with an open mind and leave with a laundry list of things to try back at your home mountain as you continue to progress your own personal riding and teaching.

But wait, there's MORE! Everyone who attends both days will receive a copy of the new **PSIA-AASI Teaching Snowsports Manual** – a \$40 value!

For more info:

<https://www.psia-e.org/firstchair>

### Welcome to 15-year-old Registered Members!

The Eastern Board of Directors has approved a Bylaws change to allow 15-year-old Registered members effective immediately. Previously, an instructor needed to be 16 years old at the time of

membership application. 15-year-old instructors wishing to become a member of PSIA-AASI may now do so and take the new First Chair: Intro to PSIA-AASI two-day event as well. Upon turning 16, a member may then take the Level I exam as currently stipulated in the Bylaws.

In September, a survey link was sent to all Eastern members via broadcast e-mail for input on this issue. A total of 123 members responded to the survey. The results of the survey showed an approval rate of 89.4% in favor of allowing 15-year-old members (110 respondents), 7.3% against (9 respondents) and 3.2% unsure (4 respondents).

National PSIA-AASI CEO Nick Herrin had requested Eastern to consider a change to become consistent with the national association and other divisions. Currently, 5 other divisions allow 15-year-old members. Eastern is now the sixth. Welcome!

### Welcome to new Division Office Staff



**HANNAH BUCKEY**



**JAMES FRIEDMAN**



**KAREN HARINGA**

Welcome to our two newest Eastern Division office staff team members **Hannah Buckey** and **James Friedman!** Hannah (a snowboard enthusiast) joined us in early September as a Member Service Associate. She is likely to be the first person you speak with when you call us (so be nice!). James is our new Education & Programs Associate working with Don Haringa and Melissa Skinner in the Education Department. He is a PSIA-AASI Member and has worked at Stratton, VT; Deer Valley, UT and The Canyons, UT. Finally, for those of you that may have missed it in the spring SnowPro, our new Member Services & Communications Director is **Karen Haringa**.

Karen has been doing an excellent job for us in the role of *SnowPro* editor, taking those duties over from Kathy Brennan with the fall 2017 issue. She is a long-time PSIA member, Alpine Certified Level II and an active instructor at Windham Mountain. She is also a former Children's Program Director at Peek 'n Peak Resort in western NY. «

### » NextCore, continued from cover

are looking for (vs. our perception of their needs).

Region 2 Board Representative Katherine MacLauchlan (herself a member of the NextCore demographic!) is serving as the first NextCore Group Advisor.

Said Eastern Division President Ross Boisvert, "This is a very exciting time in our organization and the industry. I am thrilled for this newly appointed group of members of Next Core. This

group's input and their involvement is vital to our future. This new group of Core members will help us move forward and lead our organization toward a healthy future."

The first NextCore crew should be in place and working together by the time the lifts start turning in most of the Eastern Division. If you know of someone that could/should get involved, share the following link: [www.psia-e.org/nextcore](http://www.psia-e.org/nextcore). «

*peace  
love  
ski*

**PSIA-E  
Education Foundation &  
PSIA-AASI Eastern**

**Staff**

Michael J. Mendrick  
*Executive Director*  
Don Haringa  
*Director of Education & Programs*

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Peter Howard

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Director – Joan Heaton  
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*Snowsports School Management Committee*

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Tom Butler

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Kathy Chandler

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Mickey Stone

*AASI Advisor*

Brian Donovan

*Area Rep Program Coordinator*

Joan Heaton

*Membership & Promotions Committee*

Walter Jaeger

*Race Advisory Committee*

Lucas Martin

» **president's message, continued from cover**

For many years, the Eastern event schedule has remained similar in size, format, scope and content. In light of a ten-year downward trend in event participation by members and lack of adequate profitability in events, the Elevate Eastern Task Force determined in discussions that a number of changes in strategy and operations are needed in the way we develop, offer and deliver events and programming to our members.

In summary, our objective in revising the way we handle our event schedule in 2018-19 and beyond is to improve logistical and cost efficiencies, create increased demand and improve profitability. Our goal in "improving profitability" is not to make and save money; it is to improve the financial health of the organization and generate better resources so that we can invest back into programs and services for our members!

**I want to thank the following members of the EETF for their awesome efforts and input this summer!**

(Chair) Eric Jordan  
Past President

Nick Herrin  
CEO at PSIA-AASI

Brian Donovan  
AASI Eastern Advisor at PSIA-AASI Eastern

Charlie Knopp  
Region 6 Rep

Erik Barnes  
Alpine Ed Staff Chair

Gail Setlock  
SSM Committee Chair

Peter Holland  
Region 1 Rep, Eastern Division Treasurer

Peter Howard  
PSIA-AASI Eastern Vice President

Ross Boisvert  
PSIA-AASI Eastern Division President

Stephen Martin  
Region 4 Rep

Ted Fleischer  
Region 2 Director

Tom Butler  
PSIA-AASI BOD Member for Eastern

Michael Mendrick (Ex Officio)  
Executive Director at PSIA-AASI Eastern

Don Haringa (Ex Officio)  
Director of Education at PSIA-AASI Eastern

Melissa Skinner (Ex Officio)  
Asst. Director of Ed. at PSIA-AASI Eastern

Karen Haringa (Ex Officio)  
Membership Services Director at  
PSIA-AASI Eastern

Have a great start to your snowsports season and please do not hesitate to contact me at [president@psia-e.org](mailto:president@psia-e.org) or [rossb@mcintyreskiarea.com](mailto:rossb@mcintyreskiarea.com) with any questions or comments! <<

# SNOW Pro

## Upcoming SnowPro Copy Deadlines

If you are submitting articles, information or ads for the *SnowPro* please note the following deadline or the upcoming issue:

**Winter 2018 issue: January 4, 2019**

## Writing Guidelines

General member submissions should not exceed 1,000 words and should be e-mailed to [psia-e@psia-e.org](mailto:psia-e@psia-e.org) as a MS Word document. Please see additional guidelines on page 2 of this issue under General Information. Thank you! <<

## A Behind the Scenes Look at Running an Alpine Exam

By Chris Ericson

PSIA-E Alpine Education and Certification Chairperson

PSIA-E Alpine Examiner

In recent articles I have written about your preparation for a certification exam. As Examiners, we truly understand what you have gone through, the training it has taken and the commitment you have made to your profession. The road you have traveled to get to this point of your certification or team tryout shows us all the dedication to time, money and resources that you have made to your craft. We thank you for putting yourselves out there and understand that right up to the moment when you go to the registration table the morning of your event, your nerves are on edge. However, did you ever wonder what is happening on the other side of the table; what did your Eastern organization have to do months earlier, and even up to moments before you went onto the snow, to make this event happen and put you in an environment to succeed?

For the PSIA – Eastern Division, it all starts in March, the year before you are actually going to your Exam. This is when member resorts in the east are sent a letter from the PSIA-E office about events they would like to hold at their mountain, the following year. These events could be anything that we currently offer and of course the certification exams. Fast forward to spring and summer where, after some logistics planning of event locations, the list is narrowed down, and some final locations of events are chosen before the schedule goes to print in September.

Now the real fun begins. Winter arrives and deadlines for registering for exams are three weeks before the event date. Instructors are submitting their applications and the PSIA-AASI Eastern Division office staff is checking on the status of the member. Have they met the prerequisites? Have they gone for the exam before? Did they bank some of the modules? All of these things start coming into play before the candidate is placed on the roster for the event. At about the same time, the office staff is also rounding up available Examiners who may be able to work the event. This in itself can be a challenge as staff schedules change throughout the season. At about one week out before the exam, a preliminary roster is sent out to the event coordinator. This person who is typically an Examiner working the event, has the responsibility of going through the roster, developing groups and making sure that each candidate is getting scored in the particular skiing or teaching module in which they need to be assessed. Once again, this can be especially challenging for the coordinator if a person came to the event with some modules banked already.

The night before the exam, the educational staff meet to go over exam logistics and get their updates. Rosters have been printed, exam paperwork is arraigned, and we listen for instructions from the event coordinator. There most likely are still some last-minute changes and our pencils are busy writing and erasing, getting the names of each of the members in our groups printed on our cards and making sure there are not any conflicts that had not been seen earlier. It can be a little stressful at this point especially when multiple changes start happening in multiple groups. This is also a time where we talk about potential exam tasks that we will all have our candidates ski through. Additionally, we start discussing appropriate terrain locations on the mountain for the tasks. The skiing tasks that we choose, have the candidate showing a blending of the five skiing fundamentals through mountain skiing, agility/versatility and skiing at skill level. There are a number of potential tasks that are all listed in the Alpine Exam Guide. The tasks that we ultimately choose are also chosen largely on what the current or expected snow conditions are at the mountain. For example, we would not be setting you up for success if we chose pivot slips and there was 10 inches of ungroomed powder. We also think about safety when picking a task. If the exam falls on a weekend or a “beer league” race day, we may avoid doing activities that have you going across the hill in a large turn, such as lane changes or big GS turns.

The exam day starts early and we appreciate the energy of the candidates, some of whom are at the mountain before us, waiting to sign in. This is where we ask for your patience. Let us get organized, tags sorted out, group assignments posted on the walls and lift tickets ready to go. Registration does not start until 8:00 AM. If we are ready before that, we will start to get everyone signed in sooner. There are lots of familiar faces and it is great to see everyone, but we have a job to do also and making sure that registration goes smoothly, and questions from candidates are answered, is our immediate goal.

There has been lots of planning going into this day from both you and your PSIA-AASI organization. Whether it is the skiing or teaching part of the exam, we want to do everything possible to make you comfortable and put you in an environment where you can do your best.

It's 8:50 AM, announcements are being made, we are booted up and ready to go on the snow. Let's do this! ⚡

## Member Customized Events Now Available

Get together your group, your topic and your dates!

By Don Haringa

Director of Education and Programs

How would you like to create your own event at your own home area with up to nine of your friends and fellow members? Now you can!

Order your own Member Customized Event (MCE for short). You can order any educational event on the schedule except First Chair, Level II or Level III Exams. Need an exam prep? No problem. Looking to attain your Children's Specialist 1 Professional designation? We can do that too!

Here are the basics:

Two-Day MCE - no minimum number of participants, maximum of 8-10

per group (depending on the event type) for the flat group fee of only \$1,990.

- Please note that special requests of some education staff members may result in a travel-related surcharge.
- All two-day MCE's are worth 12 credits and fulfill your educational update requirement.
- To get rolling on setting up your own Member Customized Event, please call the Education Department at (518) 452-6095, ask for James or send an e-mail to James Friedman at [jfriedman@psia-e.org](mailto:jfriedman@psia-e.org).

You can find more information about the new MCE option plus a registration form at [www.psia-e.org/mce](http://www.psia-e.org/mce).

Get together with your fellow colleagues and start planning your own Member Customized Event today! ⚡

## Turning it Sideways: The FUNdamentals of Halfpipe

By Peter Novom

PSIA-E Examiner Training Squad

Staff Trainer Okemo Mountain Resort

The perfect ski turn is when everything happens with ease. Moving from one side of our skis to the other with no hiccups, we effortlessly guide the skis in an arc. They bend and release as we resist the forces of gravity and friction. This momentum allows us to move from one turn to the next, feeling in complete control and ready for the next turn.



What I am describing above, is the 5 Fundamentals in action. Lately I have been searching for this feeling in the halfpipe. I began breaking down the different fundamentals in each of my turns, like I would on a groomer. Now instead of hucking and praying, I can look at this in a calculated manner, just like any other turn.

### Control the Relationship of the Center of Mass to the Base of Support

Often, success in freestyle means being roughly perpendicular to the feature that we are sliding on or about to be on. You must find the middle of the ski and move with it. In the flat bottom of the pipe, being balanced is simply standing upright. However, on the wall, balance means being sideways or perpendicular to the wall.



### Control Edge Angles through Inclination and Angulation

In any great turn, the timing of the edge change is very important. Underfoot, you will move from metal to plastic and then metal. This is achieved in the halfpipe mostly with whole-body Inclination. We move our core from one side of the feet to the other.



The critical moment in halfpipe, is when the skis are parallel to the top of the wall. At this moment we want to be on the bases of the skis (plastic). You approach the wall on the old edges (metal) and then slowly taper off the edges by moving our core towards the top of the wall. Then release and move across the plastic. Come down on the new edges by projecting your core across your feet and towards the next wall.

Ideally this happens in the air, but the movements are the same whether you're on the wall or above it.

### Ski From Outside Ski to Outside Ski

Heading towards the wall, in the flat bottom of the pipe, you are standing on your outside and downhill ski. This allows for edge grip through the transition and up the wall. As we climb the wall, begin tapering off the edge and letting go of the old outside ski by flexing gently. Next as you move your core across to the new edges, stand on the new outside ski. This helps maintain your trajectory down the wall and to the next wall.



### Control Rotation with Legs [not so] Separate from the Upper Body.

Skiing in the halfpipe requires progressive steering through the whole turn. Unlike most other turns, this is mostly accomplished through whole-body rotation. You need to point your core in the direction of travel. This allows for you to stay over your feet and control the trajectory, (whether in a straight air or a spin) as you move with your equipment. Moving and turning from your core allows for POP (projection of primary). Simply put, we go where our core goes in the halfpipe.



### Regulate the Magnitude of Pressure Through Ski Snow Interaction

To become an expert in the air, first you have to be able to stay on the ground. Jumping is unnecessary. Release the edges by flexing and allowing your core to move across the skis (metal, plastic, metal). Going big in the halfpipe is a matter of speed, trajectory and releasing the edges at the right time. It's not about jumping. That can push you away from the wall resulting in a harsh landing.



- **Putting it together**
- **Move your core up and down the wall. Be perpendicular.**
- **Patiently release the old outside ski on the way up the wall.**
- **Find that moment of plastic parallel to the lip.**
- **Steer patiently; point your core where you want to go.**
- **Don't jump; flex and release.**

People expect halfpipe to be something completely different from any other type of turn. It doesn't require jumping or hucking our bodies down the hills taking extra risk. Anyone can do it. Relax and think about one of the fundamentals above.

### Want More?

Pick up the freestyle manual. Take a lesson. PSIA-E has awesome intro to park clinics or FS prep events. Or, just watch one of the best kids in the park. They will be using the 5 fundamentals whether they know it or not. <<

## Training for Your Exam

By Chris Ericson

PSIA-E Examiner

Alpine Education and Certification Committee Chair

It is a common question that members of the Eastern Education Staff get; “How should I train for my certification exam?” It’s a general question that of course depends on you, the person who is training for the exam. We all learn differently, and how I train to get better is not necessarily something that works for every other person. However, as you prepare this season for taking the next step, keeping a few of these training points in your curriculum should indeed help you.

**Know Before You Go:** The Alpine Exam Guide tells you what you need to know about the exam. This includes start time, layout for each day, and the potential exam tasks that you might be asked to ski or the modules you will teach. Knowing what to expect, does a lot for mental preparedness and calming some of those nerves. It’s a free guide on the Eastern Division website and is typically updated by November every year.

**Be physically ready:** This is a sport! It requires you to be in a physical condition where you can twist, extend, flex and tip various body parts. Sometimes these movements happen at slow speeds and at other times, they happen rapidly with quick intensity. At an exam, your adrenaline is cranking, and the calories are burning before you even set foot on the snow. When you start getting tired after doing your sixth skiing task or leading the group in a teaching segment, mistakes start to happen, and we become less accurate with what we are trying to do. So, if the most physical activity you did over the summer was 12 ounce “Bud Heavy’s”, you might want to get the heart rate up before you go.

**Practice, Play and Repeat:** Well before the exam, get on the hill and do the skiing tasks that are in the Alpine Exam Guide for the appropriate level of certification. However, here’s the trick; do them at various speeds (slower and faster), in different conditions and on different pitches. Go to a different mountain to practice these, not your home mountain where your turns are predictable and autonomous. Practice on the snow you would normally avoid. That frozen rippled stuff that still has a few petrified ski tracks in it from yesterday – perfect!

Incorporating these three things will allow you to do something that truly separates you from the rest. The ability to have FUN at the exam. Nothing makes an Examiner happier than seeing someone who has prepared and is having fun showing us what they know. Let’s hope for a cold and snowy winter. <<

## New National CS1 Workbook

By Sue Kramer

PSIA-E Examiner and Eastern ACE Team Coach

National Children’s Task Force Member

The National Children’s Task Force (NCTF) is pleased to announce the arrival of the new National CS1 workbook. This signifies a push toward unifying the divisions on educational material that seeks to assess the knowledge required for successful completion of the CS1 credential. The NCTF (and Aleisha Padilla from the National office) has been burning the candle at both ends to deliver greater consistency, just as is happening in all the other disciplines.

For anyone interested in the minutia of this process, ask me how I spent my summer . . . I asked each divisional member of the NCTF to submit a list of questions deemed “priority” for this new workbook. It took many hours (actually weeks and months) to compile these questions as well as the answers. The total added up to 175 questions, which in my opinion was too many. Through many emails and conference calls, we felt comfortable reducing that total number to 118 questions. Many more weeks (and months) were spent checking for content accuracy, editing and testing usability via the Learning Management System (LMS) ([lms.thesnowpros.org](http://lms.thesnowpros.org)).

**Here’s the really important stuff:** To access the CS1 and CS2 workbooks, go to [www.lms.thesnowpros.org](http://www.lms.thesnowpros.org). When you’re there, log in, click on workbooks, select Eastern and then choose the workbook you need. You will need to go through a “purchase” process even though the workbook is free. As you’re completing the workbook, please pay special attention to the instructions on how to save it so that you can come back and continue your work. When you are finished, click when prompted to download the PDF version. **Please print out the workbook and bring it with you to your event.** For anyone taking the CS1 or the CS2, please start the workbook as soon as you can. It’s not hard but it does take thought and time. Some of the questions specifically reference information in the existing *Children’s Instruction Manual* (2008), so it may be a good idea to have a copy nearby. Many of the questions are in essay form so the computer will not score these. The essay questions and fill-in-the-blank questions will be reviewed at your event.

I’m looking forward to seeing you all on the hill. <<

## Have a great teaching story or testimonial?

Share it with us so we can share it with the public on the Make Winter More Fun website and Facebook page! Submit to [psia-e@psia-e.org](mailto:psia-e@psia-e.org)



## Eastern Division Membership Benefits for 2018-19!



# VIP Privileges



**H**ere is your 2018 - 2019 *Eastern Division* membership benefits and promotions update. Throughout the season, be sure to look on the Eastern Division website to see what's new and get more details, forms, etc. on all of our programs. Focusing on keeping our website up-to-date with the details and forms needed for any of these programs allows us to get the timeliest info possible to you. We hope you take advantage of all of these great programs!

### Launch Snowboards has extended their PROFORM program to PSIA-E/AASI.



Members should place your order at [www.launchsnowboards.com](http://www.launchsnowboards.com) and before checkout enter "PSIA-E/AASI" and your membership number in the special instructions field in the Cart screen. At checkout enter the promo code, PSIA-AASI-EASTERN-1819, to get 40% off your order.

### Hovland Snowskates Pro Form Offer for Eastern Division Members!



Hovland Snowskates is offering AASI members a 35% off PRO FORM deal this season - you can get more information about snowskates on [### WSI Sports – Pro Purchase Program for 2018-2019 Season!](http://Hovland's Website (www.hovlandsnowskates.com) today! Hovland makes it easy for AASI members to order a snowskate today. All you have to do is use the Coupon Code, AASI, when you're checking out.</a></p>
</div>
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WSI Sports manufactures high quality, 100% MADE IN USA, innovative performance apparel. They are supporting PSIA-E by offering our members 30% off the suggested retail price using the code, PSIAE.

### PSIA-E/AASI Logo Business Cards – high-quality, well-priced

Through our new partnership with **Tyler Barnes of ELEV8**, we are again offering high-quality, well-priced personalized logo business cards. You can create your cards, preview them, and place your order directly from the Eastern Division website. Order now and get ready for the season!

### Avalanche Skiwear – Member purchase program will continue for 2018-2019 Season!



PSIA-E members will be able to access special pricing on Avalanche purchases at up to 40% off retail. See flyer on PSIA-AASI Eastern Division website for ordering information.

### Burton – Attain AASI Level I, Level II or Level III Certification Recognition Program

Burton is once again providing us with awesome Burton gear to use toward recognizing the importance of obtaining your next level of AASI certification. All AASI members who attain their next certification are entered to win various prizes. As you would expect, the prize opportunities get bigger as you move up in certification level. For details about this season's Burton promotions for Level I, II and III, go to the member benefits area of the Eastern Division website.



## Choice Hotels – Usage of this great member benefit program just keeps growing!



As an Eastern Member using our PSIA-E Promotion ID, you get a 15% discount when you book online for reservations at hundreds of Choice Hotel locations (including Comfort Inns, Clarion, Quality Inn and Econolodge) – plus, take advantage of their Choice Privilege promotions to earn free rooms, etc. See the Choice Hotel ad in this issue for more details.

## Green Mountain Orthotic Lab (GMOL) – Another chance to win free GMOL footbeds!



Green Mountain Orthotic Lab's Stratton store located in Bondville on RT 30 will again offer pro prices on all boots in stock as well as custom footbeds. Please call 802 875-1122 to set up an appointment.

## Reliable Racing – Again offering a discount to PSIA-AASI E members!



Reliable Racing is offering a 10% discount to PSIA-AASI Eastern Division with a special code. Check out the Eastern Division website for more details.

## SkiPal – Back this year and again offering member and snowsports school discounts.



SkiPal, the ski/ride teaching tool, is offering Eastern Division Members a **40% discount** on their Ski & Snowboard Training Hoop. See the Eastern website for more details.

## The Boot Lab at Windham – Professional discounts offered to all current PSIA members.



The Boot Lab at Windham is offering 20% off custom footbeds to all current PSIA-AASI members. Current membership card and photo ID is required.

## Vermont Ski and Sport – Standup Paddleboard Special.



Offering a Standup Paddleboard special to all PSIA-AASI Eastern Division members and 10% off all accessories at time of purchase. Please see the Member Benefits section of the Eastern website for additional information.

## SmartWool – This popular Pro Purchase Program which provides 40% off retail is again available to Eastern members!



Check out the SmartWool page and details on how to get your 40% discount in the Member Benefits section of the Eastern website.

The SmartWool fiber combines comfort and performance into one versatile package and the product line includes shirts, pants, jackets, vests, socks and more. You won't find better gear to keep you comfortable in all conditions!

## PSIA-AASI Eastern Division Gift Certificates

If you are looking for a unique and useful gift for an employee, parent, spouse or child, who is a member, gift certificates toward events are available. To purchase a gift certificate, please call the office at 518-452-6095 and speak with member services to order your certificate.

For the latest information about PSIA-AASI Eastern Programs and Promotions be sure to check often at [www.psia-e.org/ms/eastern-benefits/eastern-member-deals/](http://www.psia-e.org/ms/eastern-benefits/eastern-member-deals/). National PSIA-AASI promotions can be found at: [www.thesnowpros.org/about/sponsors-partners](http://www.thesnowpros.org/about/sponsors-partners).

## national report

By Tom Butler, Eastern Rep,  
PSIA-AASI Board of Directors



**H**ello everyone. Every six months PSIA-AASI provides an opportunity for its members to recognize one of their own in different categories. This December 31 is the deadline for three awards; the Educational Excellence Award, Distinguished Service Award, and the Lifetime Achievement Award. Recognition from one's peers for their efforts or the influence that they have had is one of the highest forms of praise. I personally feel that we should take every opportu-

nity to lavish praise on our friends and co-workers because unlike fossil fuels, the reservoir of recognition is bottomless and inexhaustible. The following are the three awards that we on the National Recognition and Awards Committee will be considering after the New Year:

The PSIA-AASI **Educational Excellence Award** recognizes those exceptional few members who have authored PSIA-AASI educational materials over the years. They have added significantly to --and possibly even changed -- the educational direction of PSIA-AASI (at a Divisional and/or National Level). They have exhibited dedication, devotion and self-sacrifice contributing to the PSIA-AASI educational system, with ten years or more sustained outstanding service. For starters, anyone who writes and shares their thoughts whether it is in the *Snow Pro*, *32 Degrees* or perhaps some other publication should be commended. Writing and sharing your thoughts is a selfless act. It's an effort to share knowledge, to give away what you know. There are some that go above and beyond and commit considerable effort through their writing to help us get better. This award is intended to identify those individuals.

The PSIA-AASI **Distinguished Service Award** recognizes those who have made important contributions that have added to the success of PSIA-AASI. These candidates have displayed long-term commitment and dedication by providing educa-

tional programming support, or by contributing to group and/or Team efforts that involve important national initiatives. Other examples of distinguished service may include demonstrating positive leadership skills, fostering connections with and between members, or having a willingness to mentor peers -- both young and experienced. Members and non-members, including staff, vendors and industry partners, are eligible to receive this award. Basically, if you know someone who has helped to make this organization a better place, then we want to know about them.

Finally, the National **Lifetime Achievement Award** recognizes those exceptional few members who have designed and implemented programs, projects and procedures affecting the association on a national level. They have exhibited dedication, devotion and self-sacrifice serving in national level leadership positions, with ten years or more sustained outstanding service.

Now I'm not sure who said it but recognition is not a scarce resource. You can't use it up or run out so why hold onto it? If you know of someone whom you feel is deserving of one of these three awards, I encourage you to go to [www.thesnowpros.org](http://www.thesnowpros.org), click on the "about" tab and then click on "awards and recognition" and get started.

Thanks everyone, have a great start to your season and thank you for being a teacher.

Tom <<



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## In Memoriam

**Cynthia Joan Goodhue** (nee Anderson) of Wellesley, MA passed away unexpectedly on Thursday, May 3, 2018. Cindy is survived by her daughters, Nobska Grace Goodhue (22) and Sierra Anne Goodhue (20) of Wellesley, and their father James A. Goodhue.

She developed a passion for science, art, and nature in Woods Hole that would fuel her for the rest of her life. She received her BFA from Tufts University in conjunction with the School of the Museum of Fine Arts. At the time of her death, she was working on a Graduate Certificate in Applied Behavior Analysis at the University of Massachusetts. Cindy taught in the Wellesley Public Schools as a preferred substitute teacher beginning in 2009. She loved art and she loved her students, and the kids loved her back.

In addition to art, Cindy's other passions were athletics and the outdoors. She taught her daughters to ski at a very young age and they skied their whole lives as a family. The girls raced on teams at the Franconia Ski Club and Wellesley High School. Her childhood dream was to be a Ski Instructor and she took on that challenge with passion. Cindy attained her PSIA Alpine & Children's Specialist Certification and was a lead teacher for seasonal alpine skiing program, including special needs children at Cannon Mountain. Cannon was an incredibly special place to Cindy, and her fellow instructors became her lifelong friends.

Cindy was passionate, confident, beautiful, comfortable with herself, and a self-described free-spirit. ☞

**David "Dave" Begg**, 65, a resident of Valley Head, passed from this life Tuesday, June 26, 2018, at Davis Medical Center in Elkins.

Dave was born Sunday, June 21, 1953, in Aliquippa, PA, a son of the late Stanley Begg and Marion Hines Begg. On October 5, 1985, in Pennsylvania, he married the former Karen Stauffer who survives.

Dave graduated high school in Aliquippa and then graduated Davis and Elkins College with a Bachelor's Degree. He was employed as the Executive Director of Challenged Athletes of West Virginia for 25 years. Dave considered his co-workers, volunteers and athletes to be his second family. Unbeknownst to Dave, one of his former athletes wrote a letter nominating Dave to carry the Olympic torch. In 2002, Dave proudly ran through Charleston carrying the Olympic torch. Dave was an avid outdoorsman and thoroughly enjoyed fishing, camping, kayaking and skiing. He was a single leg amputee and proudly taught his daughters to swim and ski. Dave was full of life! ☞



**Dennis W. Cash** of Thornton, NH and formerly of Winthrop, passed away suddenly on August 28, 2018. He was 67 years old. He was the devoted father of Jessie M. Cash and her partner Michael Muse of Wilmington. Close and dear friend of Tobi Plume of Plymouth, NH and the late Joyce Moriarty.



Dennis was a member of Local #103 IBEW and Local # 2222. He retired from Verizon and the communication company Netversant. As an avid skier, he went on to become a ski instructor with his close friend Costa Leotsakos, at Loon Mountain Ski Resort in Lincoln, NH. He was also a member of the Professional Ski Instructors of America Association. Dennis also played in the Fittons Semi-Pro Football League.

### A Tribute to Dennis Cash

*By Matt Boyd,  
PSIA National Alpine Team Member*

Dennis Cash passed away on August 28th, 2018 at the age of 67. He was a veteran instructor at Loon Mountain and a Level 3 certified instructor. Those who knew Dennis knew a big man with a gruff exterior and a soft heart. Having played semi-pro football, his knees were shot and even the simple act of walking looked painful, but he skied with grace and touch. No one was more passionate about teaching skiing than Dennis. He was quick with a smile and was the first to volunteer for those tough lessons. Dennis was a staff trainer at Loon and loved sharing the sport of skiing.

Under that gruff exterior was a man who faced many difficult life challenges, and Dennis often said the Loon family and PSIA saved his life. When Dennis started as a full time instructor, he had gone through some tough times, and he would want everyone in that Loon family to know how much they meant to him. His quest for Level 3 gave him a goal that fully occupied his focus, and his locker room family meant the world to him. As much as that friendship meant to Dennis, it was equally shared by those who had the opportunity to work with him.

For those that didn't have the chance to get to know Dennis, we should take this time to reflect on just how precious this profession is. The laughs, the friendships, the challenges and the successes give us so much. So much that it had the power to bring such a wonderful man from a period of darkness to a high point in life. Dennis would want every one of us to take a moment and take in all that skiing and teaching skiing provides us, and to sit back and simply smile. Dennis and his unwavering dedication to our profession, friends and family will be sorely missed, but fondly remembered. If there is one word that encompasses ski instruction for Dennis and for many of us, it is "passion."

In the words of Dennis's sister, "Everyone should be lucky enough to be that passionate about something in their life. For that I am grateful — to Loon Mountain and to PSIA." ☞

*In Memoriam*

## In Memoriam

**Fred Mock**, 92 of Woodbridge passed away on Monday, May 21, 2018 at Venetian Care and Rehabilitation Center in South Amboy.

Born in New York, Fred lived in Woodbridge for the past 46 years and was a United States Navy Veteran during World War II. Fred was a self-employed engineer and was an extremely passionate ski instructor; holding a 52 year membership in the Professional Ski Instructors of America. An avid golfer, Fred was a member of the Royce Brook Golf Club where he was known as "the legend." Fred was a loving husband, father and grandfather who will be sorely missed.

Surviving are his wife of 46 years, Cheri Mock; children, David, Jason, Nancy and Ricky Mock. ☞☞

**Herbert James Cunha**, 78, of North Andover passed away on September 12, 2018, at the Kaplan Family Hospice House in Danvers. He was born in Somerville, MA on October 31, 1939, to the late Manuel and Angelina (Condinho) Cunha.



Herb graduated from Northeastern University with a degree in electrical engineering as well as a commission as an officer in the U.S. Army Signal Corp. He completed two years on active duty in Germany. He later earned a Master's Degree in electrical engineering from Penn State. In his civilian life, he had a successful career in the aerospace industry. In the US Army Reserves, he achieved the rank of Colonel and retired after 30 years as a Brigade Commander. As a member of the Merrimac Valley Striders running club, he completed 29 marathons, countless charity races and ran up Mount Washington three times, all after age 50. He was a certified ski instructor at Bradford Ski Area and a competitive ballroom dancer at the Krystal Ballroom. He was a world traveler and visited most of the continents. He was also passionate about veteran-related charities and did volunteer work and fundraising for the Homes For Our Troops Charity.

Herb will always be remembered for his sense of humor, his passion for life, his high energy level, and his desire to never stop learning and trying new experiences.

In lieu of flowers, the family requests that memorial contributions be made in Herbert's name to Homes for Our Troops, 6 Main St, Taunton, MA 02780 or [www.hfotusa.org](http://www.hfotusa.org). ☞☞

**Rolf Dieter Lanz** was born in Roggwil, Switzerland, July 20, 1930. He died in Knoxville, TN on August 25, 2018. Rolf was a former Gatlinburg resident who retired to Clearwater, FL. He is survived by his wife, Lee Lanz. Rolf moved from his native Switzerland in 1953 to the United States. Once in Tennessee he became Ski Director for the Gatlinburg Ski Corporation in 1965. He remained in that position for Ober Gatlinburg Ski & Amusement Park until 2000. He was owner of Rolf Lanz Ski School and Rolf Lanz Ski Shop in both Gatlinburg and Knoxville. Rolf was a visionary who brought to life snow skiing in the Southeast. Through his career, he introduced and mentored countless people into winter snow sports with a Swiss flair. His influence continues in his numerous friends who have benefited from his wisdom, business leadership, and friendship. ☞☞

### Ralph Woodward Obituary

A life rich and full ended Wednesday, Aug. 29, 2018. Ralph Clifford "Woody" Woodward of East Conway, N.H., passed away at Mineral Springs in North Conway, N.H., at the age of 88.

He was born July 15, 1930, in Bangor, Maine, to Merwyn and Lucille Buck Woodward, but lived the majority of his life in the White Mountains of New Hampshire.

Ralph attended local schools, graduating from Fryeburg Academy, He met his wife of 65 years, Peggy Ann McDaniels, while attending the academy.

Over his many years of employment, he wore an assortment of different hats, including those of a farmer, heavy equipment operator, carpenter and variety of positions in the ski industry. The position that he was most passionate about was that of a PSIA ski instructor and Alpine examiner, for which he received a 50 years of membership service award. This work was mostly within the Mount Washington Valley of NH, but took him to many other ski areas in the eastern United States as well.

To honor Woody, the Eastern Board of Directors voted on September 24 to rename the Education Staff Scholarship Fund the Ralph "Woody" Woodward Ed Staff Scholarship Fund.



### A Tribute to Ralph "Woody" Woodward

*By Nat Putnam, Eastern Division Past President*

It was only today that I read of the death of Ralph (Woody) Woodward. I had not seen Woody in almost a year, and even at that time, he was mostly annoyed by the fact that he could no longer ski, or work with the fire department.

It was in the early 80's that we first met at Sunday River, ME. At that time, there were no certified instructors on staff there. Woody wasted no time in informing me that this was unacceptable, and that he was determined to get a pin on me.

He would show up at random times and go skiing with me- always trying to improve my game, and never accepting that I might not "have it." When I finally went for my associates (Level 2) exam, it was a 5-day event at Loon Mountain, NH. It rained a good part of the week. I am relatively deaf in one ear, and was unfortunate enough to get sick and rupture the other eardrum during the exam. Woody was the only one of my examiners that I told, and he was the only one who failed me. He laughed when we talked, and said, "It don't matter - either you got it or you don't - and you didn't show me that you got it."

I was lucky enough to pass that exam, but never forgot his words. Woody would also show up to coach me, and encourage me on my way to full cert (Level 3) in the early 80's. I don't think that I could have ever passed without his help. When I returned with my pin, he said, "Okay, now you can learn how much you don't know." He was completely right.

In that era, I had been a regular at the regional meetings, and had not been shy about speaking up about relative issues that the association had at the time. He told me that I should run against him for seat on the Board of Directors. I sent in my paperwork, and just a few weeks later, I ran into him in town. He asked if I had sent in my paperwork to run, and when I said yes, he congratulated me, saying that he hadn't - he just wanted somebody with an opinion to take over. That was the start of many years on the Board, which would not have happened without his prodding.

Woody was instrumental in advancing my teaching career and was a good friend. I think of him every time I drive past the farmhouse that he and his wife Peg had in Conway, NH. I cannot express my thanks to him well enough for the assistance and friendship he gave me. My sympathies go out to Peg and all family members, as well as to all of the ski teachers that he influenced as much as he influenced me. ☞☞

## In Memoriam

**William Preston Herbert, Jr.**, 68, from Ludlow, VT and Mont Tremblant, Canada, passed away on Monday, April 23, 2018. Bill suffered a rare complication after a skiing accident on Whistler Mountain, Canada. He was born on June 14, 1949 in Ossining, NY, a son of the late William Sr. and Suzanne Herbert. He grew up in Briarcliff Manor, NY and graduated from SUNY Albany in 1971.

After retiring in 2003, Bill was a mathematics instructor at Okemo Mountain School in Ludlow, VT for three years. Skiing was an important part of Bill's life and he took this passion one step further by becoming a Certified Professional Ski Instructor of America in 1995. Bill was a part time ski instructor at Okemo Mountain for the past 22 years.

He is survived by his loving wife, Anne, of 46 years and his two sons and their spouses, Adam and Shuli, Jeremy and Julie. He loved his family dearly and cherished being a good husband, father and grandfather. Bill touched many lives over the years and he treasured the friendships he made. His many passions included skiing, cycling, French studies, reading, and traveling. He found joy in the small things and took such pleasure in meeting people and having new adventures. Bill was a generous, honest, hard-working, kind and gentle man, and during his time on earth he lived his life fully. <<

**Joseph Mellusi** of North Salem, formerly Larchmont, passed away July 1, 2018 one day after his 77<sup>th</sup> birthday. He was born June 30, 1941, in the Bronx New York to Elio and Anna Mellusi. As a young man, Joe was accepted into The Arts Student League of New York and picked to study under the famous painter Frank Riley before being drafted to the Army in 1960 where he served his country proudly as a Medic. After serving his country, he worked alongside his father running A. Mellusi Electric, the family electrical contracting business.



Joseph believed life was a series of experiences and lived his life to the fullest. He had many hobbies and belonged to many clubs. An 8-time marathon runner, avid sky diver, bicyclist, motorcycle racing enthusiast, kayak builder, Commodore of the Touring Kayak Club, ski racer and instructor, VP of The House Committee for Garden State Ski Club, and member of Putnam County Fish and Game Association. Joe left his mark on everyone he met and will be dearly missed. Joseph was the beloved husband of Anita (formerly Sementilli) and the cherished father of Joseph Mellusi, Scott Mellusi and Briana Mellusi Evans (James). <<

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## AASI Update

By Brian Donovan

AASI-E Examiner

AASI-E Advisor

In case you haven't figured it out yet, winter is coming. And here are some of the details to make sure you're ready to drop in.

**AASI Does Snow Pro Jam!!!** You asked ... we answered! Snow Pro Jam is not just for skiers any more. Every year, Pro Jam is the gathering spot for over 500 instructors, sponsors, and guests from all over the East Coast. During this 5-day event at Killington, you can participate in on snow clinics, indoor clinics, presentations from industry leaders, and an après-ride activity or two each day. As if that weren't enough, the week-long event culminates with a dinner, dance party, and "super raf-

le" on Thursday evening. The "super raffle" will contain fantastic prizes provided by our member sponsors and industry partners and all proceeds benefit the Education Foundation and Membership Scholarship Fund. Help AASI show Snow Pro Jam how it's done by reserving your spot ASAP!

**AASI Certification Exams and locations –** We are hosting our mid-season AASI Level 2 Exam at Holiday Valley, NY in Region 5 on February 10-12. **Take note:** this event runs Sunday – Tuesday. We are trying out a Sunday – Tuesday schedule to provide an opportunity to take the Level 2 Exam and only needing to miss two traditional "business days" of school/work. We are hosting our end-of-season AASI Level 2 and 3 Exams at Mount Snow Resort in Region 2 on March 18-20. **Please Note:** we make all efforts to annually rotate the mid-season Level 2 Exam to different resorts in Regions 4, 5, 6, and 7 that have appropriate terrain to host a Level 2 Exam as specified in the AASI National Standards.

**AASI First Chair Events –** Recruit some new friends! These courses are open to both members and non-members and are designed as

an introduction to AASI. Participants will spend two days ripping around a resort with an Ed Staff member and a group of like-minded snowboarders. They'll explore new terrain, tactics, and techniques for riding a snowboard that will make them a better rider all over the mountain. This is not a Level 1 Exam Prep event, but an opportunity to ride with new people and explore everything you think you know and everything that you might not know about how to get better at riding down snow-covered mountains on a snowboard. Come with an open mind and leave with a laundry list of things to try back at your home mountain as you continue to progress your own personal riding and teaching.

**Attention all AASI 20-Year Members... It's back!!!** You've been with us a long time! We want to say thank you for your tremendous dedication to the sport of snowboarding. As a token of our appreciation, we will again be offering an event just for you! Mark your calendars: March 29<sup>th</sup> at Stratton Resort. This 1-day event costs \$75, is only open to members with 20 years or more of membership and is aimed at saying thank you for continually molding snowboard instruction with AASI for all of these years. The goal of these events is to bring together Pros and Education Staff who have been involved and instrumental in the development of the snowboard history and culture that is the American Association of Snowboard Instructors. There will be plenty of time for networking and continuing the grand tradition of AASI culture both on snow and off, and there will be the opportunity to roll right into Spring Rally weekend with other events and parties at Stratton on March 30<sup>th</sup> and 31<sup>st</sup>.

**Insider's Tip: How to save money and make sure that the events that you want to attend do not get cancelled –** Sign up early! Avoid late fees by submitting your event application before the deadline! Recruit friends! Events are more fun, less expensive (you can split travel and lodging costs), and less likely to get cancelled when more than one person signs up to attend.

**Join the AASI East page on Facebook!!!** If you use Facebook, like snowboarding, and want to connect with people just like you, I encourage you to become active on the "AASI East" page on Facebook. Gear questions, event questions, certification help, and friends with couches to sleep on, can all be found in this group. Do yourself a favor and check it out!

**Thank you!** Lastly, I want to preemptively say thank you for all of the lives that you're going to change this winter. Whether it's your 1<sup>st</sup> or 200<sup>th</sup> lesson of the winter, remember that might be a person's only opportunity to experience this sport that we all love. Knock it out of the park and have some fun! Fingers crossed for a snowy winter with lots of pow slashes and jibbing for all! ☺

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## adaptive airtime

### Developing Your In-House Training

By Kathy Chandler

PSIA-AASI E Adaptive Examiner

Eastern Adaptive Advisor

Each year we in the adaptive community are doing more and more In-House educational workshops and Level I exams for adaptive programs. It is a great way for the adaptive programs to stay current and up-to-date on all that is ever-changing in adaptive methodology and technology. It doesn't cost a program much to be a member school and doing an In-House event brings in a PSIA Adaptive Educator to work with your staff and keep them current on their teaching and skiing. This alone makes for better lessons for your students. I encourage each and every adaptive program to consider doing an In-House event.

The instructors at most programs in the east are volunteers who have other jobs or commitments and work with adaptive programs on weekends or in their spare time. That doesn't leave much time for continuing their education. It is also a lot to ask for a volunteer to be spending the time and money on going to other mountains to continue their education. When I first started my journey through the adaptive sector (and that was a long time ago), I remember feeling that after a few years I had picked the brains of the local educators at my mountain and gone as far as I could go there. At that time I reached out and started breaking into the PSIA world and was excited by all the new things I was learning. I was able to bring new ideas and concepts in teaching and learning back to my ski school, enlightening them as well. We on the Adaptive Board of Examiners are reaching out to adaptive programs to help get your staff excited about the new and innovative ideas relative to teaching adaptive students.

Another area that is continuing to grow rapidly in the adaptive discipline, is the technology of the equipment and how to better use each program's available equipment to help our clients or students be more independent. That is our job. Each time we get a student able to ski with his/her friends and family, we have won! We have done our job. The equipment is ever changing and becoming more user friendly and safe. Most of our programs can't afford to be changing or upgrading equipment every year, but knowing what is available is important. With that knowledge, we can often borrow or get equipment that will help to make each lesson better for the individuals we

teach. Our job on the Adaptive Board of Educators is to know all of the equipment available and what is in the wings. We have more knowledge of what is out there and who has the equipment available. Don't hesitate to ask.

Bottom line, don't hesitate to do an In-House event at your mountain. Call the office (508-452-6095) or call one of us on the Adaptive Board of Examiners. Create a program that will work for you and your staff. Other adaptive programs that are nearby may want to collaborate and do it with you or send some of their instructors. We are here to help. ☺

### Waterville Valley Adaptive Sports

Waterville Valley Adaptive Sports is thrilled to be gearing up for this season. We have equipment to get anyone who wants to get on snow, onto the snow! This year we are working to expand our Special Olympic training. We welcome interested athletes! We are also inviting veterans to come explore the world of snowsports here in beautiful Waterville Valley! Our ski area has expanded, and our Nordic Center has over 60K of groomed trails awaiting your adventure!

We have a Ski-A-Thon planned for Saturday, February 23<sup>rd</sup>. This fun event raises money for the Adaptive program and allows you to skip the lift line! Individuals and teams try to win by skiing the most runs of the day! A party to celebrate all participants will follow! For any further information go to our website [watervilleadaptive.com](http://watervilleadaptive.com) or email us at [info@watervilleadaptive.com](mailto:info@watervilleadaptive.com). You can also check out of [FB page](#). Happy winter!! ☺

### Magic Boots

By Kim Seevers

PSIA-E Adaptive

Examiner Training Squad

Program Development & Grants

Director, Adaptive Sports Foundation

In the not-for-profit world, it's all about giving back. This usually comes in a human form -- a volunteer, a donor, a board member or a grant maker. Sometimes however, something unexpected comes along that tips the scales of student learning in favor of success. At our adaptive program (the Adaptive Sports Foundation at Windham Mountain, NY) we've been turning over our rental fleet for the past two seasons, and ski boots were on the agenda for this past summer. Ski boots seem like a standard purchase, but staff members may have stumbled on an exciting new piece of adaptive equipment; the Full Tilt ski boot.

Many who were skiing back in the 80's fondly

remember the Raichle Flexon Comp. In fact, a surprising number of people are still on Flexon boots. The Flexon Comp was an innovative 3-piece design that flexed without bulging or distorting the lower boot shell, a common problem in the 1980's. The boot became popular with skiers from all walks of sliding; hotdoggers, mogul skiers, and racers alike were all in the boots. After Raichle went out of business in 1996, the molds were kicked around to a few companies, but the Flexon Comp essentially died. Skiers who were dedicated to the Flexon Comp, and there were many, were forced to scrounge around for replacement parts to keep the boots on their feet. In 2006, the original molds were purchased by a group of skiers and boot fitters and the Flexon Comp came back to life as the Full Tilt.

With that roundabout introduction, you may be wondering where adaptive skiing fits into the picture. The Full Tilt features a hinged tongue that opens up, much like a convertible top. With the tongue out of the way, the student's foot slides in and out with comfort and is never blocked. Because there are only three working pieces, the boot is twice as light as most conventional designs

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Outside of Turn

Inside of Turn

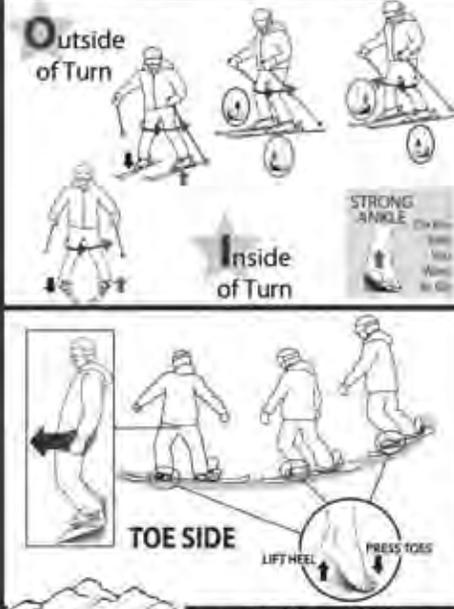
STRONG ANGLE

TOE SIDE

LIFT HEEL

PRESS TOES

i ski & ride [www.ISkiandRide.com](http://www.ISkiandRide.com)



(great for our students with muscle weakness) and has a wide toe box.

We first recommended the boot a few years ago for a young man with arthrogryposis. He wears ankle-foot orthoses (AFOs) and had trouble getting his feet and ankles into ski boots. A local shop owner took interest in his dilemma and set him up with a pair of Full Tilts and the world turned! Later that season, we recommended the boots for another boy who was on our race team and who also has arthrogryposis. They have made an amazing difference in his comfort and performance as well.

Based on those two outcomes, we decided to replace some of our old rental boots with a fleet of new Full Tilts. Less than 20 days into the season, having the Full Tilts available for our students with disabilities has paid tremendous dividends for those with foot, ankle, and lower leg problems.

One such student is 14-year-old Caroline. Caroline is able to walk and wears AFOs to stabilize her gait, but she could not wear conventional ski boots. Because of that, she has been relegated to the bi-ski on previous trips to our program. All that changed over Christmas week. Her Mom and Dad told us about their visit in a brief letter.

“It started with Caroline being fitted with boots. Caroline is non-verbal and has a neurological disorder known as Partial Agenesis of the Corpus Callosum but ex-

presses herself in ways we all know. We arrived on the evening before Caroline’s lesson, so we could try the new Full Tilt boots to see if Caroline would be comfortable in them. She tried them on and walked around the room without complaining. That was the beginning of the Magic Boots for Caroline and an opportunity to ski!

In the morning, Caroline went to the beginner’s slope with the magic carpet. With the help of her instructors Caroline was on her way to skiing standing up with assistance! Although she complained a little because it was hard work, she enjoyed her freedom and trying something new. In the afternoon, Caroline graduated to a harder slope – again, hard work, but she was able to use the chair lift which gave her the time to rest in between her runs down the hill. We had a chair with us in the event she needed a break. On one run the instructors brought her over to us for a break and Caroline fell asleep for a few minutes- a power nap. She then proceeded to ski several more times down the hill.

It was a wonderful day for all of us to see Caroline ski and enjoy the time. She promptly fell asleep in the car for the ride home. We look forward to participating in the adaptive ski program as much as possible this year and in the years to come. Caroline is now able to ski standing up with the assistance of her Magic Boots!”

If your adaptive program is looking for the perfect boot for your students who have trouble using conventional ski boots, check out Full Tilt boots at <http://www.en-us.fulltiltboots.com/ski-boots>. ‹‹

## Am I Teaching or Learning?

By Kathy Chandler  
PSIA-E Adaptive Examiner  
Eastern Adaptive Advisor

Each year as I prepare for the new ski season, I am thinking of my personal goals for the year. I try to keep them simple, and

S.M.A.R.T. (specific, measurable, actionable, relevant and time-bound). Having a strong connection with PSIA often helps drive my thinking in that direction. Over the last few years I have seen a move towards improving our teaching methods which I think is so important. We ARE instructors and need to be good at conveying our message to others. At our school, that has been a focus in training and we are teaching our staff not only to be better skiers, but to become better teachers. It is not OK to do a “follow me” or a watch me and do it as I am doing it. No longer am I OK with my instructors seemingly just skiing with their students. I am asking them about what they are working on and if they are giving their students any feedback to improve. What tasks are they doing to help their students accomplish their goal. Did they get there? If not, what more can they do? With some of our seasonal students, those goals may be longer term, but always there. As an instructor, and many times with other instructors, I am working to figure out HOW I am going to get this person to do the task. In the adaptive discipline, working with people with physical and/or intellectual challenges adds another element to the puzzle. How do we teach a person to teach, to motivate their students and get them excited about learning more?

In this process I am teaching others, but I am learning and growing myself. The best lessons are those where I have excited someone into wanting more. And how did that happen? What did I learn from that? How do I teach a person who may have little experience in working with children with special needs, how to motivate a screaming, unhappy, intellectually challenged student? We want that student to come back. We want the parents of that student to be excited about their child’s experience, not horrified that their child is screaming and seemingly unhappy. How do I teach someone to turn that into a positive experience for them all? That’s our challenge. The answers are not clear, nor are they the same for everyone.

Even with all of my years of working with adaptive instructors and students, I cannot give any quick easy answers, but I continue to learn from each experience. With each lesson I teach or clinic I run for instructors, I am striving for success; that success is relative to the student or group I am working with. I am becoming better at my job by figuring out the HOW for the student or group I am working with. HOW will I get my point across? HOW will this person understand and feel the success? I challenge you to work on your HOW. We will all become better instructors by continuing to learn while we are teaching. ‹‹

### Snow Sports Director



Established Pennsylvania ski resort is seeking snow sports director. The ideal candidate should be well organized, with a strong ski school background and be an innovative team member. PSIA Level

II or better. Position is 5-6 months with summers open for the ideal candidate. Good salary and employee benefits.

Please send resume to the attention of:

General Manager  
c/o Elk Mountain Ski Resort, Inc.  
344 Elk Mountain Road  
Union Dale, PA 18470

or

email to: [elkskier@nep.net](mailto:elkskier@nep.net)

## snowsports school management

### Calling all Snowsports School Directors, Managers and Trainers!

### Come participate in the “Culture of Change & Support” at the SSM Seminar

By Gail Setlock

Snowsports School Management Committee Chair

**W**e are very excited for this year's Snowsports School Management Seminar! The topics being offered are a collection of ideas from our SSMS Committee members, Eastern Office Staff, and our National CEO, Nick Herrin. We believe the variety of sessions, both indoors and outdoors, will be inspiring for all attendees, giving you lots of information to take back home to your Snow Sports Schools.



**NICK HERRIN**  
PSIA-AASI CEO

This fall, PSIA-AASI's new **Teaching Snow-**

**sports Manual** is available as a resource that brings to life the **Learning Connection** of people skills, teaching skills, and technical skills; it's all about what we do as Snowsports Professionals. We are excited to bring the **Learning Connection** theme to our Management Seminar, with each session tying the People skills and the Learning Connection into the presentations, following our mission of “creating lifelong adventures through education” into our lessons, clinics, and events.

The Keynote address, “**The Culture of Change and Support - Resources & Programing for our Member Schools**” will be presented by PSIA-AASI CEO, Nick Herrin. You will learn about PSIA-AASI's new 2018-19 programs that will help your team's ability to influence customer retention and talent retention for your resort, and how these resources will help impact and grow your winter recreation business. For example, there is the long awaited **PSIA-AASI Teaching Snowsports** manual for all disciplines, as well as new **e-learning courses** that will help your instructor team develop beginner zone lessons for both alpine and snowboard. Do not miss this opportunity to check out the new education resources being launched this season, as well as new teaching concepts that will define the future of snowsports instruction.

In addition to the Keynote Address, be sure to catch the **Town Hall Meeting** on Tuesday, right after the conclusion of the indoor and outdoor educational sessions. Join PSIA-AASI CEO, **Nick Herrin**, and Eastern Division Executive Director, **Michael Mendrick**, to learn about an exciting new **National-Eastern Member School Program** that features new tools and benefits such as exclusive digital access to educational materials and a selection of rewards options to benefit your school and staff members. Also, hear from Eastern Division Director of Education, **Don Haringa**, about the dynamic new two-day **First Chair: Intro to PSIA-AASI** event, designed to educate, inform, and inspire your new staffers. This event will provide an awesome orientation to the rewards of snowsports instruction and PSIA-AASI membership!

On behalf of the Snowsports School Management Committee, we look forward to seeing you and your team at this year's seminar.

#### Snowsports School Management Committee Members:

Gail Setlock	Committee Chair
John Pawlak	Region 1
Russ Kauff	Region 2
Steven Positano	Region 3
Andrew Davis	Region 4
Mark Vivian	Region 5
John Shepard	Region 6
Joe Darmofalski	Region 7
Joan Heaton	Area Rep Coordinator
Stephen Howie	At Large
Robert Gallo	At Large
Stephen Martin	At Large
Don Haringa	Ex officio
Melissa Skinner	Ex officio
Ross Boisvert	Ex officio ☐☐

### Area Rep Program Recognizes Long-Serving Volunteers

By Joan Heaton

Area Rep Coordinator

**W**ith the start of our RECOGNITION PROGRAM last season, 29 long-serving Area Reps were honored at the Snowsports School Management Seminar or the Snow Pro Jam with certificates acknowledging their many years of service to the PSIA-AASI Eastern Division Area Rep Program. Reps serving 19 years from the inception of the program to those serving 10 years were honored last season. As we continue to recognize those Area Reps with 10 years of service, it is Erik Bergman from Attitash Mountain in New Hampshire who claims the sole certificate this season.

Since 1998-99, the original intent of the program was to serve *as a line of communication*; yet the Area Reps today have assumed many more strategic and contributing responsibilities. They provide help to the association's promotions, serve as sources of information for Regional Directors and Representatives, and, generally, offer their network of helpful and resourceful members to help make our association the best that it can be.

Congratulations and thank you for your dedication and service as a PSIA-AASI Eastern Division Area Rep!

10 years

Erik Bergman – Attitash, NH ☐☐



## 2018-2019 Eastern Division Pro Shop / Bookstore

Materials available for members from: **PSIA-AASI Eastern Division**, 1-A Lincoln Ave, Albany, NY, 12205-4907  
Orders can be faxed or mailed. E-mail: [psia-e@psia-e.org](mailto:psia-e@psia-e.org) Fax: (518) 452-6099 No phone orders, please.



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Please enclose check or money order payable to PSIA-E/AASI, or	Name _____
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	E-mail _____
Signature _____	Member Number _____ Day phone _____

<b>MANUALS AND VIDEOS (ALL PRICES AND AVAILABILITY SUBJECT TO CHANGE)</b>			PRICE	QTY	TOTAL
109	Teaching Snowsports Manual - <i>For all disciplines</i>	<i>* New in 2018-2019 *</i>	\$34.95		
109/1024	Teaching Snowsports Manual - with Electronic Version (Bundle)	<i>* New in 2018-2019 *</i>	39.95		
126	Core Concepts Manual - <i>For all disciplines</i>	<i>* Limited Inventory *</i>	14.95		
152	Park & Pipe Instructor's Guide		19.95		
18457	American Snow	<i>* Limited Inventory *</i>	24.95		
	Exam Guides ( <b>please circle choice</b> ) - Alpine - AASI - Nordic D/H - Nordic T/S - Adaptive		5.00		
<b>ALPINE</b>					
124	Alpine Technical Manual		34.95		
134/154	Alpine Technical Manual - with Electronic Version (Bundle)		39.95		
120	Adult Alpine Teaching Handbook, 2 <sup>nd</sup> Edition		24.95		
120/150	Adult Alpine Teaching Handbook, 2 <sup>nd</sup> Edition - with Electronic Version (Bundle)		29.95		
149	Tactics for All-Mountain Skiing		19.50		
174	Movement Analysis Pocket Guide, 2 <sup>nd</sup> Edition (Cues to Effective/Ineffective Skiing)		5.00		
17208	Alpine Cues to Effective/Ineffective Teaching		5.00		
328	PSIA-E Alpine Standards (Movement Analysis) 2010 DVD		5.00		
<b>FREESTYLE</b>					
102	Freestyle Technical Manual	<i>* New in 2016-2017 *</i>	34.95		
102/115	Freestyle Technical Manual - with Electronic Version (Bundle)	<i>* New in 2016-2017 *</i>	39.95		
<b>AASI / SNOWBOARD</b>					
128	Snowboard Technical Manual		34.95		
128/158	Snowboard Technical Manual - with Electronic Version (Bundle)		39.95		
121	Snowboard Teaching Handbook, 2 <sup>nd</sup> Edition		24.95		
121/151	Snowboard Teaching Handbook, 2 <sup>nd</sup> Edition - with Electronic Version (Bundle)		29.95		
<b>NORDIC</b>					
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127/157	Telemark Technical Manual - with Electronic Version (Bundle)		39.95		
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QC	The Quick Check Pocket Guide: Managing Behavior for Success on the Slopes		5.00		
<b>CHILDREN'S/KIDS</b>					
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## 2018-2019 PSIA-E/AASI - MEMBERSHIP APPLICATION

Mail or fax to: PSIA-E/AASI, 1-A Lincoln Ave, Albany, NY 12205-4907

Fax# (518) 452-6099

Call (518) 452-6095 for information only. Applications cannot be accepted via phone.

***This application is valid between July 1, 2018 and June 30, 2019, only.***



Rev. 10/24/2018-C

As a Registered Member of PSIA/AASI - Eastern Division, you will become a member of PSIA-AASI, the largest organization of professional snowsports instructors in America. PSIA and AASI operate under the umbrella of American Snowsports Education Association (ASEA). You will receive welcome information via e-mail and mail, including an introduction to the association, an explanation of your benefits as a member, and you will have immediate access to the national website, [www.thesnowpros.org](http://www.thesnowpros.org) and the division website, [www.psia-e.org](http://www.psia-e.org).

**Please print clearly and fill out ALL requested information. This application must include payment and must be received BEFORE or at THE SAME TIME as registering for an event to ensure the member event price.**

**Have you included an event application (ex.: Level I Exam) with this application?**  Yes  No

The Eastern Division of PSIA-AASI is divided into seven geographic regions (listed below). As a new member, you may choose to be affiliated with one region – the one in which you work as a snowsports instructor or the one in which you live. This affiliation is for regional mailing and voting purposes. You should affiliate with the region in which you are most active as a snowsports instructor. Please check the appropriate region below. If you do not choose, the region in which you live will be assigned as your designated regional affiliation by PSIA-E Bylaws, Section 10.8. You must then notify the division office in writing, if you choose to change your affiliation.

- 1 – ME, NH   
  2 – VT   
  3 – MA, CT, RI   
  4 – PA, NJ  
 5 – Western NY   
  6 – Eastern NY   
  7 – DE, MD, VA, WV, NC, SC, GA, FL, DC

YOUR DATE  
OF BIRTH: \_\_\_\_/\_\_\_\_/\_\_\_\_

Please circle one:  
Male / Female

NAME: \_\_\_\_\_  
Last First Middle Initial Nickname (for your name tag, if different)

MAILING ADDRESS: \_\_\_\_\_  
Street/Box City State Zip

HOME PHONE: (\_\_\_\_) \_\_\_\_\_ WORK PHONE: (\_\_\_\_) \_\_\_\_\_

E-MAIL: \_\_\_\_\_ CELL PHONE: (\_\_\_\_) \_\_\_\_\_

SNOWSPORTS SCHOOL NAME \_\_\_\_\_ FULL TIME / PART TIME / OTHER

Please check all that apply - areas of interest:

- Alpine   
  Snowboard   
  Adaptive   
  Telemark   
  Cross Country   
  Children's   
  Freestyle   
  Adapt. Snowboard

- TOTAL NATIONAL & DIVISION DUES AMOUNT INCLUDED, AGE 15-23: \$ 109.00  
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 TOTAL NATIONAL & DIVISION DUES AMOUNT INCLUDED, AGE 75&up: \$ 119.00

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### PLEASE READ AND SIGN THE FOLLOWING MEMBERSHIP AGREEMENT:

#### I AM AWARE THAT:

- ✓ THE CURRENT MEMBERSHIP YEAR RUNS FROM JULY 1, 2018 TO JUNE 30, 2019.
- ✓ PSIA-AASI MEMBERSHIP DUES ARE RENEWABLE ANNUALLY AND ARE **NON-REFUNDABLE**.
- ✓ IF I AM REGISTERING TO ATTEND AN EVENT, I NEED TO SUBMIT THIS MEMBERSHIP APPLICATION AND EVENT APPLICATION BY THE DEADLINE DATE.
- ✓ AS A MEMBER OF PSIA-AASI EASTERN DIVISION, I AGREE TO BE BOUND BY ALL EASTERN DIVISION BYLAWS, POLICIES AND EDUCATIONAL REQUIREMENTS. CONTINUING EDUCATION UPDATES ARE REQUIRED FOR ALL ACTIVE CERTIFIED MEMBERS. PLEASE SEE [WWW.PSIA-E.ORG/UPDATES](http://WWW.PSIA-E.ORG/UPDATES) FOR DETAILS.

APPLICANT'S  
SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

PSIA-AASI brand promotion builds public awareness, resort recognition and membership pride!

Check out the NEW Eastern Division "Kids' Kube" app developed by the PSIA-AASI Eastern Childrens' Education Committee - now available in the iTunes Store, Google Play and the Windows Phone Store!

**KIDS' KUBE** Kids' Kube

Kids' Kube is the app that will help guide the way to providing an effective activity or game, specifically geared toward your students.

Download on the **App Store** | **Google play** | Download from **Windows Phone Store**

**Easy Install**  
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Kids' Kube

About the Kids' Kube

Select Age

ACE Team

To check out the app, go to: [www.psia-e.org/kidskubee](http://www.psia-e.org/kidskubee) or scan the code.

## kids, kids, kids

### Children's Academy 2018: "Catch me if you can!"

By Tina Buckley  
Children's Committee Chair  
ACE Team Member

**A**ve you ever spent four weeks with a group of teenagers from four different nations?! This summer I had the opportunity to chaperone a camp trip to Germany, meeting up with German, Spanish and Russian kids, ages 12 – 16. It was a very eye opening experience for me. "Catch me if you can!" was the unwritten daily motto, both for the chaperones and the campers; and not because we always had to physically chase each other.

Disguised as little adults, the kids at this age present a totally different challenge than their younger counterparts to us guardians and coaches. We discovered language barriers, which were at times unrelated to the different mother-tongues and had the effect of enhancing our "U18" dictionary. We observed and dealt with the occasional unexpected roller coaster of emotions, both in male and female campers. While adult-like in looks and size, the inner teenager psyche is not always strong, especially when it comes to interacting with others.

This experience made it clear to me that especially in children, a fear or insecurity can be behind his or her disruptive or disinterested behavior. By bringing your group "on board" with a positive and captivating approach to the teaching day, they may just forget all about their inner fears and become engrossed in the sports adventure you are embarking on together! In the end, chaperones and campers together, we all worked out the kinks and created a memory of a lifetime for each participant.

So catch us (if you can) and join the ACE Team at this year's Eastern Division Children's Academy at Stratton, Vermont on December 17-19, 2018. Our theme is "Catch me if you can!" This is your challenge and your chance to learn and share ways to deal with the ever-changing world of children. Join us!

#### Mark your calendars: Children's Academy 2018

Theme: "Catch me if you can!"  
Where: Stratton Mountain Resort  
When: 3 Day – December 17 – 19, 2018  
2 Day – December 17 – 18, 2018

You can also get the season off to a great start and sign up for the combined Level 1 /CS1 exams for both alpine and snowboard at the Children's Academy.

What else: L1/CS1 – December 17 – 19, 2018

Lodging: Black Bear Lodge

Single \$89; Double \$89; Triple \$114, Quad \$139

Call 1-800-STRATTON and Mention PSIA Children's Academy 2018 ☞



### Kitchen Observations: Food for Thought

By Sue Kramer  
PSIA-E Examiner and Eastern ACE Team Coach  
USSS Clinician  
National Children's Task Force Member

**I** was curious about something. I had just completed reviewing the new CS1 workbook, in which there are several questions referring to a young child's ability (or lack thereof) to separate the legs from the torso while skiing. Often I've heard instructors say of young kids, "Well they can't separate their upper body from their lower body because they're young. And that's why they move their bodies as a single unit." Physical development theory in children teaches us that our bodies develop from the core to the limbs, that fine motor skills come after the development of gross motor skills and moving 2 halves in opposite directions comes after moving one side or both sides in the same direction. Got it.

So one evening, when my 6 year- old (step) granddaughter and her dad were at our house for dinner, I asked her for a favor. "Maddy, can you do me a quick favor?" She will soon come to realize that Grandma Sue Sue's "favors" are a little strange. "Can you turn your legs this way but not move your hips or belly button?" And she did it with ease. Her step-sister Isla, who is one year older, also did it with ease. "Can we go now?" Isla asked. Maddy wanted to know why I was asking. I told her it was for a ski-thing. That was enough to satisfy her curiosity and she left the room.

Why am I sharing this brief moment with the membership? Because I'm not satisfied with the simple explanation that "kids can't separate their lower body from their upper body." Clearly, they can. BUT the devil is in the details, as always: There are major environmental differences between the kitchen and the beginner hill. There are also major differences in range of motion between stocking feet and plastic ski boots. Specifically, there's gravity, the swing weight of skis, ski length, terrain, the slippery surface, stiff boots, as mentioned, and more. All of these factors change the balance point on skis. Too often we see kids who by all accounts are physically coordinated but as soon as the skis are on, they look like Bambi on ice. Where am I going with this?

The most obvious observation when teaching kids in this age range (5-7 years old), may be that they move their whole body as unit (whole body rotation) to make the turn happen. But is this the primary fundamental weakness? Perhaps not. In my estimation, due to a number of factors, as mentioned above, it's more likely that the inability to turn the legs more than the torso in this age group is due to the center of mass not being over the center point of the skis (Alpine Fundamentals: "Control the relationship of the Center of Mass to the base of support to direct pressure along the length of the skis"). Think about it. Countless soccer-playing children across the world can turn their legs separate from their upper body. Maddy and Isla demonstrated they too have the ability to turn their legs separate from their upper body and I'm guessing that many other kids their age can do the same in the same environment (flat, non-slippery surface, free range of motion in the ankle joint etc.). Moral of the story? Next time your first observation brings you to work on leg steering, focus lesson activities on improving fore-aft balance and where pressure is directed on the skis. Give it a try and let me know what you think.

Thanks for reading.

Sue Kramer ☞

## Teenage Years: The Good, the Bad and the Ugly of Helping Shape a Free Thinking Young Adult

By Gary "Griz" Caudle  
ACE Team Member

**W**e have all been there. Some of us even raised one or two. How did we do it? The short answer is, "It wasn't easy!"

In *The Hurried Child* by David Elkind, he writes, "Our contemporary conception of Superkid, competent to deal with all vicissitudes, must be seen as a social invention to alleviate parental anxiety." When we became parents we believed, at first, that the newborn child, if it didn't kill us would make us stronger. Through many sleepless nights and worrisome times we make it, then on to the toddler stage, continuing on through the pre-school and grade school stages. Everything is going smoothly until something happens around the age of twelve or thirteen. A young person with lofty ideals comes home for dinner; "See Me If You Can." The free thinking teen has arrived, and it's really what we've planned on all along. And it's different for boys and girls. (More on this in *Developmental Psychology* 201.)

If you survived junior high, and I assume most of you did, then you know what I'm talking about. Kids can be downright cruel to one another. It's not in the water. It's in the emotional and psychological development of each child. In today's world, what impacts the young adult on a minute by minute basis certainly has profound effects on how that person will respond and interact with their friends and family. Internet technology plays a huge role in their daily interactions. Tablets and iPhones can create wonderful moments or create chaos in a matter of seconds. The teen is overwhelmed with a constant onslaught of information; some good, some bad, some ugly.



And if this is not enough, there is the concept of risky behavior that comes into play as the teen wishes to achieve, impress, or just plain live his or her life in their own way. It is not unusual for a young person to be drawn to a pursuit considered reckless or risky by their elders. It is almost a rite of passage. Dangerous behavior has a certain allure. There was a text when I was in college many years ago by Paul Goodman entitled, *Growing Up Absurd*. Perhaps that is what it's all about anyway. It becomes absurd when one thinks of the trials and tribulations of getting to adulthood safely.

What does this all have to do with snowsports? The Children's Academy this year will focus on the forgotten teenager. Forgotten because we often think of them as adults. Nothing is further from the truth. David Elkind has written extensively on the subject of teens and published books such as *The Hurried Child* and *All Grown Up and No Place to Go*. Both of these should be on your reading lists if you work with teens at your mountain.

"Catch Me If You Can", the theme of this year's Children's Academy, will delve into the understanding of how to create meaningful lessons for this age group. How social interactions become a significant part of the group that lives by the concept of the 'imaginary audience'. How creating safe, fun-filled lessons may allow for the 'risky' behaviors that excite so many young people today, yet build the skills necessary for advancing in our sport. And perhaps most importantly, how continued education in our sport will build our personal repertoires necessary for us to be better instructors.

No it isn't easy being a teen, or raising a teen; and growing up might be absurd. But it's a lot of fun if you understand it a little better. <<

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## xx-ploring

### Backcountry Hut Trip Event

By Matt Charles

PSIA-E Telemark Examiner

The best book about backcountry skiing in the Adirondacks has no words. It is simply a collection of aerial photographs of various slides around the mountains called, "The Adirondack Slide Guide." It contains no instructions on how to access any of the slides, no trail notes, no parking recommendations. When asked why he didn't produce a book with directions, the author, Drew Haas (who works at a local outfitter called *The Mountaineer*), said: "It takes away the adventure."

With that spirit in mind, the Eastern Telemark Education staff would like to announce the first Backcountry Hut Trip Event organized by the PSIA Eastern Division. On Monday, March 4, 2019 we will hike into Camp Peggy O'Brien in the High Peaks Region. We'll attempt to ski (or splitboard) as much as we can as we can over the next two days, returning from the woods on Tuesday, March 5. Will we ski the slides of Lower and Upper Wolfjaw, including the famous Bennie's Brook Slide? Will we make it to the slides of Saddleback Mountain? Or will we stick to the low angle stuff, playing around in the snow and returning to the lodge for camp food and a warm fire? All I can say is: "We don't know!" and "It will be an adventure!"



**MATT CHARLES SKIS THE BENNIE'S BROOK SLIDE ON A WARM SPRING DAY**

Logistically, this will be unlike any other PSIA-E event. There is the possibility of avalanche danger, so participants may need to bring their own avalanche gear (or secure rental gear). There is the possibility of ice, so participants need to be comfortable on hard snow in difficult terrain. This cabin is not stocked with food, so some of us may

be required to bring a heavy pack into the woods. We'll be sleeping in close quarters, so participants must be okay in a "bunkroom" setup with the distinct possibility of snoring. And of course, there is no plumbing at the cabin, so participants will need to be okay using an outhouse. If you feel like you are still up for this adventure, there are only 12 beds available in the cabin and THE BEDS WILL FILL UP QUICKLY.

If you do make it into the event, you will be accompanied by our world class Telemark Education Staff, including our Backcountry Accreditation Leader, Bruce Hennessey. Bruce has skied backcountry in the east and in the west, and his knowledge about the mountain environment will be greatly appreciated. Also, I, will be there. I bring a can-do attitude and the ability to carry lots of liquid refreshments to a cabin.

This event will go, no matter the weather. The last few years have been difficult for the Adirondacks, as their Backcountry Festival has been cancelled in 2016, 2017 and 2018. We're hoping that 2019 brings a ton of snow, and favorable backcountry conditions. But even if it isn't, the picture accompanying this article shows me skiing the Bennie's Brook Slide on a warm spring day, the sound of melting ice beneath me, and nothing but wilderness in front of me.

That's the kind of adventure the Adirondacks can deliver. Join us. Check out the Eastern Division event schedule at <https://www.psia-e.org/ev/schedule/> and look for Event #615 – Overnight BC Tour. ☞

### Nordic Update and Season Preview

By Mickey Stone  
PSIA-E Examiner  
Nordic Coordinator

This season, we have a total of 23 Telemark, 10 Cross Country and 5 Backcountry events. As part of the recommendations from the Elevate Eastern Task Force discussed elsewhere in this issue, I have paired down the number of events in both the Telemark and Cross Country (X-C) disciplines, but we have geographically covered our bases. Telemark events will be held as far South as West Virginia and go as far west as Hol-

iday Valley and north to Sunday River. There are intro, Level I, skiing and teaching improvement clinics, as well as race and our ever-popular off-piste/sidecountry and tree events. Cross Country has two early season events before Christmas that were scheduled at the request of each of the venues. This ensures there will be enough members to hold the event since it is for the two requesting areas specifically. Our Ladies only event (no,

guys cannot attend) will be at Bromley this season and our off-piste adventures will be at Smuggler's Notch, Whiteface, Cannon and Sunday River -- definitely try to get to one of these. Cross Country will have key clinics at Trapp's Family Lodge in VT, Jackson, NH and Bethel, ME; as well as lite backcountry in Garnet Hill, NY. For all disciplines, we will have our popular Norwegian Party and Spring Fling at Stowe. Plan to join us for some awesome off-piste skiing. Our comprehensive Backcountry Accreditation is still on the schedule. Feel free to take the clinics out of order if that fits your season's scheduling. We also have an overnight at Camp Peggy O'Brien in the Adirondacks.



**SNOW PIT ANALYSIS**

Education staff training for the Telemark discipline this year will be at Killington. We will be utilizing the new Tele Fundamentals and updated National Standards in each of our events this season as well as a more in-depth template for conditions, types of turns and ability levels. All of this shows the influence of the athletic youth movement and their style. Education staff training for the Cross Country discipline will be at Trapp's Family Lodge. We will also be using the X-C Fundamentals and updated National Standards in each of our Cross Country events as well. Education Staff Training for both of the Nordic disciplines is slated for the first week in January after the holidays.



**MT MANSFIELD AND SMUGGLER'S NOTCH**

I will be attending the Fall Director's conference in Colorado in the beginning of November. The gathering includes representatives and discipline coordinators from each division. On the Nordic slate, we will be reviewing Level II and III test questions, updating National Standards, reviewing

the Level I, II and III Cross Country and Telemark workbooks and creating a more descriptive template to go along with the fundamentals. We also will be finishing the exam objectives.

April 11-22, 2019 could possibly mark the last trip to Norway with Randy French and Mickey Stone. The trip will include a visit to Oslo and hut-to-hut skiing in the Trekanten Wilderness area loop. We are looking for about six more people to fill this trip. It truly is an epic skiing experience, with great views of valleys and peaks, one downhill day at Oppdal, six days of hut-to-hut skiing and sightseeing in Oslo. Please contact Mickey Stone ASAP. Click on this link in the PDF or type it into your browser for the itinerary: <https://docs.google.com/document/d/1uOL2bFqxdwzwe-GiTJH5SMZNt01zWUgyTiQO0f5vpYc/edit>

### Kikkan Randall Diagnosed with Cancer

As reported on NBCSports.com, Kikkan Randall, who helped the U.S. to its first Olympic Cross Country skiing title in PyeongChang, was recently diagnosed with breast cancer.

“The color pink has taken on a new chapter in my life as I was recently diagnosed with breast cancer,” was posted on Randall’s social media and confirmed by U.S. Ski and Snowboard. “Although we caught it early and the prognosis is good, my life will change quite a bit in the coming months. I have returned to Anchorage for treatment at @providencealaska Cancer Center. It’s a scary thing to learn you have cancer and I have wondered every day since how this could have possibly happened to me. But I have promised myself that I will remain positive and active and determined throughout my treatment. I am going to bring as much tenacity, strength, and energy toward this challenge as I have throughout my entire career.

I began my first round of chemo . . . surrounded by great friends and family. I made to sure get a gym workout in beforehand, rode my bike to and from the hospital, and wore my happy shoes.”

**Congratulations to the Trapp Family Lodge** in Stowe, VT which celebrated its 50th anniversary in 2018! The family that inspired “The Sound of Music” hosted special events in January at the lodge, on the trails and in the Bierhall to commemorate the occasion. On Jan 21 there was a low key, warm hearted tribute along the Trapp Family Lodge trails, where the Owl’s Howl Trail was renamed Yerrick’s Yodel as a dedication to Charlie Yerrick, who managed the resort’s outdoor center operation for 37 years. Attending the trailside ceremony and joining Charlie were members of the von Trapp family including Johannes and his children Sam and Christina, original resort manager Per Sorlie from Norway, some local Stowe folks, and ski industry representatives from product suppliers, the International Skiing History Association, and XCSkiResorts.com.



**NORDIC HUT TO HUT RACE IN NORWAY**

Check out the 10Best.com Cross Country Ski Resort 2017 Readers’ Choice awards, which are as follows:

1. White Grass Ski Touring Center - Davis, WV
2. Tahoe Donner Cross Country Center - Truckee, CA
3. Devil’s Thumb Ranch- Tabernash, CO
4. Mont-Sainte-Anne Nordic Centre - Beaupre, QC
5. Latigo Ranch - Kremmling, CO
6. Sovereign Lake Nordic Centre - Vernon, BC
7. Lone Mountain Ranch - Big Sky, MT
8. Silver Star Mountain Resort - Vernon, BC
9. Jackson Ski Touring Center - Jackson, NH
10. Methow Trails - Winthrop, WA

Thank you to xcskiresorts.com and Roger Lohr for the above information. Enjoy the start of the season. Prepare mentally and physically for your long season and remember to put FUN into each and every lesson. ☞

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## your turn

### It Isn't Falling; It's Learning Not to Fall

By John Santelli, PhD.

*Alpine Level I*

*Campgaw Mountain, Mahwah, NJ*

**A**s the next ski season approaches, I reflect on the satisfactions and challenges of developing our students' snowsports skills. Our area is small and nestled in a dense suburban community where we attract many beginners of virtually all ages: from just being able to stand (for whom we have special programs) to being happy to be able to stand. As a retired university psychology professor with a degree in biological psychology, I have been called upon to do lessons across the spectrum of maturity. Over the years, (I've been PSIA certified for the last 22 of my 76 years), I've begun to literally feel the differences in teaching people at the early and later stages of maturation: Notwithstanding a few children who are "negative outliers" in agility and are barely able to remain upright at all, most kids are remarkable in how quickly they can become skillful. This, of course, is one of the satisfactions of teaching children that compensates for the reminders that my body isn't 20 anymore.

Why is it that so many kids learn so quickly and well, thus partially sparing my bones? Recent neuropsychological research has found that the 'young' brain is more able to change its connections as a function of new experiences. Not only does this mean making new connections between neurons, but also "pruning," (disconnecting by removing) existing interneurons, leaving the adult brain with half the number of remaining connections.

These changes take place as a result of experience: Adults may develop skills better than kids through transfer of past training (think of the adult beginner able to stay balanced, forward, ankle 'closed,' because of skill in other sports that share these requirements) and also by having better impulse control and ability to plan action and anticipate consequences. Children, in contrast, have the great advantage of their willingness and zeal in experimenting, exploring and just goofing around a lot -- while being conveniently a lot closer to the ground.

The brain evolved to predict consequences and manage our intentions by eliminating connections that lead to error while keeping and strengthening connections that create perceptions and guide

actions. It does this by trial and error: What did I just attempt and was its outcome good or bad? On a grand scale this has led to computers, quantum theory and discovering black holes. On our more humble level, children love to experiment with different ways of moving, searching for the best one. Not having many motor patterns laid down, kids' behavior is much more variable, leading to the exploration of many movement options and selecting the best ones to encode in neural connections while pruning the ones that lead to a fall -- often eliminating whole classes of inefficient movement and posture. Further aiding this process is the willingness of children to engage in massive amounts of movement experimentation and practice: Adolph, et al. (2012), in a controlled observational setting, found that kids learning to walk may take an average of 2368 steps and fall more than 17 times per hour, over a six-hour day, yielding 100 falls over the length of 46 football fields. Although the kids attempted to walk in short bursts, their distributed persistence led to rapid gains. "Natural locomotion improved dramatically: Infants took more steps, traveled farther distances and fell less." So, to be sure, use verbal commands, demonstrations, progression exercises, and instructor or peer modeling -- we have all our professional training for these -- but commanding a kid to "make a pizza," however loudly, does not accomplish much compared to just letting them, safely, have fun, fall, get up and learn through guided discovery!

As the brain matures it has a growing collection of neural patterns that organize the world and account for judgment and skills. Along with this, pruning is largely replaced by making new connections that alter existing patterns or create new ones. Nevertheless, these changes still take place as a function of experimenting and responding to success and failure. The instructor's task for the older student thus remains the same: Create tasks and challenges that encourage experimentation but retain an optimal level of anxiety regarding outcome so that success or failure can lead to brain change.

To accomplish this change, learning not to fall becomes progressively virtual; the older beginner has transferable skills, and we can always minimize falling by skiing backward holding their extended hands or holding and guiding their ski tips, while having them maintain a balanced stance. But doing things that minimize experimentation and the 'good stress' (eustress) which fosters challenge-that-is-met, and at its peak leads to 'flow,' also minimizes learning itself. I would offer, then, that selecting terrain and conditions within the student's comfort zone is more important. The innate tendency to move the Center of Mass back when alarmed by

gathering downhill speed needs to be countered by the 'learned safety' resulting from almost, but not really, falling (virtually falling). The thrill of learning how to stop or to turn across the hill the first time reinforces the learning process! Eustress is what makes snowsports fun and progress addicting. Making new connections that build and modify those that have already been laid down is accomplished by the same experimenting and having fun that kids use and is accompanied by the same eagerness to pursue it for hours not to mention lifetimes!

The reader has probably imagined that, at my age, I do a lot more teaching at the young-to-old adult level. Nevertheless, whether it be physically or virtually, I am arguing that experimenting and falling capitalizes on the way the brain develops and learns. For example, on terrain that is appropriate to a student's level, one can let the mountain do some teaching. Showing how leaning into the hill often leads to a fall, can lead to an increased likelihood that a balanced stance will be attempted! ❄️

### Nutrition Tidbit: Hydration and Warmth

By Matthew S. Heller, MA, RDI

*PSIA-E Development Team*

*Consulting Dietitian*

**I**t is well known that hydration plays a key role in flexibility and performance. However, keeping robust blood volume through hydration also helps transport warm blood from our core to our extremities. Keeping those fingers and toes warm is a key part of any instructor's day. Do this by drinking plenty of room temperature or warm liquids, moderating vasoconstrictors like caffeine and monitoring your urine color. Lighter colored urine indicates good hydration. Lastly, if you are a numbskull like me, you may overhydrate and need to interrupt your lesson for a bathroom break. Find that happy medium and everyone wins! ❄️

### The Call of Adventure to the Backcountry

By Dave (UPS) Brown

**F**or many guests it is the allure of a winter adventure that draws them to the ski resort. And how easy it is to forget just how unknown and exciting the resort can be when you are on your hundredth lap of the season - speeding past clone after clone of the same snowmaking tower. If you want to rekindle an adventurous excitement or if you just find the glades and woods

of the resort to be the most enjoyable areas, then I think you absolutely must try backcountry skiing or snowboarding.

It was precisely the desire to chase the call of adventure that motivated me to sign up for the Snow Sense and Planning course in early February 2017 – the middle segment of PSIA-E's backcountry accreditation series. Now I was familiar with the treeless backcountry steeps of Tuckerman Ravine (NH), but I had never before ascended a trail covered in deep snow. And the snow was deep near Bolton Valley (VT) that day – a prior and ill prepared traveler had kindly generated evidence at the trailhead by creating post holes deep enough to swallow half a body with no sign of dirt or debris. A later stop where we dug a snow test pit, revealed more than fifty inches of snow and ice of varying degrees of hardness. Yet it was the soft top five inches of powder, still mostly undisturbed from a storm earlier in the week, which let this backcountry descent fully capture my interest.

Since then, I have ventured further afield in the East and have explored a large and growing body of managed backcountry ski terrain in New England and New York. This terrain need not test your vertigo like Tuckerman's as you can choose from wide trails cut long ago by the Civilian Conservation Corp to brand new gladed areas like the Crescent Ridge Glades in Randolph, NH cut by the Granite Backcountry Alliance organization. Backcountry terrain in the region ranges from lift-accessible to complete wilderness, but no matter how close the ski patrol or warming hut is at the start of a trip, once you are in the backcountry you must strive to be self-sufficient. Thus, as you would expect, I have found I must carry more gear and need to recall and use more knowledge for a day out of bounds than I would for a day at the resort.

The gear piece can be a financial challenge, but alpine touring rentals are becoming increasingly available in the northern states and could be a good way to try before you buy. If you are unfamiliar with the concept, alpine touring gear allows you to effectively cross-country ski up fairly steep slopes and then reassemble downhill skis (or a snowboard) at the top for the trip back down. Snowboarders are at a slight advantage here when testing the waters as they can get by using snowshoes (Tip from a pro: bring poles!).

The Eastern Division's well curated series of three *weekend* Backcountry Accreditation courses are a stand-out offering. They cover the basics of technique, way finding, and risk evaluation and mitigation - including for avalanches - and are available to mixed disciplines; Alpine skiers, tele skiers, and snowboarders can all take part, provided they have

the right uphill gear. This course series is a great way to start to answer your own call to adventure to explore beyond the groomers and snow guns! «

## Training without Training

By Angelo Ross

PSIA-E Development Team Member  
Technical Director, Hidden Valley  
Snowsports School (PA)

I struggle with training. I want to ski and teach better but life—fake life, like job and house things, and car problems, and helping friends move, and forgot-my-password, and 90-minutes-on-hold, and TRAFFIC—gets in the way of my LIFE LIFE, the me-on-the-ski-hill-on-a-bluebird-spring-bumps-day life. That culminates in what happened last April which is: I'm at Big Sky on Day Six of National Academy thinking 1) How am I going to keep these changes I made here in my brain until I ski again next winter? and 2) Holy cow, my legs are pudding. And it dawned on me: I SHOULD TRAIN. Great. So, what follows is my Hey-I'm-Terrible-at-Training Manifesto. Okay, maybe not a manifesto. How about: *a few examples of how I incorporate ski training holistically into my life in a way that fits my busy schedule, and seems to work for me, and, maybe, will benefit some of you.*

I skied with Jeb Boyd, PSIA-AASI Team Manager, at National Academy. Jeb facilitated changes in my skiing that I want to build upon this season. But remembering the phrasing, the precise nuggets, the sensations that clicked in my brain over a summer, is tough; they fade into obscurity unless periodically goosed back to the memory banks where they belong. Also, I want to be more fit but I'm not a gym rat. I'm easily distracted and busy, and I like a myriad of activities. My summer usually looks like a shotgun pattern of short runs, sporadic bike rides, infrequent hikes, sparse bouldering, a few days at the skatepark, a few days on the river, semi occasional yoga ... you get the picture: I struggle with consistency. So, what I attempt to do—maybe some of you will find this useful—is *integrate sensations from effective skiing*—into my summer routine (or lack thereof).

### A few examples:

At winter's end each year I write myself a note titled 'How to Ski', a handful of ideas, tasks, maybe a diagram, that made an effective change in my skiing. It used to be on paper, kept with my PSIA manuals, and read if accidentally rediscovered under piles of summer rubble; now I type it on my phone. I have

a reminder set to read it every Sunday morning, a summer-long mental goose. I added to it throughout summer as my understanding matured and relevant sensations were reinforced during other activities.

Today I am remodeling my kitchen. As per usual, the kitchen remodel (downstairs) entailed a bathroom remodel (upstairs)—don't ask, please. As I carried, complaining, boxes of tile and buckets of mastic from car, across the backyard, and up the stairs, it occurred to me that last spring I was complaining about the pathetic conditioning of my chicken-legs. So subsequent supply trips, about 1,000,000 up and down the steps today, had new purpose: I slowed my steps, focused on balancing on one leg at a time, made smooth flexion and extension of my legs—like leg presses. Many routine activities, with change in intention, can be modified to build strength (*how* you take the stairs, *how* you carry the laundry) or improve balance (alternate standing on one foot at work throughout the day).

Jeb and Kathy Brennan (Development Team Head Coach) separately identified a quirk in my skiing last season: dropping my right hip through the finishing phase of my turn. Kathy linked a possible cause to how I get a visual on my students during a lesson: I habitually look back at my class over my right shoulder, and in so doing, tip into the hill, bank my turn, square up to my tips, and turn my whole body rather than my legs under my upper body. I wired that movement pattern in to my right turns through years of repetition. During a run last week, I turned to my right to check for cars. As I turned I realized I had steered myself toward the middle of the road (no cars, thankfully). I realized it was the same issue from my ski turns. For the rest of the run I checked for cars by more intentionally turning just my upper body—from my pelvis, up—while continuing on a straight trajectory with my lower body—feet and legs (leg rotation separate from the upper body). Maintaining this focus will help keep the effective sensations fresh.

While biking I focus on “edging” the pedals with my feet and lower legs while changing direction. Switchbacks on mountain bike trails approximate slalom turns, while sweeping road bike turns feel like the progressive edging of GS turns. Edging your feet with pedals level (legs flexed equally) versus having one leg more flexed, mimics skiing on flatter versus steeper terrain. Alternating which foot is forward or which leg is flexed more helps to eliminate sidedness; skiing and pedaling are not side-biased activities.

There is some seriously, steep terrain at Big Sky. A focus at National Academy was *buttering* the top of the turn: progressive and purposeful acquisition

of subtle edge angles approaching the fall line to more effectively distribute extension and flexibility opportunities throughout the turn (as opposed to chucking the carcass at the top of the turn to create super high, early edge angles and slamming on the brakes after the fall line), i.e. *don't rush*. This is a fundamental of good skiing: regulate the magnitude of pressure created through ski/snow interaction. Jeb's description, "a smooth ride", and accompanying tasks resonated with me. When I accomplished the task, and received feedback, I could associate physical sensations with the ski performance; self-coaching opportunity was created. *I know when I'm doing it because I feel it*. The sensations are similar to cornering a bike and carving a skateboard. These involve flexing and extending to manage pressure against the terrain - actively creating a smooth ride. I can recall the skiing mechanics I am trying to retain over the summer whenever I bike or skate.

These are a few examples of low-key ways I "trained without training" this summer. A soft focus during the off-season allows me to maintain performance level—or increase it—without the risk of forgetting something important or burning out. Focusing on common sensations across activities allows me to maintain or build desirable ski circuitry during the summer, i.e. Teaching for Transfer (maybe, more accurately, Learning for Transfer). August 25 is the date I up my level of intensity and begin to prepare in earnest for the coming season (an arbitrary date that works for me). These are a few of the things that work for me. Maybe some of you, through reflection on your routine, will find something that works well for you. See you on the hill soon! ⚡

## The Link Between your Personal Skiing and Eye for Movement Analysis

By Matt Lyerly

Massanutten Four Seasons Resort,  
Virginia

When pursuing Level 2 and Level 3 certification we often take time to work on each part of the exam separately. It makes sense, right? By isolating skiing from teaching, we can narrow our focus to skiing tasks instead of reviewing progressions, or perhaps anchoring movements through repetition versus reviewing your sport-specific technical manual. But is it possible to improve your skiing and teaching ability at the same time?

This past February I was able to attend the Al-

pine Skiing Event, Movement Analysis (MA) 201, at Snowshoe, West Virginia thanks in part to PSIA-E's scholarship program (more on that in a bit). MA 201 is part of the advanced educator program and may be used as a Level 3 prerequisite as well. Along with head clinician Jes Stith, there was no shortage of quality skiers in this clinic. Despite the mild (hot) stretch of weather we had been experiencing, snow conditions were solid and we skied everything from steeps to bumps to easy cruising runs. We discussed and analyzed the five skiing fundamentals in depth and movement analysis activities included reciprocal feedback, group skiing, and observing other clinic groups. Group skiing is a great way to learn something about how you ski. To improve your ability to observe and your skiing at the same time, watch the skier in front of you, mimic their movements, and determine if the skiing fundamentals are met. Ask yourself why or why not, and of course, let your skiing partner know what you saw!

Skiing topics included keeping the center of mass over the base of support, staying connected to the snow (i.e. de-cambered skis), activating the inside leg/ankle combination, and arcing both skis above the fall-line. Applying these ideas to your own skiing makes it much easier to observe if/when they occur in our students' skiing. I can personally attest to the concept of staying connected to the snow – just being aware of this has made it ten times easier for me to notice it in other skiers. To stay connected, we initiated turns by pressuring the old edges of the skis and then extending off those old edges to get to the new set, all while keeping our belts the same distance above the snow. Give it a try and then observe other skiers out on the hill. I'm guessing you'll see something you might not have noticed before.

Finally, I would like to thank PSIA for the opportunity to attend this skiing event at a steep discount (pun intended). If you are serious about advancement and pursuing certification in our sport, a scholarship from PSIA is a great way to help you with the cost of attending a clinic. There are numerous opportunities for funding available every fall; be sure to take advantage! ⚡



## You Don't Know if You Don't See

By Allan Miller

Instructor HH Ranch

Last season, I received a scholarship to participate in the Alpine Level Two exam prep clinic. After taking the clinic and looking back on how I learned to ski, it brought into perspective some key points about effective teaching and learning.

My background is technical, I'm an engineer, and I'm also very frugal. When I first learned to ski, I really wanted to get better. My friends tried to teach me how to ski but they were far from qualified. My alternative approach was to get copies of Ski and Skiing magazines and to make three by five cards based on the skills and drills from the articles in these magazines. I would review the three by five cards when riding up the lift, then try to do what was being described on the card on the slide down. I know now after a lot of years and working on my Adaptive and Alpine certifications that I might as well have been reading a foreign language. What the three by five cards from the articles were trying to describe and what I actually did, were not very close. The result was that I developed movements based on a bunch of bad habits, that for a lot of years seemed to work until I started teaching skiing and realized how truly wrong my approach and my movements were.

Now I have been trying for the past several seasons to change and have learned also that it is much more difficult to unlearn something than to learn it properly the first time. Taking the Level 2 exam prep course proved that. I received valuable and startling input when our instructor, Troy Walsh, filmed and then showed us videos of the tasks that we were performing. It's one thing to be told thousands of times, "you're in the back seat and you drop your hands" but somehow, no matter how many times you get told this, you either just don't believe it or you do it for half a run, then lapse back into that old bad habit. I am a visual learner. It was not until I saw on video the errors that I was making, that I truly understood what I needed to do to get my body in the right position to ski effectively and efficiently.

Now I take advantage of every opportunity I have, to get video of my skiing. I concluded that taking the Level 2 exam preparation clinic with video is a valuable investment in time to help reach my goals. I also recommend that we, as instructors, incorporate more video into our teaching. Seeing IS Believing. ⚡

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## Education Foundation Donors

The PSIA-E Education Foundation expresses its sincere appreciation to the following members who have contributed at least \$50.00 to the Foundation through the annual dues "add-on" program since May. Since no dues or program fees go to the EF, contributions are the primary source of support for the Foundation and its scholarships. Thank you!

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*There were 55 pros from the Eastern Division who purchased business cards during the 2017-18 season. A donation of \$210.00 was sent to the PSIA-E Education Foundation from Tyler Barnes of Snowpro Portal. ☞*



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## Congratulations to 20, 30, 40 and 50 Year Members

The following PSIA-E/AASI members are completing 20 or more consecutive years of membership in PSIA-AASI during the 2018-19 season. We congratulate these individuals on this outstanding accomplishment and thank them for their dedication to snowsports education. All qualifying members receive a commemorative pin and a letter of recognition directly from the national PSIA-AASI office.

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# Alpine Schedule for 2018- 2019

Key: # = Events non-members may attend for \$25 additional fee \* = Events with limited attendance; may fill prior to deadlines!  
 "+" = Events NSP members may attend for \$25 additional fee P = Qualifies as Exam Prerequisite  
 R = Events Open to Registered members ^ = Non-standard event registration & start time  
 Weekend events are highlighted in blue.

**PLEASE Check Event Time:** 8am Reg, on snow 9am-4pm; 9am Reg, on snow 10am-6pm; 2pm Reg, on snow 3pm-10pm  
 If openings are available after the deadline date, members may be admitted based on availability- Absolutely no walk-ons will be admitted  
 A \$25 non-refundable late fee will be charged, please contact the office 518-452-6095 to inquire on availability.  
 All educational events earn 6 CEU's per day - membership requires 12 CEU's every two seasons

## PSIA-AASI Eastern Division Event Participant Safety Policy

Skiing and riding are athletic and physically demanding activities. It is the expectation of PSIA-AASI Eastern Division that each participant attending an event or exam shall possess the requisite level of fitness and stamina to participate safely, on all appropriate terrain and at a pace consistent with other members of the group. As such, PSIA-AASI Eastern Division reserves the right to have education staff reassign participants in any event that may pose a risk to themselves or others or consistently impede the progress of the group to another, more skill and fitness-appropriate event. In such a situation, an appropriate event will be recommended and the member may be transferred to that event at no charge (other than any difference in event costs) or a full refund of the originally registered event will be provided.

### Feature Events (Most open to all members and some open to non-members for an additional \$25)

Key No	Event	Description	Location	Price	Dates	Deadline
^R# 010	Snowsports School Mgmt. Seminar	For Directors & Supervisors - Keynote; Sponsor Showcase; banquet	Mount Snow, VT	\$285	Dec 03-05	11/14/18
^ 011	Eastern Trainer 101	Follows same format as Mgmt. Seminar	Mount Snow, VT	\$285	Dec 03-05	11/14/18
^ 012	Eastern Trainer 201	Follows same format as Mgmt. Seminar	Mount Snow, VT	\$285	Dec 03-05	11/14/18
* 013	Masters Academy	5 days; banquet, Level III members only	Killington, VT	\$595	Dec 10-14	11/21/18
*PR 014	Snow Pro Jam	5 days; banquet, Après Ski Activities	Killington, VT	\$475	Dec 10-14	11/21/18
* 018	Level I Skiing College	5 days; Level I Skiing Exam with coaching	Killington, VT	\$475	Dec 10-14	11/21/18
* 016	Level II Skiing College	5 days; Level II Skiing Exam with coaching	Killington, VT	\$475	Dec 10-14	11/21/18
* 017	Level II Teach College	5 days; Level II Teaching Exam with coaching	Killington, VT	\$475	Dec 10-14	11/21/18
* R 019	Mini Academy	2 days; Ski with National Team Members	Killington, VT	\$240	Dec 15-16	11/21/18
024	Eastern Trainer 101	2 days for Resort Area Trainers	Whitetail Resort, PA	\$220	Dec 17-18	11/28/18
025	Eastern Trainer 201	2 days for Resort Area Trainers	Whitetail Resort, PA	\$220	Dec 17-18	11/28/18
R # 701	Children's Academy	2 days; Catch Me! If you can...	Stratton Mountain, VT	\$220	Dec 17-18	11/28/18
R # 702	Children's Academy	3 days; Après Ski Activities	Stratton Mountain, VT	\$275	Dec 17-19	11/28/18
R 022	Alpine Level I & CS1	3 days Level I & Children's Specialist 1	Stratton Mountain, VT	\$275	Dec 17-19	11/28/18
185	Alpine Tech Team Exam	2 days; East Tech Team or National Tryouts	Whiteface Mountain, NY	\$230	Mar 05-06	02/13/19
PR 243	Spring Academy	4 days; Get Ready to Ski Out West!	Stratton Mountain, VT	\$375	Mar 28-31	03/13/19
R 245	Alpine Spring Rally	2 days; Après Ski party	Stratton Mountain, VT	\$215	Mar 30-31	03/13/19

### Race Series (Open to members and non-members) 2 days - \$199

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
PR## 750	2 Day Race Camp	Hunter Mtn, NY	Dec 17-18	11/28/18	PR## 756	Giant Slalom	West Mountain, NY	Feb 06-07	01/16/19
PR## 704	Coaching Kids in Race	Bromley Outing, VT	Jan 07-08	12/19/18	PR## 717	Coaching Kids in Race	Gunstock, NH	Feb 09-10	01/16/19
PR## 752	Slalom & Giant Slalom	Cranmore, NH	Jan 10-11	12/19/18	PR## 757	Slalom & Giant Slalom	Ski Butternut, MA	Feb 27-28	02/06/19
PR## 753	Slalom & Giant Slalom	Bretton Woods, NH	Jan 24-25	01/02/19	PR## 719	Coaching Kids in Race	Ski Butternut, MA	Feb 27-28	02/06/19

### Accreditation Clinics (Some open to members and non-members) 2 days - \$215

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
<b>Coaching Advanced Skiing and Racing Accreditation</b>					<b>Backcountry Accreditation</b>				
754	Adv Move Analysis	Hunter Mtn, NY	Jan 30-31	01/09/19	#R 600	Snow Sense & Planning	Lake George, NY	Oct 27-28	10/10/18
755	Coach Tactics & Tech	Bryce Resort, VA	Feb 06-07	01/16/19	606	Collecting Data	Maple Wind Farm, V	Feb 02-03	01/16/19
758	Coach Tactics & Tech	Gunstock, NH	Feb 28-Mar 1	02/06/19	615	Putting it all Together	Maple Wind Farm, V	Mar 09-10	02/20/19
759	Course Set & Drills	Bristol Mtn, NY	Mar 06-07	02/13/19					

### Freestyle (Open to Certified Members) 2 days - \$199

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
776	Alpine FS1	Mountain Creek, NJ	Jan 22-23	01/02/19	782	Alpine FS1	Mount Snow, VT	Feb 04-05	01/16/19
P 777	Freestyle Specialist 2	Seven Springs, PA	Jan 24-25	01/09/19	784	Alpine FS1	Okemo, VT	Mar 13-14	02/20/19
778	Freestyle Specialist 3	Seven Springs, PA	Jan 24-25	01/09/19	P 785	Freestyle Specialist 2	Mount Snow, VT	Mar 21-22	02/27/19
780	Alpine FS1	Seven Springs, PA	Jan 26-27	01/09/19	786	Freestyle Specialist 3	Mount Snow, VT	Mar 21-22	02/27/19

### Senior Tour (Open to Members 55 Years and older) - 2 days - \$199

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R + 033	Senior Skills	Cranmore, NH	Jan 10-11	12/19/18	R + 205	Senior Skills	Camelback, PA	Mar 11-12	02/20/19
R + 101	Senior Moguls	Mount Snow, VT	Feb 06-07	01/16/19	R + 228	Senior Moguls	Belleayre, NY	Mar 18-19	02/27/19
R + 118	Senior Skills	Wachusett, MA	Feb 11-12	01/23/19	R + 242	Senior Skills	Sunday River, ME	Mar 25-26	03/06/19
R + 140	Senior Skills	Holiday Valley, NY	Feb 25-26	02/06/19					

### Mogul Series (See Also Senior Tour) (Some open to Registered members, all open to certified members) 2 days - \$199

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline		
R + 098	Moguls 100	Mount Snow, VT	Feb 06-07	01/16/19	+	204	Moguls 200	Camelback, PA	Mar 11-12	02/20/19	
+	099	Moguls 200	Mount Snow, VT	Feb 06-07	01/16/19	R + 221	Moguls 100	Okemo, VT	Mar 13-14	02/20/19	
+	100	Moguls 300	Mount Snow, VT	Feb 06-07	01/16/19	+	222	Moguls 200	Okemo, VT	Mar 13-14	02/20/19
R 104	Moguls for Women Only	Mount Snow, VT	Feb 06-07	01/16/19	R 223	Moguls for Women Only	Okemo, VT	Mar 13-14	02/20/19		
R # 715	Coaching Kids in Bumps	Mount Snow, VT	Feb 06-07	01/16/19	R + 226	Moguls 100	Belleayre, NY	Mar 18-19	02/27/19		
+	174	Moguls 300	Mad River, VT	Mar 04-05	02/13/19	+	227	Moguls 200	Belleayre, NY	Mar 18-19	02/27/19
R + 203	Moguls 100	Camelback, PA	Mar 11-12	02/20/19	R # 732	Coaching Kids in Bumps	Belleayre, NY	Mar 18-19	02/27/19		

## Alpine Schedule for 2018- 2019

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 "+" = Events NSP members may attend for \$25 additional fee P = Qualifies as Exam Prerequisite  
 R = Events Open to Registered members R + 217 Alpine Update  
 Weekend events are highlighted in blue. ^ = Non-standard event registration & start time

### Alpine Update Clinics (Replaces Alpine Workshop Clinic) (Open to all Members) 2 days - \$199

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R + 028	Alpine Update	Greek Peak, NY	Jan 07-08	12/19/18	R + 144	Alpine Update	Stowe, VT	Feb 25-26	02/06/19
R + 039	Alpine Update	Canaan Valley, WV	Jan 14-15	12/26/18	R + 151	Alpine Update	HoliMont, NY	Feb 27-28	02/06/19
R + 045	Alpine Update	Mount Sunapee, NH	Jan 14-15	12/26/18	R + 193	Alpine Update	Massanutten, VA	Mar 06-07	02/13/19
R + 049	Alpine Update	Cataloochee, NC	Jan 16-17	12/26/18	R + 201	Alpine Update	Camelback, PA	Mar 11-12	02/20/19
R + 064	Alpine Update	Seven Springs, PA	Jan 26-27	01/02/19	R + 217	Alpine Update	Sugarloaf, ME	Mar 13-14	02/20/19
R + 086	Alpine Update	Mount Snow, VT	Feb 06-07	01/16/19	R + 225	Alpine Update	Belleayre, NY	Mar 16-17	02/27/19
R + 117	Alpine Update	Wachusett, MA	Feb 11-12	01/23/19					

### Skiing Improvement (Reg & L1 - Skiing 100; L2 & L3 - Skiing 200; Women all Members) 2 days - \$199

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R + 034	Skiing 100	Cranmore, NH	Jan 10-11	12/19/18	R^+ 153	Skiing 100	HoliMont, NY	Feb 27-28	02/06/19
P + 035	Skiing 200	Cranmore, NH	Jan 10-11	12/19/18	P^+ 154	Skiing 200	HoliMont, NY	Feb 27-28	02/06/19
R 062	Women Only Skiing	Cannon Mtn, NH	Jan 24-25	01/02/19	175	Trees & Steeps	Mad River, VT	Mar 04-05	02/13/19
R + 067	Skiing 100	Seven Springs, PA	Jan 26-27	01/09/19	187	Women Only Skiing	Bristol Mtn, NY	Mar 06-07	02/13/19
P + 068	Skiing 200	Seven Springs, PA	Jan 26-27	01/09/19	R 189	Trees & Steeps	Gore Mtn, NY	Mar 06-07	02/13/19
R + 095	Skiing 100	Whitetail Resort, PA	Feb 04-05	01/16/19	R 207	Women Only Skiing	Camelback, PA	Mar 13-14	02/20/19
P + 096	Skiing 200	Whitetail Resort, PA	Feb 04-05	01/16/19	209	Trees & Steeps	Jay Peak, VT	Mar 11-12	02/20/19
R + 132	Skiing 100	Jiminy Peak, MA	Feb 13-14	01/23/19	230	Trees & Steeps	Cannon Mtn, NH	Mar 20-21	02/27/19
P + 133	Skiing 200	Jiminy Peak, MA	Feb 13-14	01/23/19					

### Teaching Improvement Open to all members; 2 days - \$199

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R 043	Detours Around Teaching Roadblocks	Mount Sunapee, NH	Jan 12-13	12/19/18	R 114	Detours Around Teaching Roadblocks	Liberty Mountain, PA	Feb 11-12	01/23/19
R 052	Detours Around Teaching Roadblocks	Timberline, WV	Jan 16-17	12/26/18	R 173	Detours Around Teaching Roadblocks	Kissing Bridge, NY	Mar 04-05	02/13/19
R 077	Detours Around Teaching Roadblocks	Windham, NY	Jan 28-29	01/16/19					

### Teaching Improvement Open to Level 2 or 3 only; 2 days - \$199

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
057	Game Changing Teaching	Cannon Mtn, NH	Jan 22-23	01/02/19	218	Game Changing Teaching	Sugarloaf, ME	Mar 13-14	02/20/19
148	Game Changing Teaching	Wintergreen, VA	Feb 25-26	2/6/2019					

### Exam Prep (Open to Level I or II Members) 3 days - \$270; 2 days - \$199

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
036	L2: Skiing Prep	Beech Mountain, NC	Jan 14-15	12/26/18	091	L3: Gateway Dynamic S	Snowshoe, WV	Feb 04-06	01/16/19
038	L2: Skiing Prep	Canaan Valley, WV	Jan 14-15	12/26/18	P 092	L2 Junior College	Snowshoe, WV	Feb 04-06	01/16/19
044	L2: Teaching Prep	Mount Sunapee, NH	Jan 14-15	12/26/18	097	L3: Gateway Dynamic S	Mount Snow, VT	Feb 06-08	01/16/19
047	L2: Skiing Prep	Mount Sunapee, NH	Jan 16-17	12/26/18	P 105	L2: Teaching Prep	Ski Roundtop, PA	Feb 06-07	01/16/19
P 059	L3: Gateway Dynamic S	Cannon Mtn, NH	Jan 23-25	01/02/19	116	L2: Skiing Prep	Wachusett, MA	Feb 11-12	01/23/19
082	L2 Junior College	Windham, NY	Jan 30-Feb 1	01/09/19	P 138	L3: Gateway Dynamic	Holiday Valley, NY	Feb 25-27	02/06/19
P 079	L3: Gateway Dynamic	Windham, NY	Jan 30-Feb 1	01/09/19	139	L2 Junior College	Holiday Valley, NY	Feb 25-27	02/06/19
094	L2 Junior College	Whitetail Resort, PA	Feb 04-06	01/16/19	P 163	L3: Gateway Dynamic S	Stowe, VT	Feb 27 - Mar 1	02/06/19

### 1-Day On-snow Continuing Education - 6 CEU's (Open to all members) 1 day - \$140

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R 040	History of Snowsports	Canaan Valley, WV	Jan-14	12/26/18	R 130	History of Snowsports	Jiminy Peak, MA	Feb-13	01/23/19
R 041	Adult Dev and Aging	Canaan Valley, WV	Jan-15	12/26/18	R 131	Adult Dev and Aging	Jiminy Peak, MA	Feb-14	01/23/19
R # 518	Managing Behavior	Ski Roundtop, PA	Jan-17	12/26/18	R^ 150	Adult Dev and Aging	HoliMont, NY	Feb-27	02/06/19
R # 524	Managing Behavior	Wintergreen, VA	Jan-25	01/09/19	R^ 168	History of Snowsports	HoliMont, NY	Feb-28	02/06/19
R 069	Teaching Women	Seven Springs, PA	26-Jan	01/09/19	R 191	Adult Dev and Aging	Massanutten, VA	Mar-06	02/13/19
R 078	Teaching Women	Windham, NY	Jan-28	01/09/19	R 194	History of Snowsports	Massanutten, VA	Mar-07	02/13/19
R # 528	Managing Behavior	Windham, NY	Jan-26	01/09/19	R 211	Adult Dev and Aging	Sugarloaf, ME	Mar-11	02/20/19
R 103	Teaching Women	Mount Snow, VT	Feb-06	01/16/19	R 212	History of Snowsports	Sugarloaf, ME	Mar-12	02/20/19
R # 536	Managing Behavior	Mount Snow, VT	Feb-07	01/16/19					

### Advanced Educator/Teaching Improvement for all Certified Members (Open to all Certified Members) 2 days - \$199

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
030	Practical Teaching	Greek Peak, NY	Jan 07-08	12/19/18	090	Biomechanics	Snowshoe, WV	Feb 04-05	01/16/19
P + 031	Stance & Alignment	Greek Peak, NY	Jan 07-08	12/19/18	087	Biomechanics	Mount Snow, VT	Feb 04-05	01/16/19
± 050	Movement Analysis 101	Cataloochee, NC	Jan 16-17	12/26/18	088	Practical Teaching	Mount Snow, VT	Feb 06-07	01/16/19
+ 048	Movement Analysis 101	Mount Sunapee, NH	Jan 16-17	12/26/18	P + 102	Stance & Alignment	Mount Snow, VT	Feb 06-07	01/16/19
056	Biomechanics	Cannon Mtn, NH	Jan 22-23	01/02/19	+ 115	Movement Analysis 101	Ski Liberty, PA	Feb 11-12	01/23/19
058	Practical Teaching	Cannon Mtn, NH	Jan 22-23	01/02/19	+ 134	Movement Analysis 101	Jiminy Peak, MA	Feb 13-14	01/23/19
054	Biomechanics	Mountain Creek, NJ	Jan 22-23	01/02/19	P + 146	Stance & Alignment	Stowe, VT	Feb 25-26	02/06/19
+ 055	Movement Analysis 101	Mountain Creek, NJ	Jan 22-23	02/20/19	+ 152	Movement Analysis 101	HoliMont, NY	Feb 27-28	02/06/19
+ 065	Movement Analysis 101	Seven Springs, PA	Jan 26-27	01/09/19	P + 155	Stance & Alignment	HoliMont, NY	Feb 27-28	02/06/19
P 066	Practical Teaching	Seven Springs, PA	Jan 26-27	01/09/19	+ 214	Movement Analysis 101	Sugarloaf, ME	Mar 11-12	02/20/19
+ 076	Stance & Alignment	Windham, NY	Jan 28-29	01/09/19	P + 208	Stance & Alignment	Camelback, PA	Mar 13-14	02/20/19
081	Biomechanics	Windham, NY	Jan 30-31	01/09/19					

# Alpine Schedule for 2018- 2019

Key: # = Events non-members may attend for \$25 additional fee \* = Events with limited attendance; may fill prior to deadlines!  
 "+ " = Events NSP members may attend for \$25 additional fee P = Qualifies as Exam Prerequisite  
 R = Events Open to Registered members ^ = Non-standard event registration & start time  
 Weekend events are highlighted in blue.

## Advanced Educator/Teaching Improvement for Level 2-3 Members (Open to Level 2 or 3 Members only) 2 days - \$199

Key No.	Event	Location	Dates	Deadline	Key	Event	Location	Dates	Deadline
P 029	Movement Analysis 201	Greek Peak, NY	Jan 07-08	12/19/18	P 184	Movement Analysis 201	Whiteface, NY	Mar 04-05	02/13/19
P 061	Movement Analysis 201	Cannon Mtn, NH	Jan 24-25	01/02/19	P 202	Coaching High End Ski	Camelback, PA	Mar 11-12	02/20/19
P 093	Coaching High End Ski	Whitetail Resort, PA	Feb 04-05	01/16/19	P 206	Movement Analysis 201	Camelback, PA	Mar 13-14	02/20/19
P 129	Coaching High End Ski	Jiminy Peak, MA	Feb 13-14	01/23/19	P 213	Coaching High End Ski	Sugarloaf, ME	Mar 11-12	02/20/19
P 145	Movement Analysis 201	Stowe, VT	Feb 25-26	02/06/19	P 219	Movement Analysis 201	Sugarloaf, ME	Mar 13-14	02/20/19

## Alpine First Chair: Intro to PSIA-AASI Open to Members and Non-Members for an additional \$25; 2 days - \$160

Snowsports School Director's Signature is required

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R + 027	First Chair	Greek Peak, NY	Jan 07-08	12/19/18	R + 113	First Chair	Liberty Mountain, PA	Feb 11-12	01/23/19
R + 032	First Chair	Cranmore, NH	Jan 10-11	12/19/18	R + 128	First Chair	Jiminy Peak, MA	Feb 13-14	01/23/19
R + 042	First Chair	Mount Sunapee, NH	Jan 12-13	12/26/18	R + 137	First Chair	Holiday Valley, NY	Feb 25-26	02/06/19
R + 051	First Chair	Timberline, WV	Jan 16-17	12/26/18	R + 141	First Chair	Stowe, VT	Feb 25-26	02/06/19
R + 053	First Chair	Mountain Creek, NJ	Jan 22-23	01/02/19	R + 176	First Chair	Massanutten, VA	Mar 04-05	02/13/19
R + 063	First Chair	Seven Springs, PA	Jan 25-26	01/02/19	R + 186	First Chair	Bristol Mtn, NY	Mar 06-07	02/13/19
R + 080	First Chair	Windham, NY	Jan 30-31	01/09/19	R + 188	First Chair	Gore Mountain, NY	Mar 06-07	02/13/19
R + 083	First Chair	Sunday River, ME	Jan 30-31	01/09/19	R + 215	First Chair	Sugarloaf, ME	Mar 11-12	02/20/19
R + 085	First Chair	Mount Snow, VT	Feb 04-05	01/16/19					

## Online Exams/Events - Director's Signature is NOT required August 15 to April 15 - Exams: \$20; eLearning: \$99

Key No.	Professional Knowledge Exams - 2 attempts only	Deadline	Key No.	e-Learning Courses - 6 CEU Credits	Deadline
980	Level II Online Exam 2018-2019 Online Season	04/15/19	R 990	Adult Develop & Aging Earn 6 CEU's	04/15/19
981	Level III Online Exam 2018-2019 Online Season	04/15/19	R 991	History of Snowsports Earn 6 CEU's	04/15/19
			R 992	Working w/ VI&DD Ski Earn 6 CEU's	04/15/19

## One Day Alpine Level I Exams - MUST have taken First Chair Open to Registered Members; 1 day - \$110

Candidates must complete the Alpine Level I eLearning course prior to event - available free of charge at <https://lms.thesnowpros.org/lms-courses>

Eastern Division Level I Workbook is recommended; not required

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R 046	Level I Exam	Mount Sunapee, NH	Jan-14	12/26/18	R 170	Level I Exam	Jiminy Peak, MA	Mar-03	02/13/19
R 070	Level I Exam	Seven Springs, PA	Jan-27	01/09/19	R 171	Level I Exam	Ski Liberty, PA	Mar-03	02/13/19
R 071	Level I Exam	Greek Peak, NY	Jan-30	01/09/19	R 192	Level I Exam	Massanutten, VA	Mar-06	02/13/19
R 111	Level I Exam	Cranmore, NH	Feb-10	01/23/19	R 197	Level I Exam	Bristol Mtn, NY	Mar-08	02/13/19
R 112	Level I Exam	Timberline, WV	Feb-10	01/23/19	R 198	Level I Exam	Gore Mountain, NY	Mar 08	02/13/19
R 135	Level I Exam	Mountain Creek, NJ	Feb-15	01/23/19	R 216	Level I Exam	Sugarloaf, ME	Mar-13	02/20/19
R 136	Level I Exam	Windham, NY	Feb-24	02/06/19	R 232	Level I Exam	Mount Snow, VT	Mar-24	03/06/19
R 156	Level I Exam	Stowe, VT	Feb-27	02/06/19	R 233	Level I Exam	Sunday River, ME	Mar-24	03/06/19

## Two Day Alpine Level I Exams Open to Registered Members; 2 days - \$200

Candidates must complete the Alpine Level I eLearning course prior to event - available free of charge at <https://lms.thesnowpros.org/lms-courses>

Snowsports School Director's Signature is required - Eastern Division Level I Workbook is recommended; not required

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R 026	Level I Exam	Bromley Mtn, VT	Jan 05-06	12/19/18	R 149	Level I Exam	Ski Butternut, MA	Feb 27-28	02/06/19
R 037	Level I Exam	Beech Mountain, NC	Jan 14-15	12/26/18	R 169	Level I Exam	Dartmouth, NH	Mar 02-03	02/13/19
R 060	Level I Exam	Cannon Mtn, NH	Jan 24-25	01/02/19	R 172	Level I Exam	Kissing Bridge, NY	Mar 04-05	02/13/19
R 089	Level I Exam	Snowshoe, WV	Feb 04-05	01/16/19	R 200	Level I Exam	Camelback, PA	Mar 11-12	02/20/19
R 106	Level I Exam	Ski Roundtop, PA	Feb 06-07	01/16/19	R 220	Level I Exam	Okemo, VT	Mar 13-14	02/20/19
R ^ 109	Level I Exam	West Mountain, NY	Feb 06-07	01/16/19	R 224	Level I Exam	Stratton, VT	Mar 30-31	03/13/19
R 147	Level I Exam	Wintergreen, VA	Feb 25-26	02/06/19					

## Three Day Alpine Level I Exams Open to Registered Members; Kids Academy - \$275; 3 days - \$250

Candidates must complete the Alpine Level I eLearning course prior to event - available free of charge at <https://lms.thesnowpros.org/lms-courses>

Snowsports School Director's Signature is required - Eastern Division Level I Workbook is recommended; not required

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R 023	Alpine Level I & CS1	Sunday River, ME	Dec 07-09	11/14/18	R 199	Alpine Level I & FS1	Mount Sunapee, NH	Mar 09-11	02/20/19
R 022	Academy LI & CS1	Stratton, VT	Dec 17-19	11/28/18	R 224	Alpine Level I & CS1	Belleayre, NY	Mar 16-18	02/27/19
R 084	Alpine Level I & CS1	Whitetail, PA	Feb 02-04	01/16/19	R 210	Alpine Level I & FS1	Jay Peak, VT	Mar 18-20	02/27/19
R 110	Alpine Level I & CS1	Gunstock, NH	Feb 08-10	01/16/19					

## Five Day Alpine Level I College Exams Open to Registered Members; 5 days - \$475

Candidates must complete the Alpine Level I eLearning course prior to event - available free of charge at <https://lms.thesnowpros.org/lms-courses>

Snowsports School Director's Signature is required - Eastern Division Level I Workbook is recommended; not required

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R 018	Alpine Level I College	Killington, VT	Dec 10-14	11/21/18	R 179	Alpine Level I College	Whiteface, NY	Mar 04-08	02/13/19

# Alpine Schedule for 2018- 2019

Key: # = Events non-members may attend for \$25 additional fee  
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 Weekend events are highlighted in blue.

\* = Events with limited attendance; may fill prior to deadlines!  
 P = Qualifies as Exam Prerequisite  
 ^ = Non-standard event registration & start time

## Alpine Level II Skiing Certification Exams

Key No.	Skiing	Location	Dates	Deadline
016	5 Day Skiing College	Killington, VT	Dec 10-14	11/21/18
107	1 Day Skiing Exam	Snowshoe, WV	Feb-06	01/16/19
119	1 Day Skiing Exam	Whitetail, PA	Feb-11	01/23/19
124	1 Day Skiing Exam	Jiminy Peak, MA	Feb-13	01/23/19
161	1 Day Skiing Exam	Stowe, VT	Feb-28	02/06/19

1 day: \$190; 2 days: \$240; 5 days: \$475

Key No.	Skiing	Location	Dates	Deadline
164	1 Day Skiing Exam	Holiday Valley, NY	Feb-28	02/06/19
177	5 Day Skiing College	Massanutten, VA	Mar 04-08	02/13/19
180	5 Day Skiing College	Whiteface, NY	Mar 04-08	02/13/19
236	2 Day Skiing Exam	Sunday River, ME	Mar 27-28	03/06/19

## Alpine Level II Teaching Certification Exams

Key No.	Teaching	Location	Dates	Deadline
017	5 Day Teaching College	Killington, VT	Dec 10-14	11/21/18
122	1 Day Exam, CT & MA	Ski Liberty, PA	Feb-12	01/23/19
126	1 Day Exam, CT & MA	Jiminy Peak, MA	Feb-14	01/23/19
157	1 Day Exam, CT & MA	Stowe, VT	Feb-27	02/06/19

1 day: \$190; 5 day: \$475

Key No.	Teaching	Location	Dates	Deadline
166	1 Day Exam, CT & MA	Holiday Valley, NY	Mar-01	02/06/19
178	5 Day Teaching College	Massanutten, VA	Mar 04-08	02/13/19
181	5 Day Teaching College	Whiteface, NY	Mar 04-08	02/13/19
240	1 Day Exam, CT & MA	Sunday River, ME	Mar-29	03/06/19

## Alpine Level III Skiing Certification Exams

Key No.	Skiing	Location	Dates	Deadline
072	2 Day Skiing Exam	Hunter Mtn, NY	Jan 28-29	01/09/19
142	2 Day Skiing Exam	Stowe, VT	Feb 25-26	02/06/19

2 day: \$240; 5 day: \$475

Key No.	Skiing	Location	Dates	Deadline
182	5 Day Skiing College	Whiteface, NY	Mar 04-08	02/13/19
234	2 Day Skiing Exam	Sunday River, ME	Mar 25-26	03/06/19

## Alpine Level III Teaching Certification Exams

Key No.	Teaching	Location	Dates	Deadline
074	1 Day Exam, CT & MA	Hunter Mtn, NY	Jan-30	01/09/19
074	2 Day Exam w/ C&Y	Hunter Mtn, NY	Jan 30-31	01/09/19
159	1 Day Exam, CT & MA	Stowe, VT	Feb-27	02/06/19
159	2 Day Exam w/ C&Y	Stowe, VT	Feb 27-28	02/06/19

1 day: \$190; 2 days: \$240; 5 days: \$475

Key No.	Teaching	Location	Dates	Deadline
183	5 Day Teaching College	Whiteface, NY	Mar 04-08	02/13/19
238	1 Day Exam, CT & MA	Sunday River, ME	Mar-27	03/06/19
238	2 Day Exam w/ C&Y	Sunday River, ME	Mar 27-28	03/06/19

## Alpine Level II Skiing Reassessments

Key No.	Skiing	Location	Dates	Deadline
108	Level II Skiing	Snowshoe, WV	Feb-06	01/16/19
120	Level II Skiing	Whitetail, PA	Feb-11	01/23/19
125	Level II Skiing	Jiminy Peak, MA	Feb-13	01/23/19

1 day: \$140

Key No.	Skiing	Location	Dates	Deadline
162	Level II Skiing	Stowe, VT	Feb-28	02/06/19
165	Level II Skiing	Holiday Valley, NY	Feb-28	02/06/19
237	Level II Skiing	Sunday River, ME	Mar-27	03/06/19

## Alpine Level II Teaching Reassessment

Key No.	Teaching	Location	Dates	Deadline
123	Lvl 2 Creative Teach 9A	Ski Liberty, PA	Feb-12	01/23/19
123	Lvl 2 Move Assess 12P	Ski Liberty, PA	Feb-12	01/23/19
127	Lvl 2 Creative Teach 9A	Jiminy Peak, MA	Feb-14	01/23/19
127	Lvl 2 Move Assess 12P	Jiminy Peak, MA	Feb-14	01/23/19
158	Lvl 2 Creative Teach 9A	Stowe, VT	Feb-27	02/06/19

Each Teaching Module: \$80

Key No.	Teaching	Location	Dates	Deadline
158	Lvl 2 Move Assess 12P	Stowe, VT	Feb-27	02/06/19
167	Lvl 2 Creative Teach 9A	Holiday Valley, NY	Mar-01	02/13/19
167	Lvl 2 Move Assess 12P	Holiday Valley, NY	Mar-01	02/13/19
241	Lvl 2 Creative Teach 9A	Sunday River, ME	Mar-29	03/06/19
241	Lvl 2 Move Assess 12P	Sunday River, ME	Mar-29	03/06/19

## Alpine Level III Skiing Reassessments

Key No.	Skiing	Location	Dates	Deadline
073	Level III Skiing	Hunter Mtn, NY	Jan-28	01/09/19
143	Level III Skiing	Stowe, VT	Feb-25	02/06/19

1 day: \$140

Key No.	Skiing	Location	Dates	Deadline
235	Level III Skiing	Sunday River, ME	Mar-25	03/06/19

## Alpine Level III Teaching Reassessment

Key No.	Teaching	Location	Dates	Deadline
075	Lvl 3 Creative Teach 9A	Hunter Mtn, NY	Jan-30	01/09/19
075	Lvl 3 Move Assess 12P	Hunter Mtn, NY	Jan-30	01/09/19
075	Lvl 3 Child & Youth 9A	Hunter Mtn, NY	Jan-31	01/09/19
160	Lvl 3 Creative Teach 9A	Stowe, VT	Feb-27	02/06/19
160	Lvl 3 Move Assess 12P	Stowe, VT	Feb-27	02/06/19

Each Teaching Module: \$80

Key No.	Teaching	Location	Dates	Deadline
160	Lvl 3 Child & Youth 9A	Stowe, VT	Feb-28	02/06/19
239	Lvl 3 Creative Teach 9A	Sunday River, ME	Mar-27	03/06/19
239	Lvl 3 Move Assess 12P	Sunday River, ME	Mar-27	03/06/19
239	Lvl 3 Child & Youth 9A	Sunday River, ME	Mar-28	03/06/19

# AASI Snowboard Schedule for 2018 - 2019

Key: # = Events non-members may attend for \$25 additional fee \* = Events with limited attendance; may fill prior to deadlines!  
 R = Events Open to Registered members P = Qualifies as Exam Prerequisite  
 Weekend events are highlighted in blue. ^ = Non-standard event registration & start time

**PLEASE Check Event Time:** 8am Reg, on snow 9am-4pm; 9am Reg, on snow 10am-6pm; 2pm Reg, on snow 3pm-10pm

If openings are available after the deadline date, members may be admitted based on availability- Absolutely no walk-ons will be admitted

A \$25 non-refundable late fee will be charged, please contact the office 518-452-6095 to inquire on availability.

All educational events earn 6 CEU's per day - membership requires 12 CEU's every two seasons

## PSIA-AASI Eastern Division Event Participant Safety Policy

Skiing and riding are athletic and physically demanding activities. It is the expectation of PSIA-AASI Eastern Division that each participant attending an event or exam shall possess the requisite level of fitness and stamina to participate safely, on all appropriate terrain and at a pace consistent with other members of the group. As such, PSIA-AASI Eastern Division reserves the right to have education staff reassign participants in any event that may pose a risk to themselves or others or consistently impede the progress of the group to another, more skill and fitness-appropriate event. In such a situation, an appropriate event will be recommended and the member may be transferred to that event at no charge (other than any difference in event costs) or a full refund of the originally registered event will be provided.

### Feature Events (Open all members and some open to non-members for an additional \$25)

Key No	Event	Description	Location	Price	Dates	Deadline
^R# 010	Snowsports School Management Seminar	For Directors & Supervisors - Keynote; Sponsor Showcase;	Mount Snow, VT	\$285	Dec 03-05	11/14/18
R 400	AASI Snow Pro Jam	5 days; Après Ski Activities	Killington, VT	\$475	Dec 10-14	11/21/18
R # 701	Children's Academy	2 days; Catch Me! If you can....	Stratton Mountain, VT	\$220	Dec 17-18	11/28/18
R # 702	Children's Academy	3 days; Après Ski Activities	Stratton Mountain, VT	\$275	Dec 17-19	11/28/18
R 402	Level I & CS1 Combined	3 days; both workbooks required	Stratton Mountain, VT	\$275	Dec 17-19	11/28/18
R# 422	AASI Bad Mom's	2 days, open to non-members	Mount Snow, VT	\$199	Feb 02-03	01/16/19
R 471	20 Year Membership	1 day, by invitation only	Stratton Mountain, VT	\$75	29-Mar	03/13/19
R 469	AASI Spring Rally	2 days; Après Ski party	Stratton Mountain, VT	\$215	Mar 30-31	03/13/19
474	AASI Demo Team Exarr	Open to Level III Members only	Stowe, VT	\$230	Apr 01-02	03/13/19

### Dynamic Riding - 6 CEU's (Open to all members) 1 day -\$140

Key No	Event	Location	Dates	Deadline	Key No	Event	Location	Dates	Deadline
R 411	Dynamic Riding	Stowe, VT	26-Jan	01/02/19	R 440	Dynamic Riding	Windham, NY	24-Feb	02/06/19
R 418	Dynamic Riding	Snowshoe, WV	30-Jan	01/09/19	R 448	Dynamic Riding	Blue Mountain, PA	2-Mar	02/06/19
R 429	Dynamic Riding	Holiday Valley, NY	9-Feb	01/23/19					

### Camps (Open to all Certified members, some open to non-members) 3 day \$270; 2 days -\$199

Key No	Event	Location	Dates	Deadline	Key No	Event	Location	Dates	Deadline
401	Powder Camp 2 Day	Jay Peak, VT	Pop-Up	TBD	457	Trees Camp 2 Day	Jay Peak, VT	Mar 11-12	02/20/19
409	Steeps Camp 2 Day	Stowe, VT	Jan 24-25	01/02/19	458	Trees Camp 3 Day	Jay Peak, VT	Mar 11-13	02/20/19
426	Halfpipe Camp 2 Day	Okemo, VT	Feb 07-08	01/16/19	R # 466	Women's Park Camp	Mount Snow, VT	Mar 25-26	03/06/19
R # 446	Women's Camp	Blue Mountain, PA	Feb 28-Mar 1	02/06/19	467	Freestyle Camp 2 Day	Mount Snow, VT	Mar 25-26	03/06/19
453	Off Piste - 2 Day	Smugg's Notch, VT	Mar 07-08	02/13/19	R # 468	Snowskate Camp	Stratton Mtn, VT	Mar 30-31	03/13/19

### Freestyle Specialist (Open to all Certified members) 2 days - \$199

NOTE: Freestyle Specialist courses require completed online course prior to attending -see [www.psia-e.org/education](http://www.psia-e.org/education) for more info

Key No	Event	Location	Dates	Deadline	Key No	Event	Location	Dates	Deadline
777	Freestyle Specialist 2	Seven Springs, PA	Jan 24-25	01/09/19	783	AASI FS1	Blue Mountain, PA	Feb 28-Mar 1	02/06/19
778	Freestyle Specialist 3	Seven Springs, PA	Jan 24-25	01/09/19	785	Freestyle Specialist 2	Mount Snow, VT	Mar 21-22	02/27/19
779	AASI FS1	Seven Springs, PA	Jan 26-27	01/09/19	786	Freestyle Specialist 3	Mount Snow, VT	Mar 21-22	02/27/19
781	AASI FS1	Loon Mountain, NH	Feb 04-05	01/16/19					

### Back Country Feature Events (Open to all members - Split Board Required) 2 days - \$215

Key No	Event	Location	Dates	Deadline	Key No	Event	Location	Dates	Deadline
600	Snow Sense & Plan	Lake George, NY	Oct 27-28	10/10/18	617	Putting It All Together	Maple Wind Fm, VT	Mar 09-10	02/20/19
606	Collecting Data	Maple Wind Fm, VT	Feb 02-03	01/16/19					

### Exam Prep / Pre Requisites (Open to Certified members) 2 days - \$199

Key No	Event	Location	Dates	Deadline	Key No	Event	Location	Dates	Deadline
P 404	Teaching Concepts	Beech Mountain, NC	Jan 14-15	12/26/18	P 434	Level II Exam Prep	Whitetail Resort, PA	Feb 13-14	01/23/19
P 406	Movement Analysis	Cataloochee, NC	Jan 16-17	12/26/18	P ^ 435	PM-Riding Concepts	Peek n' Peak, NY	Feb 13-14	01/23/19
P 412	Teaching Concepts	Seven Springs, PA	Jan 26-27	01/09/19	P 438	Riding Concepts	McIntyre, NH	Feb 14-15	01/23/19
P 413	Level II Exam Prep	Mount Snow, VT	Jan 28-29	01/09/19	P 441	Teaching Concepts	Windham Mtn, NY	Feb 25-26	02/06/19
P 414	Level III Exam Prep	Mount Snow, VT	Jan 28-29	01/09/19	P 443	Level II Exam Prep	Hunter Mtn, NY	Feb 25-26	02/06/19
P 416	Level II Exam Prep	Snowshoe, WV	Jan 28-29	01/09/19	P 444	Level III Exam Prep	Hunter Mtn, NY	Feb 25-26	02/06/19
P 419	Riding Concepts	Snowshoe, WV	Jan 30-31	01/09/19	P 452	Riding Concepts	Massanutten, VA	Mar 04-05	02/13/19
P 424	Movement Analysis	Loon Mountain, NH	Feb 04-05	01/16/19	P 454	Movement Analysis	Smugg's Notch, VT	Mar 07-08	02/13/19
P 427	Teaching Concepts	Okemo, VT	Feb 07-08	01/16/19	P 459	Riding Concepts	Camelback, PA	Mar 14-15	02/20/19
P 432	Movement Analysis	Liberty Mountain, PA	Feb 11-12	01/23/19	P 472	Teaching Concepts	Sugarloaf, ME	Apr 01-02	03/13/19

### AASI First Chair: Intro to PSIA-AASI Open to Members and Non-Members for an additional \$25; 2 days - \$160

Snowsports School Director's Signature is required

Key No	Event	Location	Dates	Deadline	Key No	Event	Location	Dates	Deadline
R # 407	First Chair	Bristol Mtn, NY	Jan 17-18	12/26/18	R # 425	First Chair	Loon Mountain, NH	Feb 04-05	01/16/19
R # 410	First Chair	Stowe, VT	Jan 24-25	01/02/19	R # 433	First Chair	Liberty Mountain, PA	Feb 11-12	01/23/19
R#^ 420	First Chair	Mt Southington, CT	Jan 31-Feb 1	01/09/19					

# AASI Snowboard Schedule for 2018- 2019

Key: # = Events non-members may attend for \$25 additional fee \* = Events with limited attendance; may fill prior to deadlines!  
 R = Events Open to Registered members P = Qualifies as Exam Prerequisite (CS may be used for Alpine Only)  
 Weekend events are highlighted in blue. ^ = Non-standard event registration & start time

**PLEASE Check Event Time:** 8am Reg, on snow 9am-4pm; 9am Reg, on snow 10am-6pm; 2pm Reg, on snow 3pm-10pm

If openings are available after the deadline date, members may be admitted based on availability- Absolutely no walk-ons will be admitted

A \$25 non-refundable late fee will be charged, please contact the office 518-452-6095 to inquire on availability.

All educational events earn 6 CEU's per day - membership requires 12 CEU's every two seasons.

## One Day AASI Level I Exams - Must have taken First Chair Previously 1 day - \$110

Candidates must complete required Workbook prior to event - available free of charge at [www.psia-e.org/education](http://www.psia-e.org/education)

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R 442	Level I Exam	Windham Mtn, NY	25-Feb	02/06/19	R 455	Level I Exam	Bristol Mtn, NY	8-Mar	02/13/19
R 450	Level I Exam	Liberty Mtn, PA	3-Mar	02/13/19					

## Two Day AASI Level I Exams Open to Registered Members; 2 days - \$200

Snowsports School Director signature needed once every season for all exams

Candidates must complete required Workbook prior to event - available free of charge at [www.psia-e.org/education](http://www.psia-e.org/education)

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R 403	Level I Exam	Labrador Mtn, NY	Jan 09-10	12/19/18	R 439	Level I Exam	McIntyre, NH	Feb 14-15	01/23/19
R 405	Level I Exam	Beech Mtn, NC	Jan 14-15	12/26/18	R 445	Level I Exam	Hidden Valley, PA	Feb 25-26	02/06/19
R 408	Level I Exam	Mountain Creek, NJ	Jan 22-23	01/02/19	R 447	Level I Exam	Blue Mountain, PA	Feb 28-Mar 1	02/06/19
R 417	Level I Exam	Snowshoe, WV	Jan 28-29	01/09/19	R 449	Level I Exam	Dartmouth, NH	Mar 02-03	02/13/19
R 421	Level I Exam	Bretton Woods, NH	Jan 31-Feb 1	01/09/19	R 451	Level I Exam	Massanutten, VA	Mar 03-04	02/13/19
R 423	Level I Exam	Wisp, MD	Feb 03-04	01/16/19	R 456	Level I Exam	Sunday River, ME	Mar 10-11	02/20/19
R 428	Level I Exam	Okemo, VT	Feb 07-08	01/16/19	R 460	Level I Exam	Camelback, PA	Mar 14-15	02/20/19
R ^ 436	PM-Level I Exam	Yawgoo Valley, RI	Feb 13-14	01/23/19	R 470	Level I Exam	Stratton Mtn, VT	Mar 30-31	03/13/19
R ^ 437	PM-Level I Exam	Peek n' Peak, NY	Feb 13-14	01/23/19	R 473	Level I Exam	Stowe, VT	Apr 01-02	03/13/19

## Three Day Level I Exams Kids Academy - \$275; 3 days - \$250

Snowsports School Director signature needed once every season for all exams

Candidates must complete required Workbooks prior to event - both available free of charge at [www.psia-e.org/education](http://www.psia-e.org/education)

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R 402	Acad AASI L1 & CS1	Stratton Mtn, VT	Dec 17-19	11/28/18	R 461	AASI Level I & FS1	Mount Snow, VT	Mar 18-20	02/27/19
R 430	AASI Level I & FS1	Holiday Valley, NY	Feb 10-12	01/23/19					

## Online Exams/Events - Director's Signature is NOT required August 15 to April 15 - Exams: \$20; eLearning: \$99

Key No.	Professional Knowledge Exams - 2 attempts only	Deadline	Key No.	e-Learning Courses - 6 CEU Credits	Deadline		
982	Level II Online Exam	2018-2019 Online Season	04/15/19	R M 990	Adult Develop & Aging	2018-2019 Online Season	04/15/19
983	Level III Online Exam	2018-2019 Online Season	04/15/19	R M 991	History of Snowsports	2018-2019 Online Season	04/15/19
				R M 992	Working w/ VI&DD Ski	2018-2019 Online Season	04/15/19

## AASI Reassessments 1 day - \$140

Snowsports School Director signature needed once every season for all exams

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
415	Lvl II Assess/Retake	Mount Snow, VT	Jan 30	01/09/19	465	Lvl III Assess/Retake	Mount Snow, VT	Mar 20	02/27/19
464	Lvl II Assess/Retake	Mount Snow, VT	Mar 20	02/27/19					

## AASI Certification Exams 3 days - \$299

Snowsports School Director signature needed once every season for all exams

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
431	AASI Lvl II Exam	Holiday Valley, NY	Feb 10-12	01/23/19	463	AASI Lvl III Exam	Mount Snow, VT	Mar 18-20	02/27/19
462	AASI Lvl II Exam	Mount Snow, VT	Mar 18-20	02/27/19					

## Freestyle Events for 2018- 2019

Key: # = Events non-members may attend for \$25 additional fee \* = Events with limited attendance; may fill prior to deadlines!  
 R = Events Open to Registered members P = Qualifies as Exam Prerequisite (CS may be used for Alpine Only)  
 Weekend events are highlighted in blue. ^ = Non-standard event registration & start time

**PLEASE Check Event Time:** 8am Reg, on snow 9am-4pm; 9am Reg, on snow 10am-6pm; 2pm Reg, on snow 3pm-10pm

A \$25 non-refundable late fee will be charged, please contact the office 518-452-6095 to inquire on availability.

All educational events earn 6 CEU's per day - membership requires 12 CEU's every two seasons (NOTE: only passed exams earn CEU Credit)

### Freestyle (Open to Certified Members) 2 days - \$199

**NOTE: Freestyle Specialist courses require completed online course prior to attending -see [www.psia-e.org/education](http://www.psia-e.org/education) for more info**

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
	776 Alpine FS1	Mountain Creek, NJ	Jan 22-23	01/02/19		782 Alpine FS1	Mount Snow, VT	Feb 04-05	01/16/19
P	777 Freestyle Specialist 2	Seven Springs, PA	Jan 24-25	01/09/19		783 AASI FS1	Blue Mountain, PA	Feb 28-Mar 1	02/06/19
	778 Freestyle Specialist 3	Seven Springs, PA	Jan 24-25	01/09/19		784 Alpine FS1	Okemo, VT	Mar 13-14	02/20/19
	779 AASI FS1	Seven Springs, PA	Jan 26-27	01/09/19	P	785 Freestyle Specialist 2	Mount Snow, VT	Mar 21-22	02/27/19
	780 Alpine FS1	Seven Springs, PA	Jan 26-27	01/09/19		786 Freestyle Specialist 3	Mount Snow, VT	Mar 21-22	02/27/19
	781 AASI FS1	Loon Mountain, NH	Feb 04-05	01/16/19					

### 3 Day Level I and FS1 Combined Exams 3 days - \$240

**NOTE: Freestyle Specialist courses require completed online course prior to attending -see [www.psia-e.org/education](http://www.psia-e.org/education) for more info**

Alpine participants must complete the Alpine eLearning Level I Course; Snowboard participants must complete the Eastern Division Level I Workbook

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R	430 AASI Level I & FS1	Holiday Valley, NY	Feb 10-12	01/23/19	R	210 Alpine Level I & FS1	Jay Peak, VT	Mar 18-20	02/27/18
R	199 Alpine Level I & FS1	Mount Sunapee, NH	Mar 09-11	02/20/19	R	461 AASI Level I & FS1	Mount Snow, VT	Mar 18-20	02/27/19

## Children's Events for 2018- 2019

### Children's Academy (Open to all members – Some open to non-members for additional \$25)

Key No.	Event	Description	Location	Price	Dates	Deadline
R #	701 Children's Academy	2 days; Catch Me! If you can....	Stratton Mountain, VT	\$220	Dec 17-18	11/28/18
R #	702 Children's Academy	3 days; Après Ski Activities	Stratton Mountain, VT	\$275	Dec 17-19	11/28/18
R	022 Alpine CS1 and Level I	3 days; Dir Sig Required	Stratton Mountain, VT	\$275	Dec 17-19	11/28/18
R	402 AASI CS1 and Level I	3 days; Dir Sig Required	Stratton Mountain, VT	\$275	Dec 17-19	11/28/18

### Children's Specialist (CS1 is Open to all Certified members; CS2 is open to Level II or III) 2 days - \$199

**NOTE: Children's Specialist courses require completed workbook prior to attending -see [www.psia-e.org](http://www.psia-e.org) for more info**

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
	703 Children's Specialist 1	Killington, VT	Dec 08-09	11/21/18	^	720 Children's Specialist 1	HoliMont, NY	Feb 27-28	02/06/19
	705 Children's Specialist 1	Cranmore, NH	Jan 12-13	12/19/18		721 Children's Specialist 1	Ski Sundown, CT	Mar 02-03	02/13/19
	706 Children's Specialist 1	Cataloochee, NC	Jan 16-17	12/26/18		722 Children's Specialist 1	Dartmouth, NH	Mar 02-03	02/13/19
	707 Children's Specialist 1	Mount Sunapee, NH	Jan 16-17	12/26/18		723 Children's Specialist 1	Massanutten, VA	Mar 04-05	02/13/19
	708 Children's Specialist 1	Timberline, WV	Jan 16-17	12/26/18		724 Children's Specialist 1	Gore Mountain, NY	Mar 06-07	02/13/19
	709 Children's Specialist 1	Windham Mtn, NY	Jan 28-29	01/09/19		725 Children's Specialist 1	Bristol Mtn, NY	Mar 06-07	02/13/19
	710 Children's Specialist 2	Windham Mtn, NY	Jan 30-31	01/16/19		726 Children's Specialist 2	Massanutten, VA	Mar 06-07	02/13/19
	711 Children's Specialist 2	Whitetail, PA	Feb 02-03	01/16/19		727 Children's Specialist 1	Sugarloaf, ME	Mar 11-12	03/06/19
	712 Children's Specialist 1	Snowshoe, WV	Feb 04-05	01/16/19		728 Children's Specialist 1	Camelback, PA	Mar 11-12	02/20/19
	713 Children's Specialist 1	Mount Snow, VT	Feb 04-05	01/16/19		729 Children's Specialist 2	Camelback, PA	Mar 13-14	02/20/19
	714 Children's Specialist 1	Ski Roundtop, PA	Feb 06-07	01/16/19		730 Children's Specialist 2	Sugarloaf, ME	Mar 13-14	03/06/19
	716 Children's Specialist 2	Mount Snow, VT	Feb 06-07	01/16/19		731 Children's Specialist 2	Jay Peak, VT	Mar 18-19	02/20/19
	718 Children's Specialist 1	Wachusett, MA	Feb 11-12	01/23/19					

### Level I and Children's Specialist 1 Combined Kids Academy - \$275; 3 days - \$250

Candidates must complete Children's Specialist Workbook prior to event

Alpine must complete the Alpine eLearning Level I Course; Snowboard must complete the Eastern Division Level I Workbook

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R	023 Alpine Level I & CS1	Sunday River, ME	Dec 07-09	11/14/18	R	084 Alpine Level I & CS1	Whitetail, PA	Feb 02-04	01/16/19
R	022 Acad Alpine L1 & CS1	Stratton Mtn, VT	Dec 17-19	11/28/18	R	110 Alpine Level I & CS1	Gunstock, NH	Feb 08-10	01/23/19
R	402 Acad AASI L1 & CS1	Stratton Mtn, VT	Dec 17-19	11/28/18	R	224 Alpine Level I & CS1	Belleayre, NY	Mar 16-18	02/27/19

### Children's Events (Open to all members and non-members for additional \$25) 2 days - \$199

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R #	704 Coaching Kids in Race	Bromley Outing, VT	Jan 07-08	12/19/18	R #	719 Coaching Kids in Race	Ski Butternut, MA	Feb 27-28	02/06/19
R #	715 Coaching Kids in Bump	Mount Snow, VT	Feb 06-07	01/16/19	R #	732 Coaching Kids in Bump	Belleayre, NY	Mar 18-19	02/27/19
R #	717 Coaching Kids in Race	Gunstock, NH	Feb 09-10	01/16/19					

### Children's Webinar Series - 5 Sessions (Open to all members and non-members for additional \$25) 5 Sessions - \$140

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
	733 Total Play Series	7pm Webinar	1-Nov	10/10/18		735 Total Play Series	7pm Webinar	5-Mar	03/13/19
	Must participate in all Sessions to receive Continuing Education Credits		6-Nov			Must participate in all Sessions to receive Continuing Education Credits		7-Mar	
			8-Nov					12-Mar	
			13-Nov					14-Mar	
			15-Nov					19-Mar	

### Children's Webinar Series - On Snow Must have participated in Total Play Series Webinar; 1 Day - \$140

734 One Day On Snow	Stratton Mtn, VT	19-Dec	11/28/18	736 One Day on Snow	Whiteface Mtn, NY	23-Mar	03/06/19
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## Backcountry Events for 2018 - 2019

### Back Country Feature Events (Open to all members and non-members for additional \$25) 2 days - \$215

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
	600 Snow Sense & Plan	Lake George, NY	Oct 27-28	10/10/18		615 Overnight BC Tour	Camp Peggy O'Brien, NY	Mar 04-05	2/13/2019
	606 Collecting Data	Maple Wind Farm, VT	Feb 02-03	01/16/19		617 Putting It All Together	Maple Wind Farm, VT	Mar 09-10	02/20/19

## Adaptive Schedule for 2018- 2019

Key: # = Events non-members may attend for \$25 additional fee      R = Events Open to Registered members  
 \* = Events with limited attendance; may fill prior to deadlines!      P = Qualifies as Exam Prerequisite  
 ^ = Non-standard event registration & start time      **Weekend events are highlighted in blue.**

If openings are available after the deadline date, members may be admitted based on availability- Absolutely no walk-ons will be admitted  
 A \$25 non-refundable late fee will be charged, please contact the office 518-452-6095 to inquire on availability.

**PLEASE Check Event Time:** 8am Reg, on snow 9am-4pm; 9am Reg, on snow 10am-6pm; 2pm Reg, on snow 3pm-10pm

All educational events earn 6 CEU's per day - membership requires 12 CEU's every two seasons (NOTE: only passed exams earn CEU Credit)

### Adaptive In-house Events

All Schools have the option to schedule an in-house training at your home mountain on the dates you specify. A flat fee for this service is \$1,900 for two days. Maximum group size is eight participants, there is no minimum group size. Please complete the In-house Request form on the Snowsports School Director's Helpdesk at least three weeks prior to your event.

### Adaptive Feature Events

Key No	Event	Description	Location	Price	Dates	Deadline
Disabled Sports	Adaptive National Academy	Register at DSUSA: www.disabledsportsusa.org	Breckenridge, CO	Varies	Dec 03-09	see DSUSA website
^R# 010	Snowsports School Management Seminar	For Directors & Supervisors -Keynote; banquet; Sponsor Showcase	Mount Snow, VT	\$285	Dec 03-05	11/14/18
# R 500	Adaptive Snow Pro Jam	5 days; Après Ski activities daily	Killington, VT	\$475	Dec 10-14	11/21/18
# R 701	Children's Academy	Catch Me! If you Can!	Stratton Mountain, VT	\$220	Dec 17-18	11/28/18
R 588	Adaptive Spring Rally	2 days; Après Ski party	Stratton Mountain, VT	\$215	Mar 30-31	03/13/19

### 1-Day On-snow Continuing Education - 6 CEU's (Open members and non-members for additional \$25) 1 day-\$140

Key No	Event	Location	Resort	Dates	Deadline
# R 502	Train Your Trainers	Maine Adaptive Sports & Recreation	Sunday River, ME	Dec 16	11/28/18
# R 509	Train Your Trainers	Bart J. Ruggiere Adaptive Sports Center	Bromley Mountain, VT	5-Jan	12/19/18
# R 518	Behavior Management Techniques	Ski Roundtop Learning Center	Roundtop Mountain, PA	Jan 17	12/26/18
# R 521	Train Your Trainers	Lounsbury Adaptive Ski Program	Holiday Valley, NY	Jan 22	01/02/19
# R 522	Teaching Kids on the Autistic Spectrum	Lounsbury Adaptive Ski Program	Holiday Valley, NY	Jan 23	01/02/19
# R 524	Behavior Management Techniques	Wintergreen Adaptive Sports	Wintergreen, VA	Jan 26	01/09/19
# R 589	Train Your Trainers	Wintergreen Adaptive Sports	Wintergreen, VA	27-Jan	02/20/19
# R 528	Behavior Management Techniques	Adaptive Sports Foundation	Windham Mountain, NY	Jan 26	01/09/19
# R 536	Behavior Management Techniques	Mount Snow Adaptive	Mount Snow, VT	Feb 07	01/16/19
# R 557	Teaching Kids on the Autistic Spectrum	Dartmouth Ski Way Snowsports School	Dartmouth Ski Way, NH	Mar 03	02/13/19
# R 573	Train Your Trainers	Mount Sunapee Learning Center	Mount Sunapee, NH	Mar 10	02/20/19
# R 584	Teaching Kids on the Autistic Spectrum	Belleayre Mountain Snowsports	Belleayre, NY	Mar 17	02/27/19

### Adaptive Exam Prep (Open to Registered, Level I or Level II members) 1 day-\$140

Key No	Event	School	Resort	Dates	Deadline
R 503	VI - Cognitive Exam Prep All Disciplines	Maine Adaptive Sports & Recreation	Sunday River, ME	Dec 17	11/28/18
R 504	3 Track/ 4 Track Stand Up Exam Prep	Maine Adaptive Sports & Recreation	Sunday River, ME	Dec 18	11/28/18
R 505	Mono/Bi Sit Down Exam Prep	Maine Adaptive Sports & Recreation	Sunday River, ME	Dec 19	11/28/18
R 515	VI - Cognitive Exam Prep All Disciplines	Ski Roundtop Learning Center	Roundtop Mountain, PA	Jan 14	12/26/18
R 516	3 Track/ 4 Track Stand Up Exam Prep	Ski Roundtop Learning Center	Roundtop Mountain, PA	Jan 15	12/26/18
R 517	Mono/Bi Sit Down Exam Prep	Ski Roundtop Learning Center	Roundtop Mountain, PA	Jan 16	12/26/18
R 530	VI - Cognitive Exam Prep All Disciplines	Adaptive Sports Foundation	Windham Mountain, NY	Jan 28	01/09/19
R 531	3 Track/ 4 Track Stand Up Exam Prep	Adaptive Sports Foundation	Windham Mountain, NY	Jan 29	01/09/19
R 532	Mono/Bi Sit Down Exam Prep	Adaptive Sports Foundation	Windham Mountain, NY	Jan 30	01/09/19
R 533	VI - Cognitive Exam Prep All Disciplines	Mount Snow Adaptive	Mount Snow, VT	Feb 4	01/16/19
R 534	3 Track/ 4 Track Stand Up Exam Prep	Mount Snow Adaptive	Mount Snow, VT	Feb 5	01/16/19
R 535	Mono/Bi Sit Down Exam Prep	Mount Snow Adaptive	Mount Snow, VT	Feb 6	01/16/19
R 537	VI - Cognitive Exam Prep All Disciplines	O.A.S.I.S. Adaptive Sports, Inc.	Bristol Mountain, NY	Feb 4	01/16/19
R 538	3 Track/ 4 Track Stand Up Exam Prep	O.A.S.I.S. Adaptive Sports, Inc.	Bristol Mountain, NY	Feb 5	01/16/19
R 539	Mono/Bi Sit Down Exam Prep	O.A.S.I.S. Adaptive Sports, Inc.	Bristol Mountain, NY	Feb 6	01/16/19

### Online eLearning Events eLearning - \$99

990	eLearning: Adult Development and Aging	Online 2018-2019 Season	4/15/2019
991	eLearning: History of Snowsports	Online 2018-2019 Season	4/15/2019
992	eLearning: Working with Visually Impaired and Developmentally Delayed Skiers	Online 2018-2019 Season	4/15/2019

### Adaptive Snowboard Exams

Level I Candidates must complete Adaptive Level I Workbook prior to event -available free of charge at [www.psia-e.org/education](http://www.psia-e.org/education)

Key No	Event	School	Resort	Price	Dates	Deadline
511	Level III Snowboard VI/Cognitive	Mount Snow Adaptive	Mount Snow, VT	\$99	Jan 8	12/19/18
512	Level III Snowboard Sit Down	Mount Snow Adaptive	Mount Snow, VT	\$99	Jan 9	12/19/18
513	Level III Snowboard Stand Up	Mount Snow Adaptive	Mount Snow, VT	\$99	Jan 10	12/19/18
514	Level III Snowboard Riding	Mount Snow Adaptive	Mount Snow, VT	\$125	Jan 11	12/19/18
R 560	Level I Snowboard VI/Cognitive	Liberty Mountain Snowsports School	Liberty Mountain, PA	\$225	Mar 04-05	02/13/19
R 561	Level I Snowboard Sit Down	Liberty Mountain Snowsports School	Liberty Mountain, PA	\$225	Mar 04-05	02/13/19
R 562	Level I Snowboard Stand Up	Liberty Mountain Snowsports School	Liberty Mountain, PA	\$225	Mar 04-05	02/13/19
R 570	Level I Snowboard VI/Cognitive	STRIDE Adaptive Sports Program	Jiminy Peak, MA	\$225	Mar 09-10	02/20/19
R 571	Level I Snowboard Sit Down	STRIDE Adaptive Sports Program	Jiminy Peak, MA	\$225	Mar 09-10	02/20/19
R 572	Level I Snowboard Stand Up	STRIDE Adaptive Sports Program	Jiminy Peak, MA	\$225	Mar 09-10	02/20/19
574	Level II Snowboard Riding	STRIDE Adaptive Sports Program	Jiminy Peak, MA	\$125	Mar 11	02/20/19
575	Level II Snowboard VI/Cognitive	STRIDE Adaptive Sports Program	Jiminy Peak, MA	\$99	Mar 12	02/20/19
576	Level II Snowboard Sit Down	STRIDE Adaptive Sports Program	Jiminy Peak, MA	\$99	Mar 13	02/20/19

# Adaptive Schedule for 2018- 2019

## Adapt. Alpine Level I Exams - Director's Signature Required

(For Registered members) 2 days - \$225

Candidates must complete Adaptive Level I Workbook prior to event -available free of charge at [www.psia-e.org/education](http://www.psia-e.org/education)

<u>Key No</u>	<u>Event</u>	<u>School</u>	<u>Resort</u>	<u>Dates</u>	<u>Deadline</u>
R 506	Adapt. Alpine Level I Mono/Bi	Bart J. Ruggiere Adaptive Sports	Bromley Mountain, VT	Jan 05-06	12/19/18
R 507	Adapt. Alpine Level I 3/4 Track	Bart J. Ruggiere Adaptive Sports	Bromley Mountain, VT	Jan 05-06	12/19/18
R 508	Adapt. Alpine Level I Blind/DD	Bart J. Ruggiere Adaptive Sports	Bromley Mountain, VT	Jan 05-06	12/19/18
R 525	Adapt. Alpine Level I Mono/Bi	Adaptive Sports Foundation	Windham Mountain, NY	Jan 26-27	01/09/19
R 526	Adapt. Alpine Level I 3/4 Track	Adaptive Sports Foundation	Windham Mountain, NY	Jan 26-27	01/09/19
R 527	Adapt. Alpine Level I Blind/DD	Adaptive Sports Foundation	Windham Mountain, NY	Jan 26-27	01/09/19
R 540	Adapt. Alpine Level I Mono/Bi	Wintergreen Adaptive Sports	Wintergreen Resort, VA	Feb 23-24	02/06/19
R 541	Adapt. Alpine Level I 3/4 Track	Wintergreen Adaptive Sports	Wintergreen Resort, VA	Feb 23-24	02/06/19
R 542	Adapt. Alpine Level I Blind/DD	Wintergreen Adaptive Sports	Wintergreen Resort, VA	Feb 23-24	02/06/19
R 548	Adapt. Alpine Level I Mono/Bi	Canaan Valley Snowsports School	Canaan Valley Resort, WV	Mar 02-03	02/13/19
R 549	Adapt. Alpine Level I 3/4 Track	Canaan Valley Snowsports School	Canaan Valley Resort, WV	Mar 02-03	02/13/19
R 550	Adapt. Alpine Level I Blind/DD	Canaan Valley Snowsports School	Canaan Valley Resort, WV	Mar 02-03	02/13/19
R 551	Adapt. Alpine Level I Mono/Bi	Bretton Woods Adaptive Program	Bretton Woods, NH	Mar 02-03	02/13/19
R 552	Adapt. Alpine Level I 3/4 Track	Bretton Woods Adaptive Program	Bretton Woods, NH	Mar 02-03	02/13/19
R 553	Adapt. Alpine Level I Blind/DD	Bretton Woods Adaptive Program	Bretton Woods, NH	Mar 02-03	02/13/19
R 563	Adapt. Alpine Level I Mono/Bi	Gore Mountain Snowsports School	Gore Mountain, NY	Mar 06-07	02/13/19
R 564	Adapt. Alpine Level I 3/4 Track	Gore Mountain Snowsports School	Gore Mountain, NY	Mar 06-07	02/13/19
R 565	Adapt. Alpine Level I Blind/DD	Gore Mountain Snowsports School	Gore Mountain, NY	Mar 06-07	02/13/19
R 585	Adapt. Alpine Level I Mono/Bi	Mount Snow Adaptive	Mount Snow, VT	Mar 24-25	03/06/19
R 586	Adapt. Alpine Level I 3/4 Track	Mount Snow Adaptive	Mount Snow, VT	Mar 24-25	03/06/19
R 587	Adapt. Alpine Level I Blind/DD	Mount Snow Adaptive	Mount Snow, VT	Mar 24-25	03/06/19

## Alpine Adaptive Skiing Fundamentals - Must be taken FIRST - For Level II and/or Level III 1 day - \$125

Level I Certified Members MUST take the Skiing Fundamentals first – prior to any Specialty Accreditation

<u>Key No</u>	<u>Event</u>	<u>School</u>	<u>Resort</u>	<u>Dates</u>	<u>Deadline</u>
501	Alpine Skiing Fundamentals	Maine Adaptive Sports & Recreation	Sunday River, ME	Dec 16	11/28/18
510	Alpine Skiing Fundamentals	Bart J. Ruggiere Adaptive Sports Center	Bromley Mountain, VT	Jan 6	12/19/18
523	Alpine Skiing Fundamentals	Wintergreen Adaptive Sports	Wintergreen Resort, VA	Jan 27	01/09/19
529	Alpine Skiing Fundamentals	Adaptive Sports Foundation	Windham Mountain, NY	Jan 27	01/02/19
545	Alpine Skiing Fundamentals	HoliMont Phoenix Adaptive Program	HoliMont, NY	Feb 28	02/06/19
554	Alpine Skiing Fundamentals	Liberty Mountain Snowsports School	Liberty Mountain, PA	Mar 3	02/13/19

## Alpine Adaptive Accreditations and Exams - For Level II and/or Level III 1 Day - \$99

Level I Certified Members MUST take the Skiing Fundamentals first – prior to any Specialty Accreditation

543	Alpine 3 Track Skiing	Wintergreen Adaptive Sports	Wintergreen Resort, VA	Feb 23	02/06/19
548	Alpine 3 Track Skiing	Bretton Woods Adaptive Program	Bretton Woods, NH	Mar 2	02/13/19
578	Alpine 3 Track Skiing	STRIDE Adaptive Sports Program	Jiminy Peak, MA	Mar 11	02/20/19
544	Alpine 4 Track Skiing	Wintergreen Adaptive Sports	Wintergreen Resort, VA	Feb 24	02/06/19
555	Alpine 4 Track Skiing	Bretton Woods Adaptive Program	Bretton Woods, NH	Mar 3	02/13/19
579	Alpine 4 Track Skiing	STRIDE Adaptive Sports Program	Jiminy Peak, MA	Mar 12	02/20/19
519	Alpine Mono Ski	Lounsbury Adaptive Ski Program	Holiday Valley, NY	Jan 22	01/02/19
566	Alpine Mono Ski	Waterville Valley Adaptive Sports	Waterville Valley, NH	Mar 9	02/20/19
580	Alpine Mono Ski	STRIDE Adaptive Sports Program	Jiminy Peak, MA	Mar 13	02/20/19
520	Alpine Bi-Ski	Lounsbury Adaptive Ski Program	Holiday Valley, NY	Jan 23	01/02/19
567	Alpine Bi-Ski	Waterville Valley Adaptive Sports	Waterville Valley, NH	Mar 10	02/20/19
581	Alpine Bi-Ski	STRIDE Adaptive Sports Program	Jiminy Peak, MA	Mar 14	02/20/19
546	Alpine Visually Impaired	HoliMont Phoenix Adaptive Program	HoliMont, NY	Feb 27	02/06/19
558	Alpine Visually Impaired	Liberty Mountain Snowsports School	Liberty Mountain, PA	Mar 4	02/13/19
568	Alpine Visually Impaired	Waterville Valley Adaptive Sports	Waterville Valley, NH	Mar 9	02/20/19
582	Alpine Visually Impaired	Adaptive Sports Foundation	Windham Mountain, NY	Mar 16	02/27/19
547	Alpine Developmentally Delayed	HoliMont Phoenix Adaptive Program	HoliMont, NY	Feb 28	02/06/19
559	Alpine Developmentally Delayed	Liberty Mountain Snowsports School	Liberty Mountain, PA	Mar 5	02/13/19
569	Alpine Developmentally Delayed	Waterville Valley Adaptive Sports	Waterville Valley, NH	Mar 10	02/20/19
583	Alpine Developmentally Delayed	Adaptive Sports Foundation	Windham Mountain, NY	Mar 17	02/27/19

## Nordic Telemark Schedule for 2018 - 2019

Key: # = Events non-members may attend for \$25 additional fee \* = Events with limited attendance; may fill prior to deadlines!  
 R = Events Open to Registered members P = Qualifies as Exam Prerequisite (CS may be used for Alpine Only)  
 Weekend events are highlighted in blue. ^ = Non-standard event registration & start time

If openings are available after the deadline date, members may be admitted based on availability- Absolutely no walk-ons will be admitted

Members become Level I by attending any Upgrade event and stating "Level I Certification Requested" on application. New members should submit a new member application and current dues payment prior to, or at the same time as event application. All upgrades count as exam prerequisite.

### Telemark Feature Events (Open to all members and non-members for an additional \$25)

Key No	Event	Description	Location	Price	Dates	Deadline
^R# 010	Snowsports School Management Seminar	For Directors & Supervisors - Keynote; banquet	Mount Snow, VT	\$285	Dec 03-05	11/14/18
R#P 650	Tele Pro Jam	5 days; includes banquet	Killington, VT	\$425	Dec 10-14	11/21/18
R#P 651	Tele Mini-Academy	2 days; open to all members	Killington, VT	\$180	Dec 15-16	11/21/18
R # 701	Children's Academy	2 days; Catch Me! If you can...	Stratton, VT	\$220	Dec 17-18	11/28/18
R # 671	Norwegian Tele Fling	2 days; Spring corn & bumps	Stowe, VT	\$180	Mar 23-24	03/06/19
R # 673	Tele Spring Rally	2 days; Après Ski party	Stratton, VT	\$215	Mar 30-31	03/13/19

### Telemark Upgrades (Open to all members and non-members for an additional \$25) 2 days - \$180

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R#P 652	Early Season Primer	Sunday River, ME	Dec 08-09	11/21/18	R#P 660	Free Heel Women	Bromley, VT	Feb 14-15	01/23/19
R#P 653	Early Season Primer	Seven Springs, PA	Dec 15-16	11/28/18	R#P 661	Trees/Bumps Intrm/Adv	HoliMont, NY	Feb 14-15	01/23/19
R#P 654	Carving Video Analysis	Okemo, VT	Jan 14-15	12/26/18	R# 662	Level I Learn to Tele	Gunstock, NH	Feb 28-Mar 1	02/06/19
R#P 655	Learn To-Alpine X-over	Bromley, VT	Jan 19-20	01/02/19	R# 663	Ski Improve Video	Timberline, WV	Feb 28-Mar 1	02/06/19
R#P 656	Level I Learn to Tele	Wachusett, MA	Jan 28-29	01/09/19	R# 664	Trees - Bumps	Smugg's Notch, VT	Mar 07-08	02/13/19
R#P 657	Intro to Trees/Bumps	Bretton Woods, NH	Feb 02-03	01/16/19	R# 665	Trees/Steeps-Any Gear	Sunday River, ME	Mar 14-15	02/20/19
R#P 658	Trees/Steeps Intrm/Adv	Sugarbush, VT	Feb 07-08	01/16/19	R# 670	Trees/Bumps	Whiteface, NY	Mar 20-21	02/27/19
R#P 659	Exam Prep	Killington, VT	Feb 11-12	01/23/19	R# 672	Bumps/Trees/Off Piste	Cannon Mtn, NH	Mar 27-28	03/06/19

### Telemark Certification Exams (Open to all members with appropriate prerequisite) 2 days - \$180

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
666	Level II Silver Exam	Killington, VT	Mar 16-17	02/27/19	668	DCL Exam	Killington, VT	Mar 16-17	02/27/19
667	Level III Gold Exam	Killington, VT	Mar 16-17	02/27/19	669	DEV Exam	Killington, VT	Mar 16-17	02/27/19

### Online Exams/Events - Director's Signature is not required August 15 to April 15 - Exams: \$20; eLearning: \$99

Key No.	Professional Knowledge Exams - 2 attempts only	Deadline	Key No.	e-Learning Courses - 6 CEU Credits	Deadline
986	Level II Online Exam	2019 Online Season	R M 990	Adult Develop & Aging	2019 Online Season
987	Level III Online Exam	2019 Online Season	R M 991	History of Snowsports	2019 Online Season
			R M 992	Working w/ VI&DD Ski	2019 Online Season

## Nordic Backcountry Schedule for 2018 - 2019

### Back Country Feature Events (Open to all members and non-members for an additional \$25) 2 days - \$215

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
600	Snow Sense & Plan	Lake George, NY	Oct 27-28	10/10/18	615	Overnight BC Tour	Camp Peggy O'Brien, NY	Mar 04-05	2/13/2019
606	Collecting Data	Maple Wind Farm, VT	Feb 02-03	01/16/19	617	Putting It All Together	Maple Wind Farm, VT	Mar 09-10	02/20/19

## Nordic Cross Country Schedule for 2018 - 2019

### Cross Country Feature Events (Open to all members and non-members for an additional \$25)

Key No	Event	Description	Location	Price	Dates	Deadline
R#P 602	Instructor Train Course	3 days; Level I Exam	Bretton Woods XC Nordic Center, NH	\$200	Dec 19-21	11/28/18

### Cross Country Upgrades (Open to members and non-members for an additional \$25) 2 days - \$150

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
R#P 601	Level I Skiing / Teaching Upgrade	Rikert Nordic Center, VT	Dec 01-02	11/14/18	R#P 608	Level I Skiing / Teaching Upgrade	White Grass XC Touring School, WV	Feb 09-10	01/23/19
R#P 603	Level I Skiing / Teaching Upgrade	Notchview XC Ski School, MA	Jan 26-27	01/09/19	R# 609	Teaching Kids and Adults	Mount Van Hoebenber, NY	Feb 11-12	01/23/19
R#P 604	Level I Skiing / Teaching Upgrade	Garnet Hill Lodge & XC Ski Area, NY	Jan 31 - Feb 01	01/09/19	R# 610	Video Movement Analysis	Bethel Village Trails, ME	Feb 28 - Mar 1	02/06/19
R#P 605	Skating Teaching/Skiing	Jackson XC Ski Touring Center, NH	Feb 02-03	01/16/19	R# 614	Level I Skiing / Teaching Upgrade	Trapps Family Lodge, Vermont	Mar 02-03	02/13/19
R#P 607	Lite Backcountry Touring	Garnet Hill Lodge & XC Ski Area, NY	Feb 07-08	01/16/19	R# 616	Level I Skiing / Teaching Upgrade	Sugarloaf Nordic XC Ski School, ME	Mar 07-08	02/20/19

### Cross Country Exams All Levels- 2 days - \$150

Key No.	Event	Location	Dates	Deadline	Key No.	Event	Location	Dates	Deadline
611	Level II Silver Exam	Trapps Family Lodge, Vermont	Mar 02-03	02/13/19	613	DEV Team Exam	Trapps Family Lodge, Vermont	Mar 02-03	02/13/19
612	Level III Gold Exam	Lodge, Vermont	Mar 02-03	02/13/19					

## around the regions

### Region 1 Report

By Peter Holland  
Region 1 Director

**H**ope you all had a great summer. We have had several Eastern Board Conference calls over the summer and I had the privilege of serving on the Elevate Eastern Task Force (EETF). Our task was to improve the PSIA-AASI Eastern Division's financial position through better allocation of resources, including adding new events to the schedule and discontinuing events that have proved not to be popular. Some event prices have increased and scheduling events in a more centralized forum were just some of the changes that were adopted by the full Board. I believe these changes will make us stronger financially and better resourced to provide you with events focused in areas of your interest.

One of the additions to our event schedule for the 2018-19 season is "First Chair: Introduction to PSIA-AASI." This is a new optional event meant to strengthen the "first event experience" as a new member of our organization, with the objective of providing valuable training to assist members in better serving their resort guests, providing personal improvement of teaching and skiing/riding in a safe and FUN environment. This will be a two-day event offered at \$160.00. Further details will be found in this issue of the SnowPro.

Long-time PSIA member Ted Sutton of Lincoln, NH will be receiving the National Lifetime Membership award at the Eastern Division National Snowsports School Management Seminar December 4 at Mount Snow, VT. Ted has been a member for fifty years, receiving his full certification in 1968. He has been mostly involved in officiating at FIS Level events, including World Cup and National Championships in the USA and Canada. That, coupled with establishing Homologations for many courses in the East, helping to design the new race venue at Mittersill and a number of other locations, and serving on a variety of FIS and USSA Committees, makes him a worthy recipient as a lifetime contributor to the snowsports industry.

We will be having our 12th annual New Hampshire Alpine Racing Association/PSIA Coaches' Clinic at Bretton Woods, NY on December 6-7. This has been a very successful event over the years with 120 coaches from NH attending last year. It is a chance for coaches to get out and ski with other coaches, share ideas and learn about teaching athletes from our own Education Staff. There is always lots of skiing, discussion and fun.

Please do not hesitate to contact either Dave Capron or me with any questions, recommenda-

tions or anything else you would like to discuss.

Have a great winter and let's hope for an early start. See you on the slopes.

Peter Holland, Region 1 Director

Dave Capron, Region 1 Representative «

### Region 2 Report

By Ted Fleischer  
Region 2 Director

**G**reetings from the Northeast Kingdom of VT! It's been a busy and productive summer in Region 2 and for the Eastern Division as a whole. As you'll see in more detailed articles in this issue, both your volunteer leadership and talented office staff have been making strides to improve our experience as members, our efficiency as an organization, and in growing the benefits to the Snowsports industry in which we play an important role.

I am very proud to be a part of this leadership team as we move forward. Special shout outs to our Divisional President, Ross Boisvert, for his forward thinking and support on matters important to our members, to our Eastern Division Executive Director, Michael Mendrick, and ALL of the folks at the Albany office for executing changes suggested by the group. Also thanks for the guidance and support we receive at the National level by our PSIA-AASI CEO, Nick Herrin. Without the leadership and execution demonstrated by this team, even the best suggestions don't stand a chance. Cheers!

I was happy and interested to be involved with several of these discussion teams. I sit on the Financial Committee and am proud to be part of the group that recommended a budget to the Board of Directors that provided as much value assistance and equity to the members as possible while also being fiscally prudent in case our weather dependent industry struggles for a season or two.

This past June, we formed the Elevate Eastern Task Force. Again, I was fortunate to be part of a strong team of our organizational leaders. We met via conference calls regularly over the summer. Among other things, we discussed how best to increase the benefits to our members, a comprehensive review of how and where we run events and suggestions for some new offerings. We proposed ways we can make an already strong educational experience and staff, stronger for our members. Many of the recommendations were supported by the board and are outlined in this issue.

Lastly, as the Chair of the AASI Steering Committee I'm always pleased and amazed at the thoughtfulness and passion that my fellow mem-

bers have for our sports and for our culture. I'd like to give long-time AASI Steering Committee member and AASI Examiner Holly Anderson a huge Thank-you for well over a decade of service on the Steering Committee. Holly's leadership in our Division and Nationally has paved the way for the next progression of passionate riders and she will continue to contribute as an active Examiner even though she has announced she will no longer be serving on the AASI Steering Committee. Holly brought to the table a passion of the sport, experience from both large and small schools and her vast experience as an instructor and clinician. Please join me in making many fun runs this season in honor of Holly's years of service to our Steering Committee. Thanks, Holls!

As I write this, it's early October here at my view of Jay Peak and Vermont's Northeast Kingdom. The leaves are changing, it was 31 degrees when I got up this morning, and my kids are drooling over new gear they want. These are sure signs that we'll all be sliding soon. Check out the World Cup at Killington this fall and keep an eye out for the Powder Pop-up Clinic we'll hold later this year at Jay Peak ... I'll see you there in the White Room.

Don't waste time if the lifts are spinning.

Ted Fleischer – Region 2 Director «

### Region 3 Report

By Dave Beckwith  
Region 3 Director

**H**ey, Region 3! I hope everyone had a fabulous summer and fall so far! By now the leaves in your yards have turned, fallen and (in some yards) already been raked up. There is a chill in the air and we are all looking forward to winter and getting back on the snow!

Here is an update on what has been happening in Region 3 during the off-season.

At Wachusett, they have added a mid-mountain surface lift to increase intermediate terrain for both skiers and riders. They have also added a mini-park to excite their future park monsters! Wachusett has also updated their snow making and can now cover the entire mountain with a foot and a half of snow in 24 hours! Looking forward to some excellent conditions at Wachusett, MA!

Mohawk Mountain in Cornwall, CT has great news to report. Their All Mountain Professional Training program (AMPT) has grown over 50% from last season with early season indications that this will be an even bigger growth year for the program. The program is led by Mike Weiss and

aimed at developing 14 and 15-year olds to become the next generation of snowsports pros and ski patrol professionals.

“At a time when recruiting new instructors has its challenges, this is welcome news. This growth will ultimately allow us to provide higher quality lessons in the future and help grow the sport,” said Snowsports Director Andy Raybould. For more information on AMPT visit: <https://www.mohawk-mtn.com/lessons/ampt/>.

Mt. Southington has a new General Manager. Duane Bass took the helm at Mt. Southington in August. Duane is a long-time member of PSIA and brings with him a wealth of experience in both snowsports instruction and racing. We wish him success! A new trail has also been added to the beginner area at Mt. Southington. This will be a nice addition to the available teaching terrain in that area.

Our Region 3 Representative, Dave Welch, and I would love to hear from you. If you have any questions, suggestions or concerns or just want to get together and ski, please do not hesitate to let us know.

Let's hope for early snow and a great Winter! See you on the slopes!

Cheers,

Dave Beckwith

Region 3 Director <<

## Region 4 Report

By Bob Shostek  
Region 4 Director

**H**ello fellow Region 4 members! It's that time of the year when the leaves are falling, darkness comes earlier, and the cold air is moving in. By the time this newsletter goes to press, some of our eastern resorts will be making snow or already be close to opening.

At the end of September, the Eastern Division sent out an Email blast with the upcoming 2018-19 schedule of events for all disciplines. Some members contacted me with concerns about changes in the schedule. While I understand those concerns, I refer to the most recent update in September from our President, Ross Boisvert, about the newly appointed “Elevate Eastern Task Force” (EETF) following our June Board meeting. Ross's update gave rationale for the EETF and their assignment as a group which entailed: *“analyzing, discussing and making recommendations related to ‘all things Eastern.’ That includes the first comprehensive review of our events in many years, including the costs of providing the events, the types of experiences offered to you, the locations and timing, the pricing and even the training of our education staff and how that impacts the quality of the event experience.”*

With the rationale from the task force in

mind, I agree the schedule has changed dramatically with regard to the number of events and locations offered. Also, please note: **ALL 7 regions** within the division have reduced events and locations based on recommendations by the EETF and endorsements of those recommendations by the Eastern Board. Numerous members have asked my opinion on the changes of events, locations and pricing. Great question. This is a new approach and until we have results, I do not have an answer. However, after listening to the research results and discussions of the material presented from the EETF and Professional office staff, I supported that our business model needed to be changed. This new model will be monitored throughout the entire season, with adjustments made as needed during the season.

Looking closely into the schedule of region 4 we have 36 fewer events from years past. (from 105 events in '17-'18 to 69 events for the '18-'19 season). Also, the number of locations has been reduced from 12 different resorts last season to a total of 7 resorts this upcoming year. Although our regions' events and locations have been reduced, we still have **ALL Disciplines** covered with a variety of educational and exam events in each. Alpine members can choose from 35 events, AASI Snowboard members will have 15 events to choose from, Children coaches 5 events, Adaptive coaches 10 and Nordic 1.

Keep in mind that if the event offerings in our region time or location does not work for you, this is the perfect situation for you and fellow school members to take full advantage of our “Member Customized Event” option. In this program, school members can create what material they would like to cover in a two-day event at their area. What a great opportunity to have a personalized clinic for your school and receive your 12-credit update. Details and complete information can be found on our Eastern website at [www.psia-e.org](http://www.psia-e.org) or call the Eastern office at (518) 452-6095 and ask for the education department staff about this great new benefit.

You will find in this newsletter many articles related to new event offerings, revised event descriptions, articles about certification exams and more importantly, the updates relevant to the exam process. Please look over all articles for complete details of enhancements related to education, events and exams.

Want to get more involved? Please note this is an election year for us in Region 4. Information and details related to the election process can be found on our web site or in this newsletter. This is your opportunity to get more involved with the division and our region. Contact me or Steve Martin to find out more details of expectations if elected to serve on the Eastern Board.

Along with our R4 representative Steve Martin, I will try to conduct two regional meetings this sea-

son and each will run in conjunction with educational events. Having a northern/southern meeting during the year has been well received by Region 4 members in past years. We hope to hold one in the northern part of the region (Camelback) and one in the south (Liberty or Whitetail). The regional meetings are to update members about the division and the region as well as provide national PSIA-AASI news. These meetings are also an avenue for members to voice concerns or issues as well as present suggestions and questions about the association and the division.

That said, Steve and I are available **any time** during the year for regional members, so feel free to contact us directly with any questions or concerns.

Have a great fall and early winter. We hope to see you on the hill soon!

Bob Shostek, Region 4 Director

Steve Martin, Representative <<

## Region 5 Report

Dick Fox, Region 5 Director  
Joe Hazard, Region 5 Representative

**H**appy Autumn everyone. The cool nights and occasional frosts make all of us in Region 5 think about the fun to come. The summer was full of strategic planning and evolution as your PSIA-E staff and BOD worked to make your membership in PSIA-E the best value proposition possible. This effort was greatly enhanced by the formation of the “Elevate Eastern” Task Force. This issue of the SnowPro is FULL of new initiatives. I hope that you become as excited about them as we are. Know that these ideas come directly from your input at the regional meetings, and many emails that you offer to us.

Many of our region's resorts continue to make guest oriented changes:

Holiday Valley has continued to improve and add mountain facilities to make the guest experience dependable and full of fun. Of particular interest within the snowsports school is the addition of an additional 380 foot magic carpet to replace the handle bar tow and make the learning area much more friendly and flexible. The resort has also invested in a new Piston bully 100 to allow us much more flexibility with the shaped snow features. Working with beginners is going to be epic with lots and lots of giggles.

The Holiday Valley Snowsports staff has also been hard at work, creating new guest-centered programs to be certain that being part of the educational programs will be a big part of the mountain experience. HV is excited about supporting the new Eastern Division First Chair: Intro to PSIA-AASI learning program being offered this season. The renewed focus on working with the Snow

Sport and Resort Management teams to make the education staff's role an integrated part of the resort experience and live up to our new lesson logo – "Learn to Love Winter. To quote Allie, "YIPPIE, YAY, YAHOOOOO!"

Kissing Bridge is making quite a few off season improvements to the ski area, some that our customers will see, others they will not - like a new IT System Integration and new heating systems in various buildings at the area.

Snowsports School Director Debbie Goslin reports that KB has a new Ticket Center manager, hailing from Copper Mountain, who has redesigned our Ticket Center, streamlined our products and offered her expertise in designing new products and programs - all with the goal for the best customer service and satisfaction she and her new team can provide!

SnowFlake/245, KB's current on slope retail shop, will now be facilitating their rental shop operations, with all new ski and snowboard equipment and children's equipment to fit their smallest customers! The renovated Learning Center/Rental Shop will provide KB customers easy access to information, lessons and rental equipment all under one roof!

#### On slope improvements include:

- \* Snowmaking has been doubled, throughout the area with new lines and snow guns!
- \* Expanded Beginner Terrain serviced by a Magic Carpet with easy access from the Learning Center/Rental Shop!

KB also plans to offer at least two "FREE" Learn to Ski or Snowboard days during the season - last year they were the first area in western New York to offer such a program and our conversion rate from these programs is measurable!

HoliMont instructors are looking forward to a fun-filled, snow-filled season as well as the many PSIA-E clinics we are hosting this coming season on February 27 and 28. We are also hosting a Tele Clinic on February 14 on Trees and Bumps. Make sure you come to Tele-Ville for this Valentine's Day event.

HoliMont Snowsports welcomes their new General Manager, Ed Youmans, who comes with over 34 years of ski industry experience. In 1984, Ed got his start as a lift attendant, and hasn't looked back since. He has held key positions with ski areas in the East and West, most recently as VP of Mountain Operations at Purgatory Resort in Durango, Colorado. Ed believe "that our staff is our most important resource." We all welcome Ed, and look forward to working with him.

From Joe Hazard: As we all know, we benefited greatly for our extended 2017-18 season. Each of the areas that have checked-in from Central New York (Region 5) have been working hard to take advantage of the rewards of the lon-

ger winter. Greek Peak and Toggenburg over the summer were able to enhance their snow making and grooming capabilities, continue to enhance the number of trails used for skiing and riding, and upgraded lifts.

Greek Peak has also been working closely with Snow Operating to maximize the new customer experience and increase conversion of beginners to life-long enthusiasts. Bristol, in addition to snow making/grooming advancements, has made a major investment to entice skiers and boarders with the opening of High Point Terrain Park, an area dedicated to freestylers and those who want to be. This new terrain park also includes a FIS World Class regulation jump that can host international competition. Swain also reports an enhanced effort with new snow making equipment as well as a number of new programs to attract first time and novice skiers/boarders. Song Mountain and Labrador are fully committed to local skiers and snow boarders by lower cost season ticket offerings and their partnership with other mountains, such as Okemo.

With these efforts, our local owners and managers are making the investment decisions to help attract and retain more and more skiers and snowboarders. Our job, as professionals in this industry, is to help insure that every customer experience is simply outstanding to help them make the decision that our sport will change their lives just as it has changed ours.

Now that I'm in my second year as a member of our Board of Directors, I am inspired, excited, and still somewhat humbled by working with such a focused and professional group of individuals. To be honest, in every meeting and in every phone call, nothing is taken from granted. The continuing concentration is to make our membership and our customers (consumers and resort management) experience the unique value of being associated with PSIA-AASI. As a group, every issue is discussed, questioned, and reviewed to insure that our decisions and actions will bring merit to all.

I look forward to seeing many of you in the weeks ahead. I hope Mother Nature is as ready as we are.

Joe «

## Region 6 Report

By Joan Heaton

Region 6 Director

**G**reetings Region 6 members! Here is an update on *What is Happening in our Region?*

Katie Giannini, Hunter Mountain Area Representative, reports that the big news at Hunter Mountain is the addition of the new Hunter North Area. This area includes 5 new trails and a new

high-speed 6-pack, plus a new entrance and parking area adjacent to the new trails. This will expand the Hunter skiable terrain by 25% and give novice and intermediate skiers more much-needed terrain.

Windham Mountain Resort Area Rep Andy Bertisch writes that last season the Snowsports School teamed up with The Snow Operating organization to make learning more fun with Terrain Based Learning (TBL). The mountain built up several areas for TBL to allow students to make movements without fear or failure. The school hosted events throughout the area for educational development and the exam process. Some late-season, in-house events were also held. The new 6-pack lift is well on the way to completion. Additional snow guns were also in the plans for this summer.

Lisa Gouwens, our Region 6 Representative to the Children's Committee, continues her Networking Project with those people in charge of the children's programs in areas in Region 6. It provides children's managers the opportunity to share ideas and programs. If you are a children's program supervisor, please contact Lisa to become a part of this project.

Last spring, Gail Setlock, Snowsports School Director at Gore Mountain became the new Snowsports School Management Committee Chairperson, replacing Doug Daniels. John 'Shep' Shepard, Snowsports School Director at Thunder Ridge, was chosen to be the new Region 6 Representative on the Snowsports School Management Committee. We thank the other candidates for their willingness to serve. Special thank you goes to Karen Haringa, Member Services Director, for her help in screening the candidates. Thank you, Doug and Gail for your service and Congratulations Shep!!

Our Region 6 Fall Regional Meeting will be held at Windham Mountain Resort on Sunday, Nov. 11 at 1:30 p.m. on the 3rd floor of the Windham Mountain Resort Lodge, Windham, New York.

We are so proud of the many volunteer members from Region 6 who hold such very important service positions for us that we thought this to be a great opportunity to bring them together for you to meet. The following guests have been invited for you to meet and chat with during our meeting.

Gail Setlock, Gore Mountain, Chairperson, Snowsports School Management Committee

Chris Ericson, Belleayre Mountain, Chairperson, Education and Certification Committee

John Shepard, Thunder Ridge Mountain, Reg. 6 Representative, Snowsports School Management Committee

Lisa Gowens, Gore Mountain, Reg.6 Representative, Children's Committee

Doug Hammond, Windham Mountain,  
Reg. 6 Representative, Education &  
Certification Committee

Jim Vigani, Windham Mountain,  
Co-author with Joan Heaton of A Little Book  
About Skiing Better

Mermer Blakeslee, Windham Mountain,  
Power Learn, PSIA-E Examiner, former  
National Team Member

Deborah Snyder, New Instructor at Windham  
Mountain Resort Snowsports School

Kim SeEVERS, Windham Adaptive Program,  
former PSIA-AASI Education and Programs  
Director

Franz Krickl, Director, Windham Mountain  
Resort Snowsports School, PSIA-AASI E  
Examiner Emeritus

Chip Seamans, President and General  
Manager, Windham Mountain Resort

Larry Bloom, CFO, Windham Mountain  
Resort

Michael Mendrick, PSIA-AASI Executive  
Director, Eastern Division

Don Haringa, PSIA-AASI Education/Programs  
Director, Eastern Division

Melissa Skinner, PSIA-AASI Assistant  
Education/Programs Director,  
Eastern Division

Karen Haringa, PSIA-AASI Member Services  
and Communications Director,  
Eastern Division

Andy Bertisch, Windham Mountain, PSIA-  
AASI E Area Rep for Windham Mountain

Charlie Knopp, Hunter Mountain,  
Eastern Region 6 Rep

Joan Heaton, Windham Mountain,  
Eastern Region 6 Director

See you there!!!!

Respectfully submitted,

Joan Heaton, Region 6 Director

Charlie Knopp, Region 6 Representative ☞

## Region 7 Report

*By Walter Jaeger  
Region 7 Director*

**S**ome good things are happening in Re-  
gion 7 this year. Snowshoe Resort, WV  
installed all new efficient snow guns  
for their trails. Winterplace, VA has put in new air

and water lines for snowmaking. Canaan Valley,  
WV skiers spearheaded the creation of the Snow  
Sports Museum of WV. Bryce Mountain, VA will  
host PSIA-E's Coaching Tactics and Techniques  
February 5 & 6, 2019. Massanutten Resort, VA is a  
designated Hub Training Area for the 2018-19 Sea-  
son. Wxrisk.com weather service predicts a good  
winter for 2018-19.

Members of Region 7 should plan on getting  
around to different resorts to gain experience with  
varying terrain, getting to know fellow instructors  
at other resorts and most importantly, taking the  
time to plan on Education Clinics to reach for a  
higher level of teaching riding and skiing!

In the past few weeks, I've met several instruc-  
tors (off duty) and guess what the conversation  
always includes - getting fit for the season. Don't  
forget to be moving pre-season for safe and effec-  
tive movement on the hill.

As always, if you have any concerns or sug-  
gestions for PSIA and R-7 please do not hesitate  
to contact us: [wjaeger1@mac.com](mailto:wjaeger1@mac.com) and [pcrenshaw@massresort.com](mailto:pcrenshaw@massresort.com).

Respectively,

Walter Jaeger R7 Director

Paul Crenshaw R7 Representative ☞

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## 2019 Board Elections for PSIA-E Regions 3, 4 and 7

### Overview for Members and Candidates

It is time for interested members in Region 3 (CT, MA, RI), Region 4 (NJ, PA) and Region 7 (states south of NJ & PA) to declare their candidacy for the Board of Directors for the next three-year term of office. Per the Bylaws and our staggered regional election process, Regions 3, 4 and 7 are up for election in early 2019. Following is an overview of this process. We encourage you to review this and get involved!

- Members interested in running for a Board seat must fill out and submit the candidacy form on the next page. It must be post-marked and sent via U.S. Mail to the Albany office no later than **December 30, 2018**. It may also be sent as a .pdf file via e-mail to [mmendrick@psia-e.org](mailto:mmendrick@psia-e.org). No one is permitted to run for more than one position; to do so will invalidate the form. Late candidacy forms will not be accepted.
- The winter issue of the *SnowPro* (out early February) will include comprehensive candidate profiles and will serve as the official communication of candidate messages to voters in each electing region. In addition, there will be a dedicated web page for the election including candidate profiles and the ability for members to cast a secure vote online.
- The positions open include two Board seats for each of the regions of PSIA-E up for election in 2019 (Regions 3, 4 & 7).
- Elections for regional Board representatives are for three (3) year terms (beginning April 1, 2019 and concluding March 31, 2022).
- A position for which there is no candidate will be filled by Board appointment after the election.
- All submitted candidacy forms will be acknowledged by e-mail. Any concerns about confirmation must be resolved before the deadline.
- Qualifications for the Board seats: Must be a certified Level 1, 2 or 3 member in your fourth year of continuous membership. Complete qualifications in section 12.3 of association bylaws (available at [www.psia-e.org](http://www.psia-e.org)). Must also meet the requirements of item #9 below.
- All members in good standing as of December 31 of each year may vote in the subsequent regional election. The Eastern Division of PSIA & AASI is divided into

seven geographic regions (see “Around the Regions” section of the *SnowPro*). As a member, you may choose to be affiliated with one region – the one in which you work as a snowsports instructor or the one in which you live. This affiliation is for regional mailing and voting purposes. **You should affiliate your membership with the region in which you are most active as a snowsports instructor.** If you have not previously chosen a regional affiliation (when you joined), the region in which you live would have been assigned as your designated regional affiliation by PSIA-E Bylaws, Section 10.8. In order to change your regional affiliation (to where you work as an instructor) you must notify the division office in writing (e-mail accepted) by December 31 for the subsequent election.

- To hold office in any region, a member must run for election in the region of his/her snowsports work affiliation (Association Bylaws, Article X, Section 10.3.c). You may be declared a member of only one region.
- Any candidate that may have a material conflict of interest in serving as a Board member must report the details of his or her situation concurrent with the candidacy form.
- Upon receipt of all valid candidacy forms and support materials, the division office will compile candidate profiles from all candidates in each electing region. These profiles will appear in the winter issue of the *SnowPro* (to be sent to members in early February, 2019) along with the official web page dedicated to the 2019 election.
- Voting for the 2019 election will take place online via electronic voting on a secure, dedicated web page.** Paper ballots will only be provided to members without online access upon request. Online voting will begin in late January and end on March 8, 2019.

- Official results will be announced by March 15, 2019 via broadcast e-mail, social media and the PSIA-E web site. Results will also be posted in the spring issue of the *SnowPro*. The terms of the new Board members will begin on April 1, 2019, providing the opportunity for newly elected representatives to communicate with constituents prior to the June 2019 Board meeting.

### Position Specifications:

**Regional Director (Board)** – This will be the person receiving the most votes among all persons running for Board seats within a region. A Regional Director will be responsible for, and will have final authority for, the administration of all regional affairs.

**Regional Representative (Board)** – This will be the person receiving the second most votes, *subject to item (a) below*, among all persons in a region running for Board seats. A Regional Representative will be responsible for assisting the Regional Director in regional matters as outlined by the Regional Director. Both the Regional Director and Regional Representative will sit on the Board of Directors and will exercise independent and equal voting rights.

(a) At least one Board member from each region must be a person who is not an examiner or employee of the organization; provided that at least one such individual is on the ballot.

Being an elected or appointed official requires some commitment. We urge members who have the interest, time and capability to submit candidacy forms. Board members should plan on two Board meetings a year (mid-October and mid-June), one or more regional meetings, and involvement in at least one ongoing project. Board Officers serving on the Executive Committee must commit to more time and participation than others.

This is your organization; your participation and your vote CAN make a difference. Get involved!

## ELECTION PROCEDURE CALENDAR

Fall <i>SnowPro</i> :	Candidacy form published submission period begins.
December 30, 2018	All candidacy forms must be postmarked by this date and sent to the Albany office.
Late January 2019	The dedicated web page for the 2018 election will go “live” and be available for secure online voting.
Early February 2019	The winter (Election) issue of the <i>SnowPro</i> , including all candidate profiles, will be mailed to members.
March 8, 2019	Online voting deadline. Election closed.
March 15, 2019	Election results announced via multiple outlets.
April 1, 2019	New three-year Board terms begin for Regions 3, 4 and 7.

# Official PSIA-AASI Eastern Division Candidacy Form

## 2019 Board Elections for Regions 3, 4 and 7

Use this form to state your candidacy for the PSIA-E/AASI Board of Directors for the 2018 elections. Refer to "Election Overview for Members and Candidates" on the previous page of this issue for more details. Complete the entire form; do not omit any information. Remember to submit the information requested in items #1 and 2 below. Apply for only one position.

### Personal Data for Board Seat Election

Please print or type

Name		
Address		
City	State	Zip
Daytime Phone	E-Mail	
Membership Discipline/Level	Membership Number	
School Affiliation/Position		
<p>The region for which you are running for a Board seat:            3: (CT, MA, RI)    4: (NJ, PA)    7: (States south of NJ, PA)</p>		

Candidates must submit a separate document, preferably via e-mail, with the following information.

- 1) Statement of your background and qualifications** for the position you are seeking.
- 2) Statement of the general philosophies and directions** you would support if elected.

Each candidate will be provided with a profile in the Winter 2019 *SnowPro* (not to exceed 500 words per statement) as well as the dedicated election web page. Candidates may also choose to submit a photo or digital photo file (.jpg format preferred). The office will add a line of text above each space stating the position you are seeking, your name, membership level, and snowsports school affiliation.

Statements will be reproduced as submitted or written, subject to verification of factual information.

You must **submit this form by mail, fax** (518) 452-6099 or e-mail (PDF). We encourage you to submit your **support materials** (outlined in 1 & 2 above) **via e-mail** to [mmendrick@psia-e.org](mailto:mmendrick@psia-e.org).

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Candidate Signature

**Candidacy Forms must be postmarked no later than December 30, 2018**

Send to PSIA-E Elections, 1-A Lincoln Ave., Albany, NY 12205



Professional Ski Instructors of America  
Eastern/Education Foundation

1-A Lincoln Avenue  
Albany, NY 12205-4900  
Phone: 518-452-6095

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